

## What are we expecting from incoming CVOTs?

#### **Professor Guntram Schernthaner**

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em Head of the Department of Medicine I, Rudolfstiftung Hospital, Vienna, Austria

XXI AMD National Congress (Associazone Medici Diabetologi), Naples (Italy), May 17-20, 2017

Professor Guntram Schernthaner: disclosure

- Grants for scientific or clinical research
- Honoraria for advisory board meetings
- Honoraria for lectures





Abbot Amgen Andromeda AstraZeneca Bayer Boehringer Ingelheim Bristol-Myers Squibb Novo Nordisk Pfizer Roche Sanofi-Aventis Sankyo Servier Takeda

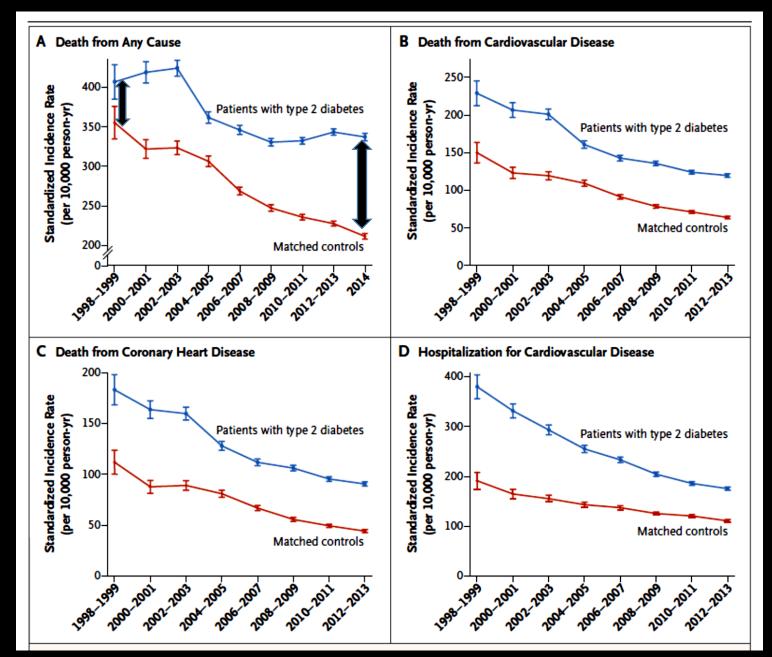
Principal investigator in more than 40 studies, e.g. Canadian-Cyclosporin trial, Diapep277 study, ACTION LADA, IDNT, IRMA2, QUARTET, PROactive, GUIDE, ORIGIN, LEAD-6, DIRECT, EUREXA, DURATION 6, and GENERATION

Involved in 3 FDA CV outcome studies with new antidiabetes drugs

Involved in many Guideline Committees

Total Impact 2.500, h-Factor 58 Citation 15.000

#### Major Cardiovascular Outcomes in Patients with Type 2 Diabetes and Matched Controls



#### **1998 - 2014**

- HbA1c: 7.7% 7.2%
- LDL: 3.1 mmol/L- 2.7 mmol/l
- Statins: 12% 60%
- RRsyst: 148mmHg- 136mm Hg
- Antihypertensive: 50 75%



Rawshani et al. N Engl J Med 2017;376:1407-18.

### EMPA-REG OUTCOME<sup>®</sup>, LEADER<sup>®</sup> and SUSTAIN-6<sup>™</sup> Key CV and renal outcomes<sup>1–4</sup>

	↓ 3P-MACE	↓ CV death	↓ All-cause	↓ HHF	↓ Composite	↓Doubling of
EMPA-R OUTCOI	-		mortality		renal outcomes	serum creatinine
RRR	14%	38%	32%	35%	39%	44%
p- Value	0.04 <sup>†‡</sup>	<0.001	<0.001	0.002	<0.001	<0.001
LEADER®	)					
RRR	13%	22%	15%	13%	22%	12%
p- Value	0.01†	0.007	0.02	NS	0.003	NS
SUSTAIN-	-6					
RRR	26%	2%	+5%	+11%	+28% (doubling of S-Kreatinine	+28%
p- Value	p=0.02	NS	NS	NS	-9% (need for replacement)	NS

Please note that this is not a head-to-head comparison SUSTAIN-6 was a non-inferiority study, and testing for superiority was not a pre-specified endpoint 1Zinman et al. NEJM 2015;373:2117. 2. Wanner et al. NEJM 2016;375:323 3. Marso et al. NEJM 2016;375:311–22. 4. Marso et al. NEJM 2016;375:1834–1844.

Schernthaner G. Invited lecture at the American Heart Association (AHA), New Orleans, November 13, 2016

### Effect of Glucose Lowering Drugs on the Combined Endpointof CV Mortality, Nonfatal Myocardial Infarction and Stroke

	Antidiabetic Drug	HR	P-value
<ul> <li>PROactive</li> </ul>	Pioglitazone	0.84 (CI 0.72 - 0.98)	0.02
• ORIGIN	Insulin Glargine	1.02 (CI 0.94 -1.11)	NS
• SAVOR	Saxagliptin	1.00 (CI 0.89 -1.12)	NS
• EXAMINE	Alogliptin	0.96 (CI 0.80-1.15)	NS
• ELIXA	Lixisenatide	1.02 (CI 0.89, 1.17)	NS
TECOS	Sitagliptin	0.98 (CI 0.89, 1.08)	NS
• EMPA-REG	Empagliflozin	0.86 (CI 0.74-0.99)	0.038
LEADER	Liraglutide	0.87 (CI 0.78-0.97)	0.01
SUSTAIN-6	Semiglutide	0.78 (Cl 0.66-0.93)	0.001

### **CV Outcome Trials**

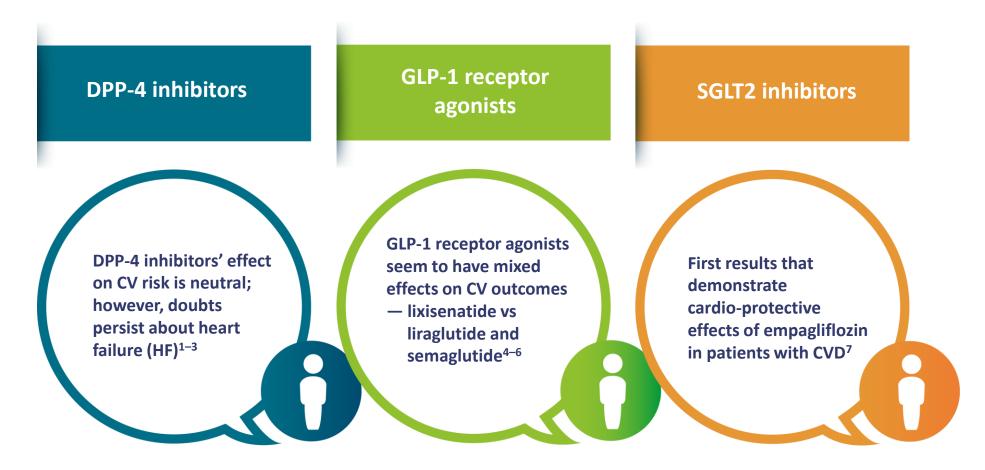
**PRO-active** EMPA-REG LEADER SUSTAIN-6 0.82 [0.70-0.97] 0.86 [0.74-0.99] 0.87 [0.78-0.97] 0.74 [0.58-0.95] MACE 0.83 [0.65-1.06] 0.87 [0.70-1.09] 0.88 [0.75-1.03] 0.74 [0.51-1.08] Nonfatal MI Nonfatal stroke 0.81 [0.61-1.07] 1.24 [0.92-1.67] 0.89 [0.72-1.11] 0.61 [0.38-0.99] 0.94 [0.74-1.20] 0.62 [0.49-0.77] 0.78 [0.66-0.93] 0.98 [0.65-1.48] CV death 0.96 [0.78-1.18] 0.68 [0.57-0.82] 0.85 [0.74-0.97] 1.05 [0.74-1.50] All deaths Heart failure **1.41** [1.10-1.80] **0.65** [0.50-0.85] **0.87** [0.73-1.05] 1.11 [0.77-1.61] 0.61 [0.53-0.70] Nephropathy 0.64 [0.46-0.88] 

### Effect of Glucose Lowering Drugs on the Combined Endpoint of CV Mortality, Nonfatal Myocardial Infarction and Stroke

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Schernthaner G and Sattar N. Journal of Diabetes and Its Complications 2014; 28: 430–433 Schernthaner G et al. Clin Ther. 2016; 38: 1288-1298

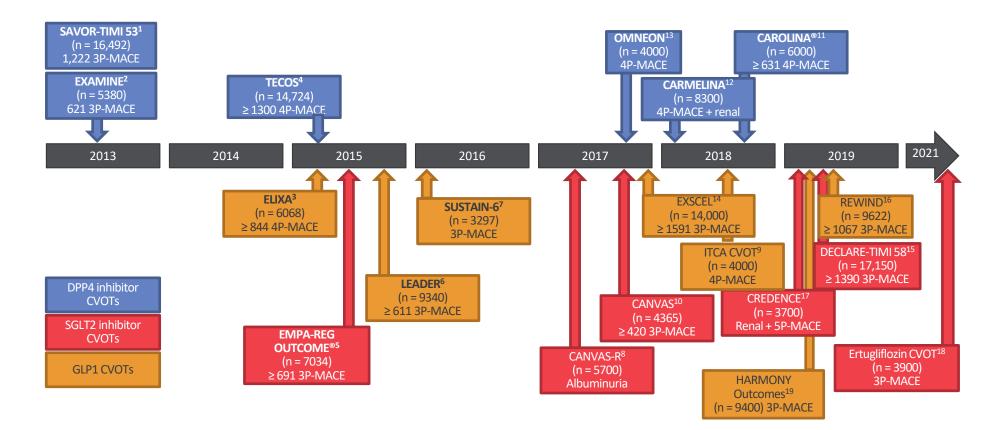
## CVOT results are coming in<sup>1–7</sup>



#### 'Class effects' cannot be assumed from the results of drug-specific trials

Scirica et al. N Engl J Med 2013;369:1317–1326.
 White et al. N Engl J Med 2013;369:1327–1335.
 Green et al. N Engl J Med 2015;373:2247–2257.
 Marso et al. N Engl J Med 2015;373:2247–2257.

# CV safety trials are being conducted for each compound within the newer classes



Timings represent estimated completion dates as per ClinicalTrials.gov.

Adapted from Johansen. World J Diabetes 2015;6:1092–96. (references 1–19 expanded in slide notes)

CANVAS Program CREDENCE

# Optimising the analysis strategy for the CANVAS Program – a pre-specified plan for the integrated analyses of the CANVAS and CANVAS-R trials

Bruce Neal,1-4; Vlado Perkovic,1,5; Kenneth W. Mahaffey, 6; Greg Fulcher, 5; Ngozi Erondu, D7; Mehul Desai,7; Wayne Shaw, 7; Gordon Law 7; Marc K. Walton,7; Norm Rosenthal, 7; Dick de Zeeuw, 8; David R. Matthews,9; on behalf of the CANVAS program collaborative group

#### Institutions

1 The George Institute for Global Health, Sydney, Australia;

- 2 The Charles Perkins Centre, University of Sydney, Australia;
- 3 Royal Prince Alfred Hospital, Sydney, Australia;
- 4 Imperial College London, London, UK;
- 5 The Royal North Shore Hospital and University of Sydney, Australia;

6 Stanford Center for Clinical Research, Stanford University, Department of Medicine, USA;

7Janssen Research & Development, LLC, Raritan, NJ, USA;

8 University of Groningen, University Medical Center Groningen, The Netherlands;

9 University of Oxford, Oxford, UK

# The CANVAS Program comprises two trials, CANVAS and CANVAS-R, and includes a pre-specified integrated analysis of the two.

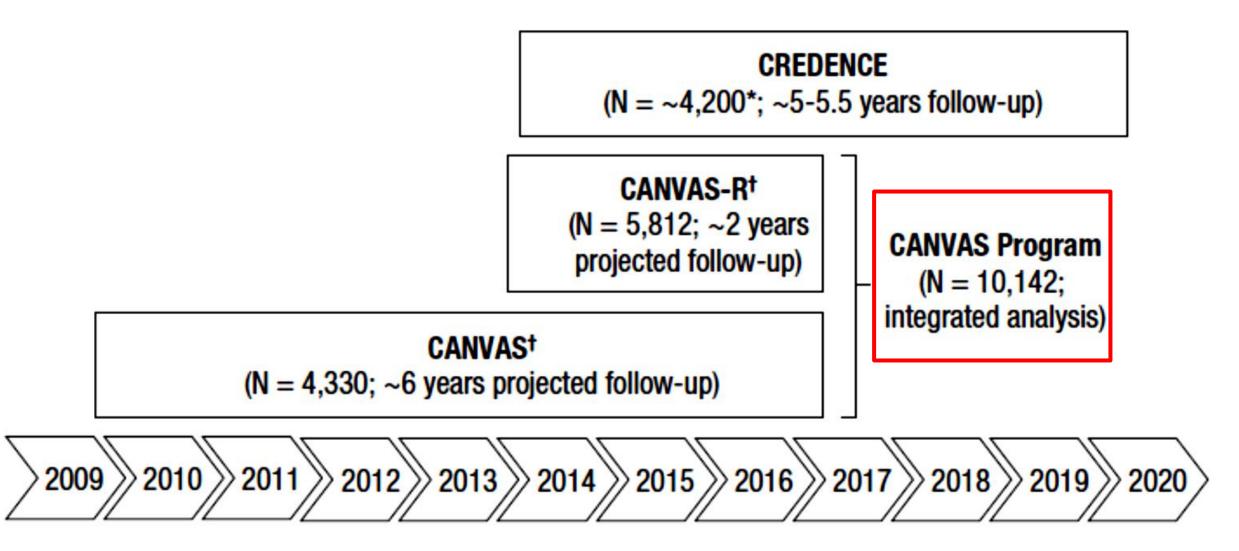
The **interim unblinding of the CANVAS** data done in 2012. The decision not to expand CANVAS recruitment for the planned second stage meant that the capacity for CANVAS alone to address the primary objective of CV protection was severely impacted, because the failure to recruit the additional 14,000 individuals greatly reduced statistical power.

#### CANagliflozin cardioVascular Assessment Study – Renal (CANVAS-R)

The CANVAS-R study is a second large prospective, randomized, double-blind, placebocontrolled clinical trial of patients with T2DM with a history or at high risk of CV events. CANVAS-R patients have nearly identical inclusion criteria to CANVAS patients and have been assigned to once-daily placebo or canagliflozin 100 mg (with optional up-titration to 300 mg) for a planned average of 2 years of follow-up. CANVAS-R completed randomization of 5,812 individuals between January 2014 and May 2015 and median follow-up is currently 1.7 years.

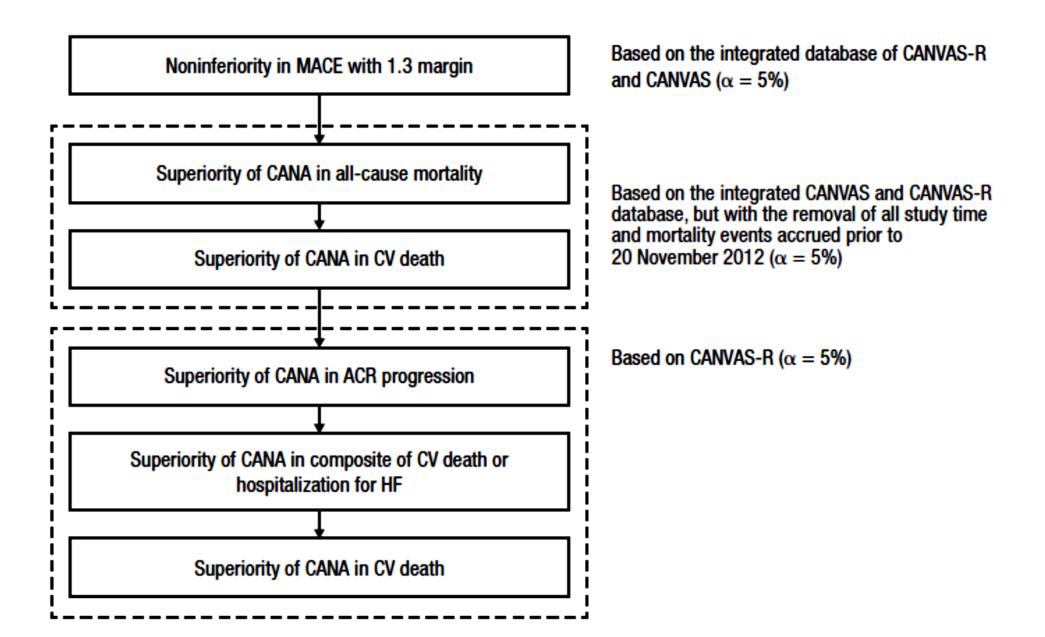
The primary objective of **CANVAS-R** is attenuation of **kidney disease progression**, as evidenced by fewer transitions from normo-as evidenced by fewer transitions from normo-to micro- or macro-, or micro- to macroalbuminuria. Secondary objectives: regression of albuminuria, on estimated glomerular filtration rate and on albumin creatinine ratio.

### **Overview of Canagliflozin trial timelines**



CREDENCE: Canagliflozin and Renal Events in Diabetes with Established Nephropathy Clinical Evaluation; CANVAS: CANagliflozin cardioVascular Assessment Study; CANVAS-R: CANagliflozin cardioVascular Assessment Study–Renal.

### Sequential hypothesis testing plan for the CANVAS program



	CANVAS	CANVAS	CANVAS-R
	Program	N=4,330	N=5,812
	N=10,142		
Age, years (mean, SD)	63.3 (8.3)	62.4 (8.0)	64.0 (8.4)
Female, n (%)	3633 (35.8)	1469 (33.9)	2164 (37.2)
Race, n (%)			
White	7944 (78.3)	3179 (73.4)	4765 (82.0)
Asian	336 (3.3)	105 (2.4)	231 (4.0)
Black or African American	1284 (12.7)	795 (18.4)	489 (8.4)
Other	578 (5.7)	251 (5.8)	327 (5.6)
Current smoker (%)	1806 (17.8)	776 (17.9)	1030 (17.7)
History of hypertension (%)	9121 (89.9)	3795 (87.6)	5326 (91.6)
History of heart failure (%)	1461 (14.4)	515 (11.9)	946 (16.3)
Duration of diabetes, years (mean, SD)	13.5 (7.8)	13.4 (7.5)	13.7 (7.9)

#### Table 2. Participant Characteristics for CANVAS, CANVAS-R and the CANVAS Program

	CANVAS	CANVAS	CANVAS-R
	Program	N=4,330	N=5,812
	N=10,142		
Drug therapy, n (%)			
Insulin	5093 (50.2)	2174 (50.2)	2919 (50.2)
Sulphonylurea	4356 (43.0)	2029 (46.9)	2327 (40.0)
Metformin	7821 (77.1)	3166 (73.1)	4655 (80.1)
GLP-1 receptor agonist	407 (4.0)	96 (2.2)	311 (5.4)
Statin	7592 (74.9)	3131 (72.3)	4461 (76.8)
Antithrombotic	7455 (73.5)	3098 (71.5)	4357 (75.0)
RAAS inhibitor	8095 (79.8)	3487 (80.5)	4608 (79.3)
Microvascular disease history, n (%)			
Retinopathy	2130 (21.0)	865 (20.0)	1265 (21.8)
Nephropathy	1774 (17.5)	660 (15.2)	1114 (19.2)
Neuropathy	3111 (30.7)	1346 (31.1)	1764 (30.4)

#### Table 2. Participant Characteristics for CANVAS, CANVAS-R and the CANVAS Program

	CANVAS	CANVAS	CANVAS-R
	Program	N=4,330	N=5,812
	N=10,142		
Atherosclerotic vascular disease history,			
n (%)			
Coronary	5349 (52.7)	2212 (51.1)	3137 (54.0)
Cerebrovascular	1845 (18.2)	683 (15.8)	1162 (20.0)
Peripheral	2043 (20.1)	705 (16.3)	1338 (23.0)
Any	6933 (68.4)	2748 (63.5)	4185 (72.0)
CV disease history, n (%) <sup>†</sup>	6572 (64.8)	2471 (57.1)	4101 (70.6)
Body mass index, kg/m <sup>2</sup> (mean, SD)	32.0 (5.9)	32.1 (6.2)	31.9 (5.7)
Systolic BP, mmHg (mean, SD)	136.6 (15.8)	136.3 (15.7)	136.9 (15.8)
Diastolic BP, mmHg (mean, SD)	77.7 (9.7)	77.8 (9.7)	77.6 (9.6)
HbA1c, % (mean, SD)	8.2 (0.9)	8.2 (0.9)	8.3 (1.0)
Total cholesterol, mmol/L (mean, SD)	4.4 (1.2)	4.4 (1.2)	4.4 (1.2)
Triglycerides, mmol/L (mean, SD)	2.0 (1.4)	2.0 (1.4)	2.1 (1.5)
HDL-C, mmol/L (mean, SD)	1.2 (0.3)	1.2 (0.3)	1.2 (0.3)
LDL-C, mmol/L (mean, SD)	2.3 (0.9)	2.3 (0.9)	2.3 (0.9)
LDL-C:HDL-C ratio (mean, SD)	2.0 (0.9)	2.0 (0.9)	2.1 (0.9)

#### Table 2. Participant Characteristics for CANVAS, CANVAS-R and the CANVAS Program

	CANVAS	CANVAS	CANVAS-R
	Program	N=4,330	N=5,812
	N=10,142		
eGFR, mL/min/1.73 m² (mean, SD) <sup>*</sup>	76.5 (20.5)	77.2 (18.9)	75.9 (21.7)
eGFR ≥90 ml/min/1.73 m², n (%)	2474 (24.4)	1036 (24.0)	1438 (24.7)
eGFR ≥60 to <90 mL/min/1.73 m <sup>2</sup> , n (%)	5620 (55.5)	2573 (59.6)	3047 (52.4)
eGFR ≥45 to <60 mL/min/1.73 m <sup>2</sup> , n	1484 (14.6)	544 (12.6)	940 (16.2)
(%) eGFR ≥30 to <45 mL/min/1.73 m <sup>2</sup> , n (%)	526 (5.2)	163 (3.8)	363 (6.2)
(%) eGFR ≥15 to <30 mL/min/1.73 m <sup>2</sup> , n	<mark>26 (</mark> 0.3)	3 (0.1)	23 (0.4)
(%)			
eGFR <15 mL/min/1.73 m <sup>2</sup> , n (%)	2 (<0.1)	1 (<0.1)	<b>1 (&lt;0.1)</b>
Albumin:creatinine ratio (mean,	13.0 (49.9)	10.1 (39.7)	15.2 (56.3)
mg/mmol) <sup>\$</sup>			
Normoalbuminuria, n (%)	7002 (69.8)	3085 (71.7)	3917 (68.4)
Microalbuminuria, n (%)	2263 (22.6)	966 (22.5)	1297 (22.7)
Non-nephrotic range	703 (7.0)	236 (5.5)	467 (8.2)
macroalbuminuria. n (%)			

#### Table 4. All Primary, Secondary and Exploratory Outcomes Planned for CANVAS, CANVAS-R and the Integrated CANVAS Program Data\*

	CANVAS	CANVAS-R	CANVAS Program
Primary	MACE	Albuminuria progression	MACE (safety)
Secondary	Beta-cell function (HOMA-B, proinsulin/insulin ratio) <sup>†</sup> Albuminuria progression	Cardiovascular mortality or hospitalised heart failure	Total mortality <sup>‡</sup>
	Albumin:creatinine ratio eGFR HbA1c FPG <sup>§</sup>	Cardiovascular mortality	Cardiovascular mortality <sup>‡</sup>
	Body weight <sup>§</sup> HbA1c <7% <sup>§</sup> Systolic and diastolic BP <sup>§</sup>		
	Fasting plasma lipids		

Illumethes				pated	Assume	Statistical power	
Hypothes is	Outcome	Dataset	Active	Placebo	d Hazard Ratio	Individu al Test	Hierarch al Test
Primary: Non inferior	Major adverse cardiovascul	Integrated	515/580 8	362/433 3	0.91	<mark>99.9%</mark>	99.9%
to placebo*	ar events						
Secondar y: Superiori	Total mortality	Integrated **	254/566 9	224/424 9	0.72	92.3%	92.2%
ty over placebo	Cardiovascul ar death	Integrated **	139/566 9	133/424 9	0.68	85.1%	78.5%

### Table 5. Anticipated Statistical Power for Hypothesis Testing

Hypothes						ipated ents	Assume d	Statistic	al power
is	Outco	me	Datas	et	Active	Placebo	Hazard Ratio	Individu al Test	Hierarch al Test
Albumin progress		CANVA	AS-R	430/2 5	261 5	81/261 5	0.74	99.8%	78.3%
Cardiova ar morta or hospitali heart fai	ality ised	CANVA	AS-R	61/29	06 9	3/2905	0.66	73.2%	57.3%
Cardiova ar death		CANVA	AS-R	40/29	06 6	0/2905	0.68	48.7%	27.9%

### Table 5. Anticipated Statistical Power for Hypothesis Testing

#### Conclusion

The updates to the analysis strategy for **CANVAS**, **CANVAS**-**R** and the **CANVAS** Program proposed here will ensure that the completion of these trials results in the maximum possible likelihood of advances in scientific knowledge and patient care. They take a deliberately conservative approach to minimise the likelihood of spurious findings and to maximise the likelihood that any observed effects are real.

The specification of these **changes prior to knowledge of the trial results**, their careful planning by the independent scientific trial Steering Committee, the detailed *a priori* **definition** of the statistical analysis plans and **input provided by the US FDA**, all provide for efficient and robust utilisation of the data.

The new data from the **CANVAS program** should significantly advance our understanding of the effects of canagliflozin, and the **broader SGLT2 inhibitor class**, on a range of **efficacy and safety outcomes of key importance to patients with diabetes.** 

### ADA Congress, San Diego, June 12th, 2017, 3:15-4:15

#### The Integrated Results of the CANVAS Program

Background to the Design of the Trials

Gregory R. Fulcher, MBBS, MD

Methods for the Trials and the Integrated Analyses Kenneth W. Mahaffey, BS, MD

Effects on Cardiovascular Outcomes Bruce Neal, MB, ChB, PhD

Effects on Renal Outcomes Dick de Zeeuw, MD, PhD

Effects on Safety Outcomes Vlado Perkovic, MBBS, PhD

*Implications for Clinical Practice* David R. Matthews, BM, BCh, DPhil

Independent Commentary Clifford J. Bailey, PhD, FRCP Edin, FRCPath FDA Drug Safety Communication (May 18th, 2017): FDA confirms increased risk of leg and foot amputations with the diabetes medicine canagliflozin (Invokana, Invokamet, Invokamet

The **CANVAS trial** showed that over a year's time, the risk of amputation for patients in the trial were equivalent to:

- 5.9 out of every 1,000 patients treated with canagliflozin
- 2.8 out of every 1,000 patients treated with placebo

The **CANVAS-R trial** showed that over a year's time, the risk of amputation for patients in the trial were equivalent to:

- 7.5 out of every 1,000 patients treated with canagliflozin
- 4.2 out of every 1,000 patients treated with placebo

### Canagliflozin CREDENCE Study (Ongoing)

#### **CREDENCE – Canagliflozin and Renal Events in Diabetes** with Established Nephropathy Clinical Evaluation

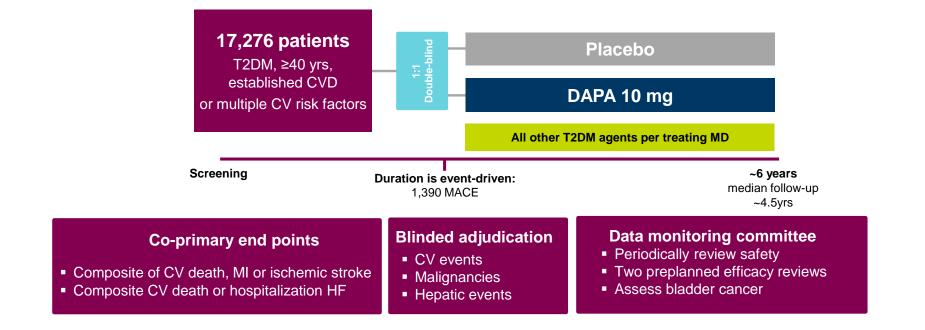
Study design	<ul> <li>Aim: Assess whether CANA has a renal and vascular protective effect in reducing the progression of renal impairment relative to placebo in T2DM patients with stage 2 or 3 CKD and macroalbuminuria, who are receiving standard of care including a maximum-tolerated labelled daily dose of an ACE inhibitor or angiotensin receptor blocker</li> <li>1:1 randomization to Cana 100 mg or matching placebo</li> <li>Due to report in 2019</li> </ul>
Patient population	<ul> <li>3627 T2D patients with diabetic nephropathy</li> <li>Stage 2 or 3 CKD and macroalbuminuria</li> <li>Receiving standard of care therapy plus ACE inhibitors or ARBs</li> </ul>
Study endpoints	<ul> <li>Primary: Time to first occurrence of event in primary composite endpoint – ESKD, doubling of serum creatinine, renal or CV death</li> <li>Secondary: Time to first occurrence of an event in the CV composite endpoint – CV death, non-fatal MI, non-fatal stroke, hospitalized congestive heart failure and hospitalized unstable angina, Time to first occurrence of an event in the renal composite endpoint including ESKD, doubling of serum creatinine and renal death</li> </ul>

**CREDENCE** is a renal outcomes trial in T2DM designed to show whether treatment with Canagliflozin can slow progression of nephropathy and reduce the risk of death due to renal insufficiency in patients with pre-existing nephropathy

 Janssen Research & Development LLC. (2014). Janssen Initiates CREDENCE Study in Patients with Type 2 Diabetes and Diabetic Nephropathy. Press Release. February 21, 2014.
 Clinicaltrials.gov. http://clinicaltrials.gov/show/NCT02065791. accessed 4.11.14



## **DECLARE:** Dapagliflozin effects on cardiovascular events



#### **Estimated Completion: April 2019**

CV, cardiovascular; CVD, cardiovascular disease; DAPA, dapagliflozin; T2DM, type 2 diabetes mellitus.

DECLARE-TIMI58 trial, AstraZeneca. https://clinicaltrials.gov/ct2/show/NCT01730534. Accessed December 2016. DECLARE-TIMI58 study group website http://www.timi.org/index.php?page=declare-timi-58 December 2016



# **DECLARE: Primary and secondary outcomes**

#### **Primary outcome**

- Step 1: Non-inferiority with respect to MACE (CV death, MI, or ischaemic stroke)
- Step 2 (if Step 1 met): Co-primary CV composite endpoints (MACE and composite of hospitalisation for HF or CV death)

#### **Secondary outcomes**

- Renal composite endpoint (sustained ≥40% decrease in eGFR to eGFR <60 ml/min/1.73m<sup>2</sup> and/or ESRD and/or renal or CV death)
- All-cause mortality

DECLARE-TIMI58 trial, AstraZeneca. https://clinicaltrials.gov/ct2/show/NCT01730534. Accessed December 2016. DECLARE-TIMI58 study group website http://www.timi.org/index.php?page=declare-timi-58 December 2016

# DEVOTE

### ADA Congress, San Diego, June 12th, 2017, 2:15-3:15

 Cardiovascular Safety of Insulin Degludec vs. Insulin Glargine in Patients with Type 2 Diabetes at High Risk of Cardiovascular Events (DEVOTE) Trial Results

Introduction and Trial Design Steven P. Marso, MD

Cardiovascular Outcomes Darren K. McGuire, MD, MHSc

Glycemic Efficacy and Hypoglycemia Bernard Zinman, CM, MD, FRCPC, FACP

Safety Richard E. Pratley, MD

Conclusion and Clinical Implications John B. Buse, MD, PhD

Independent Commentary Elizabeth R. Seaquist, MD

- DEVOTE was designed to evaluate the CV safety of insulin degludec (IDeg) vs insulin glargine U100 (IGlar) in patients with T2D at high risk of CV events
- DEVOTE is an event driven trial that would continue until 633 positively adjudicated primary events were accrued
- Primary end point: composite outcome consisting of the first occurrence of CV death, nonfatal myocardial infarction, or nonfatal stroke
- Patients with T2D at high risk of CV complications were randomized 1:1 to receive either IDeg or IGIar, each added to background therapies.
- This trial was designed to demonstrate statistical noninferiority of IDeg vs IGIar for the primary end point
- **DEVOTE** enrolled 7,637 patients, 6,506 had prior CV or CKD and the remainder had multiple CV risk factors.

### **EXSCEL (EASD Congress, Lisbon, Sept 2017)**

- EXSCEL: randomized, double-blind, placebo-controlled trial examining the effect of exenatide once weekly (EQW) versus placebo on the primary composite outcome (CV death, nonfatal M or nonfatal stroke) in T2DM patients with a wide range of CV risk
- In total 14,752 patients were randomized (6/2010-9/2015); 46.0% of patients were from Europe; 25.1% North America; 18.5% Latin America; and 10.4% from Asia Pacific
- 73% had at least one prior CV event (70% CAD, 24% PAD and 22% CBVD, 16% CHF)
- Median age was 63 years, 38% were female, median baseline HbA1c was 8.0%
- Patients without a prior CV event were younger, had a shorter duration of diabetes and a better renal function than those with at least one prior CV event.
- Compared with prior GLP-1RA trials, EXSCEL has a larger percentage of patients without a prior CV event and a 15% who were taking a DPP-4 inhibitors at baseline
- EXSCEL is one of the largest global GLP-1RA trials, evaluating the safety and efficacy
  of EQW with a broad patient population that may extend generalizability compared to
  priorGLP-1RA trials

# **CAROLINA - CARMELINA**

# **CAROLINA study** has a truly unique trial design and is very different from the published CVOTs with DPP-4 Inhibitors

	<b>C</b> AROLIN <b>A</b> <sup>1</sup>	TECOS <sup>2</sup>	SAVOR-TIMI53 <sup>3</sup>	EXAMINE <sup>4</sup>
DPP-4 inhibitor	Linagliptin	Sitagliptin	Saxagliptin	Alogliptin
Comparator	Sulfonylurea (active)	Placebo	Placebo	Placebo
No. of patients	6,000	14,000	16,500	5,400
Trial initiation	Oct 2010	Nov 2008	May 2010	Sept 2009
Background diabetes therapy per protocol	Predominantly on metformin background	Any	Any	Any
Expected diabetes stage focus	Early	Advanced	Advanced	All but limited to acute CV events

1,2,4. Primary endpoint: CV death, non-fatal MI, non-fatal stroke, hospitalization due to unstable angina pectoris. 3. Primary endpoint: Major adverse cardiovascular events (CV death, non-fatal MI, non-fatal stroke).

Source: 1. NCT01243424, 2. NCT00790205, 3. NCT01107886, 4. NCT00968708 .

# **CAROLINA** will evaluate CV safety of linagliptin in patients with T2DM at high CV risk

Inclusion if at least 1 of the following is fulfilled

- **1. Previous vascular complications**
- 2. Evidence of end organ damage such as e.g., albuminuria
- 3. Aged > 70 years
- 4. Two or more specified traditional CV risk factors

With or without metformin background therapy (including patients with contraindication to Metformin use in renal impairment)

Linagliptin 5 mg

VS

Glimepiride 1-4 mg<sup>1</sup>

#### n= 6,000; approx. 6-7 year follow up

Primary endpoint: Time to the first occurrence of the primary composite endpoint:

1. CV death (including fatal stroke and fatal MI)

2. Non-fatal MI

- 3. Non-fatal stroke
- 4. Hospitalization for unstable angina pectoris

1. 16 weeks titration phase of glimepiride up to 4 mg/day.

### CV Safety of Linagliptin vs Glimepiride in Type 2 DM at High CV RCAROLINA Baseline Demographic Characteristics

Variable Characteristics	Total (n = 6046)		
Age, years, mean ± SD	64 ± 10		
Male / Female, %	59.9 / 40.1		
HbA1c, %, mean ± SD	7.2 ± 0.6		
HbA1c <7.0%, %	41.3		
BMI, kg/m <sup>2</sup> , mean ± SD	30.1 ± 5.3		
SBP / DBP, mmHg, mean $\pm$ SD	138 ± 17 / 80 ± 10		
eGFR (MDRD), mL/min/1.73m <sup>2</sup> , mean ± SD	77 ± 20		
Diabetes Duration, %			
≤5 years	40.8		
>5 years	58.9		
Geographical Region, %			
Europe	45.4		
North America	19.2		
Between2010 -2012, 581 clinical sites randomized	6103 patients		

CAROLINA A V ractions study of lengthese service generate

Marx N et al. Diab Vasc Dis Res. 2015;12:164-74

### CV Safety of Linagliptin vs Glimepiride in Type 2 DM at High CV CAROLINA Baseline Clinical Characteristics

Variable Characteristics	Total (n = 6046)		
CV Severity Risk Category, %			
Previous CV Complications	35		
Microvascular Complications	9		
Age ≥70 years	19		
Multiple CV Risk Factors	37		
Glucose-Lowering Treatment, %			
No Therapy	9		
Monotherapy	66		
Dual Therapy	24		
Insulin Therapy	0		
Other therapies, %			
ASA	50		
Statins	62		
Antihypertensive	87		

CAROLINA

#### CV Safety of Linagliptin vs Glimepiride in Type 2 DM at High CV Risk



### **CAROLINA Baseline Characteristics According to CV Risk**

Variable Characteristics	Total (n = 6046)	Previous CV Events (n = 2105)	Retinopathy/ Albuminuria (n = 515)	Age >70 years (n = 1163)	≥2 CV Risk Factors (n = 2235)
Age, years, mean ± SD	64 ± 10	65 ± 9	66 ± 10	74 ± 3	58 ± 7
Male / Female, %	60 / 40	72 / 28	55 / 45	51 / 49	54 / 46
HbA1c, %, mean $\pm$ SD	7.2 ± 0.6	7.2 ± 0.6	7.1 ± 0.6	7.1 ± 0.5	7.2 ± 0.6
HbA1c <7.0%, %	41.3	42.0	43.5	44.2	38.9
BMI, kg/m <sup>2</sup> , mean $\pm$ SD	30.1 ± 5.3	29.8 ± 5.2	30.1 ± 5.3	28.9 ± 4.8	31.1 ± 5.4
eGFR (MDRD), mL/min/1.73m <sup>2</sup> , mean ± SD	77 ± 20	75 ± 19	63 ± 23	73 ± 17	84 ± 18
Diabetes Duration, %					
≤5 years	40.8	43.7	37.1	30.9	44.2
>5 years	58.9	56.3	62.9	69.1	55.8
CV Therapy, %					
ASA	49.8	78.9	39.2	39.5	30.7
Statins	61.8	70.8	49.1	51.9	62.0
Antihypertensive	86.5	91.7	86.6	80.1	85.5

CV Safety of Linagliptin vs Glimepiride in Type 2 DM at High CV Risk

### Contrasting CAROLINA vs Completed DPP-4 CV Outcome Trials

SAVOR (Saxagliptin)	EXAMINE (Alogliptin)	CAROLINA (Linagliptin)
16,500	5,400	6,103
65	61	64
12	7.2	~6
31	29	30
8.0	8.0	7.2
78	~100	34
81	83	84
41	30	0
Placebo	Placebo	Glimepiride
	16,500 65 12 31 8.0 78 81 41	$16,500$ $5,400$ $65$ $61$ $12$ $7.2$ $31$ $29$ $8.0$ $8.0$ $78$ $\sim100$ $81$ $83$ $41$ $30$

## CARMELINA

**CAR**diovascular safety & clinical outcoME with LINAgliptin

- CARMELINA will compare the CV and renal safety of linagliptin versus placebo, when added to standard care in ~8,000 patients with T2DM at high CV risk
- CARMELINA is a phase IIIb, multicenter, multinational, randomised, double-blind, placebo controlled, parallel group study to compare the treatment with linagliptin (5 mg once daily) to treatment with placebo (5 mg matching tablets once daily as add-on therapy to standard glucose-lowering treatment

### **CARMELINA:** Study design for CV & renal outcome\*

Study focus on patients with high risk for cardiovascular disease and high risk of renal disease

Optimizing
Target for glycemic control
Randomization 1:1
Screening
Inclusion criteria o b

\* Planned analyses (draft – FDA approval pending): Interim analyses after ~3-4 years: final analysis after 4-5 years Study initiation Q1 2013

# **Summary of future CVOTs**

- In total, almost 300.000 patients with type 2 diabetes have been included in CVOTs
- Since the baseline characteristics of the patients included in the CVOts are very different, even studies using molecules from the same classes (e.g. dapagliflozin, canagliflozin or empagliflozin) could finally arrive at different results, positive or only neutral
- Thus, in 2021/2022 it could be very difficult to make simple recommendations for individualisation of treatment for patients with type 2 diabetes