



SHARING EVENTS

IMPACT
OF DIABETES DRUGS ON
CARDIOVASCULAR
AND **RENAL DISEASE** IN
TYPE 2 DIABETES

2-3 febbraio 2018

NH Roma Villa Carpegna, Via Pio IV, 6

Impatto dei farmaci antidiabetici sullo scompenso cardiaco

Riccardo Candido

**S.S.D. Gestione Rete Diabetologica Aziendale
Azienda Sanitaria Universitaria Integrata di Trieste**

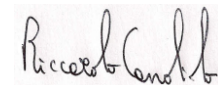
Il sottoscritto Riccardo Candido

DICHIARA

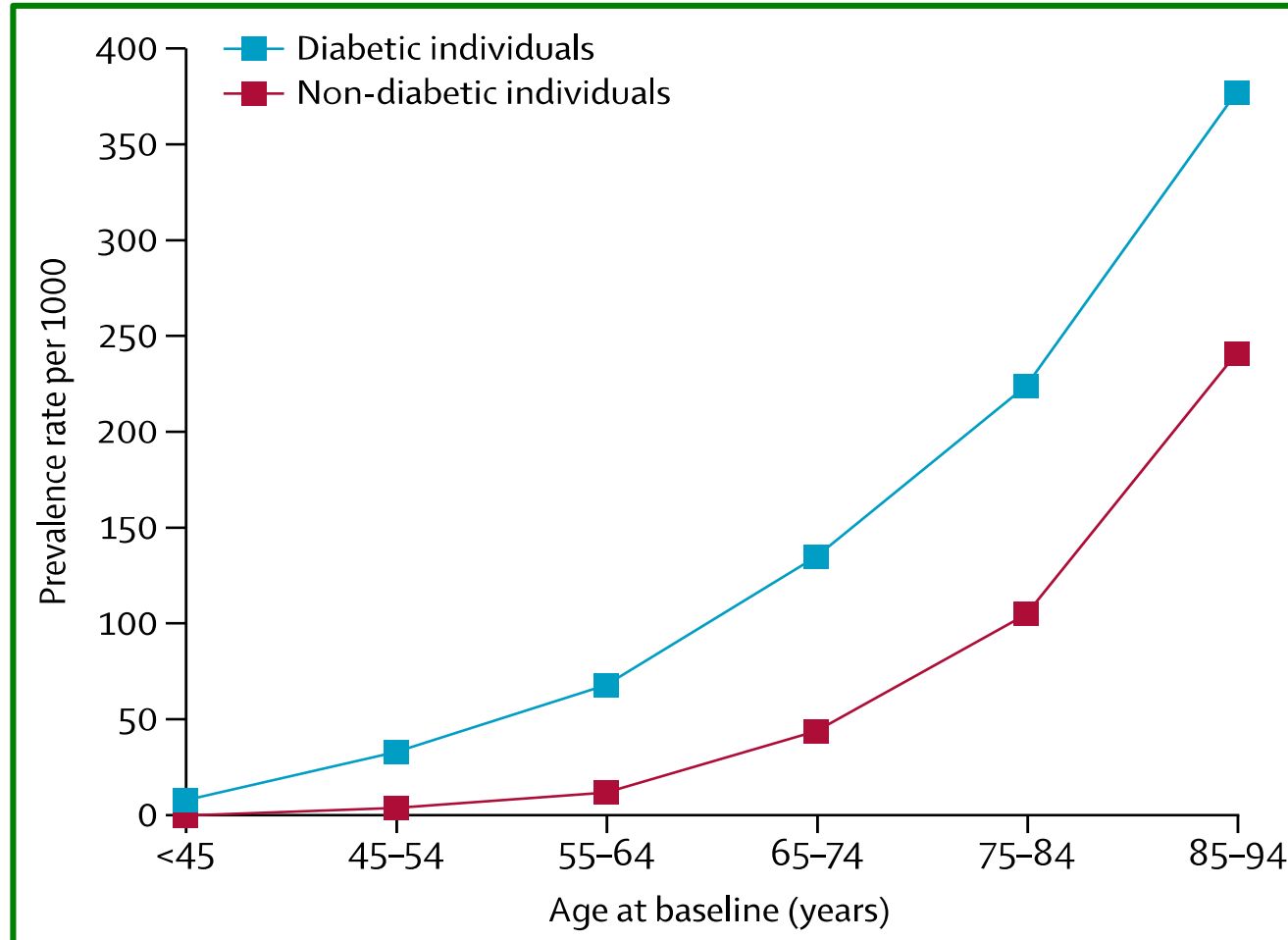
che negli ultimi 2 anni ha avuto i seguenti rapporti anche di finanziamento con soggetti portatori di interessi commerciali in campo sanitario:

Novo Nordisk, Roche Diagnostics, Johnson & Johnson Medical,
Eli Lilly Italy, Boehringer Ingelheim, Merck Sharp & Dohme,
Sanofi-Aventis, Takeda

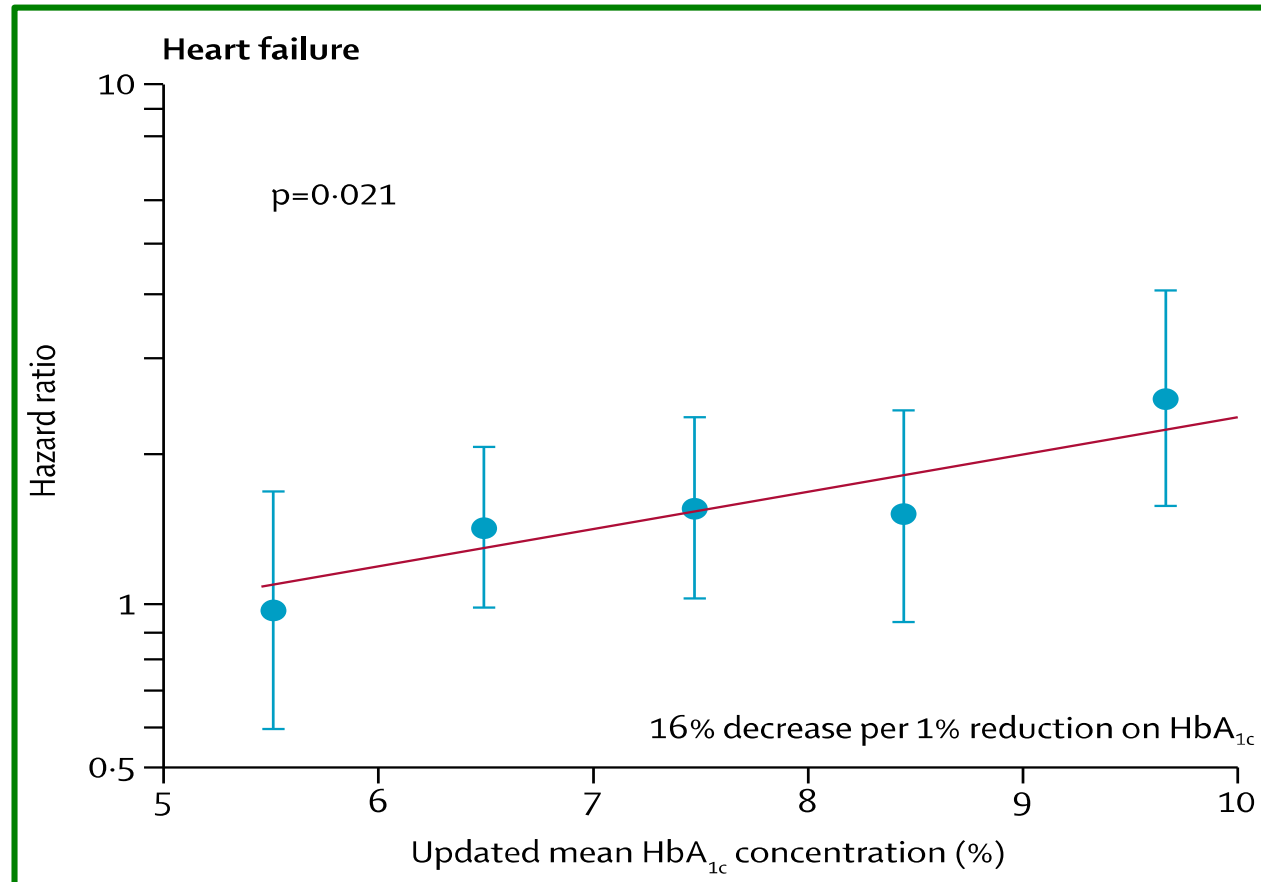
In fede
Riccardo Candido



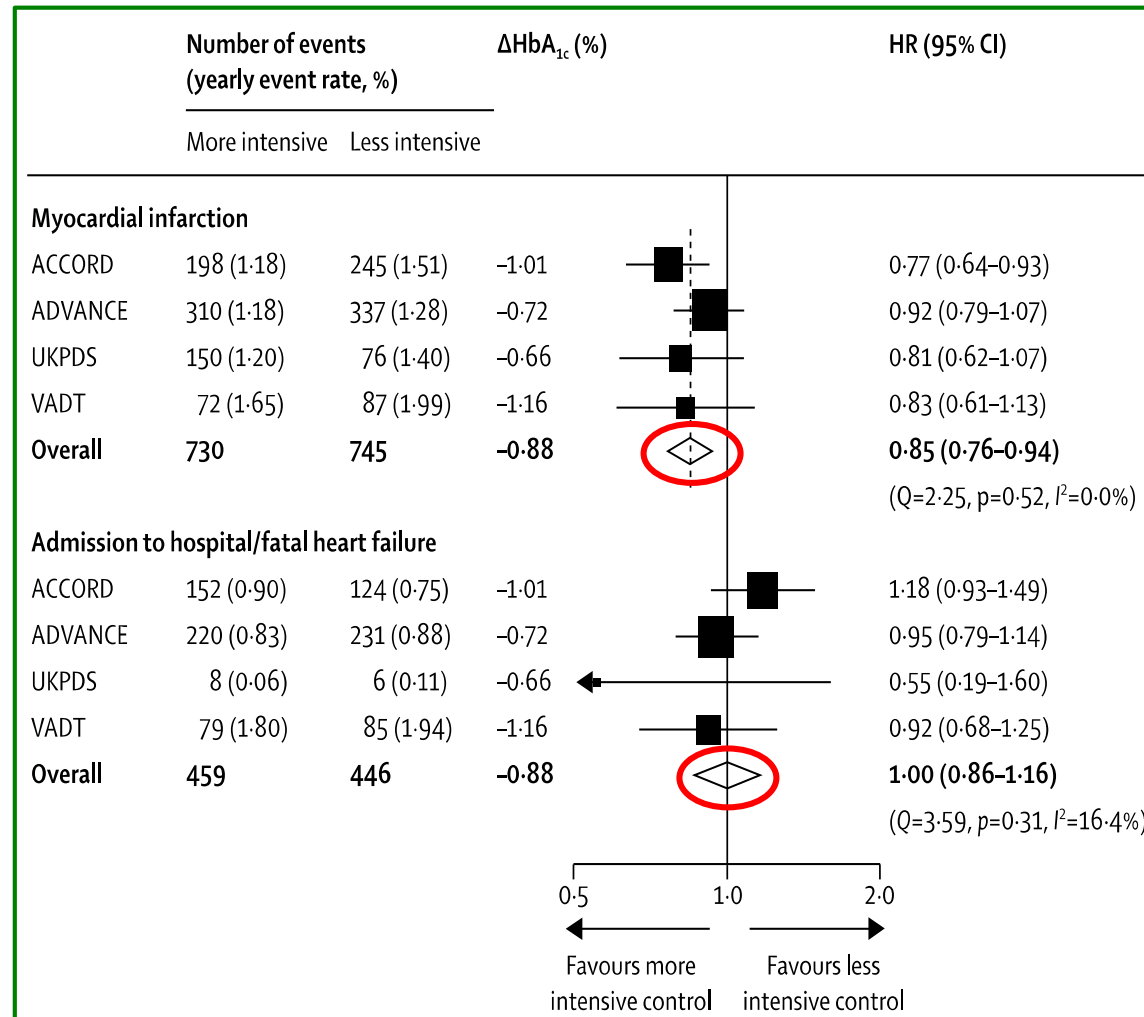
Age-associated prevalence of heart failure in diabetic and non-diabetic individuals



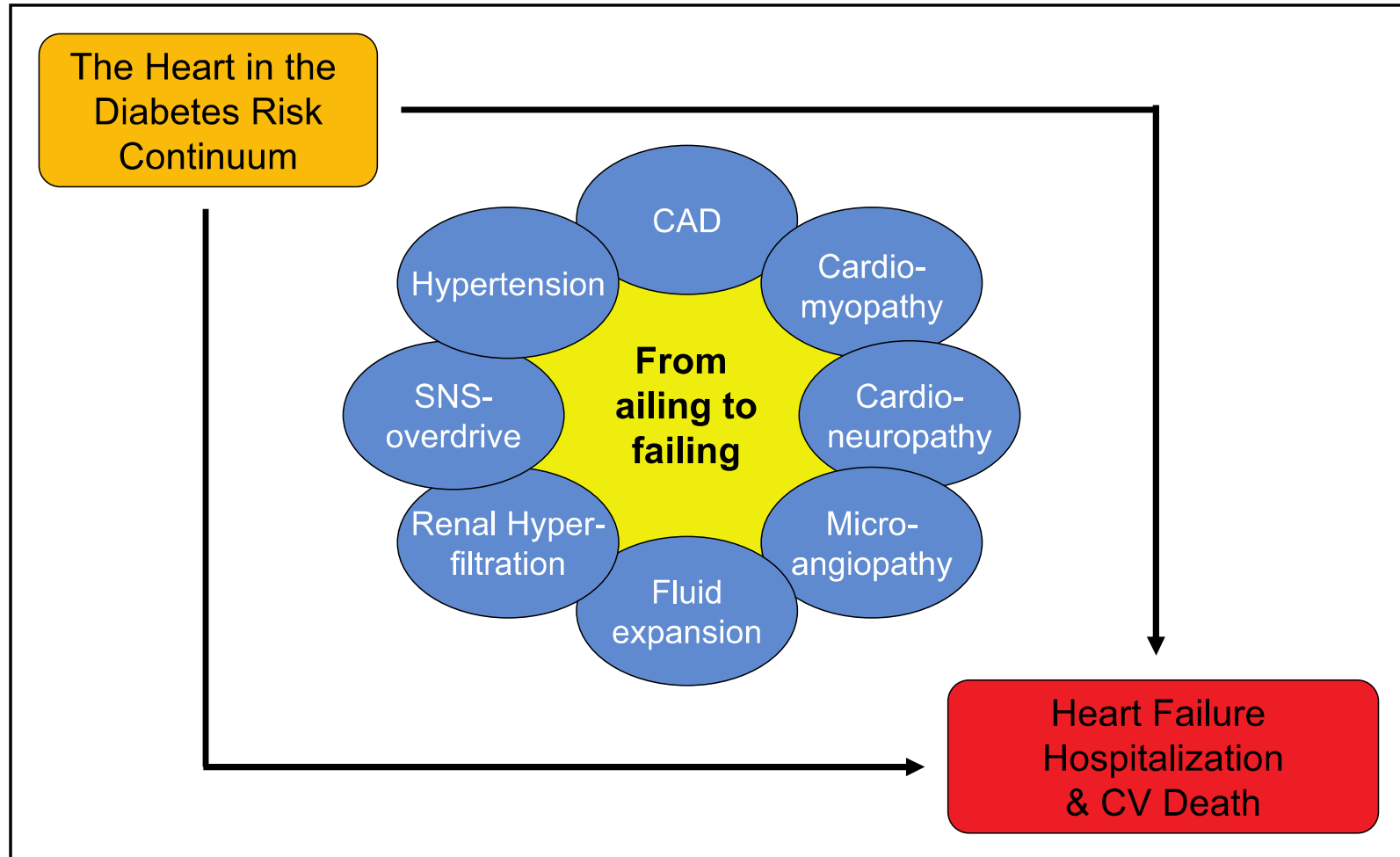
Hazard ratios (HRs), with 95% CIs as floating absolute risks, as an estimate of association between category of updated mean haemoglobin A1c (HbA1c) concentration and heart failure



Effects in trials of more versus less intensive glycaemic control on myocardial infarction (fatal or non-fatal) and heart failure resulting in admission to hospital or death

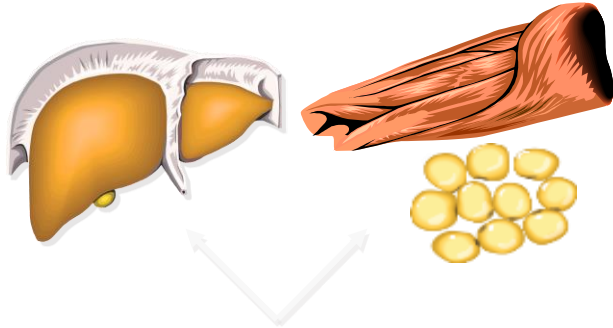


Heart failure in type 2 diabetes mellitus: **the ominous octet**



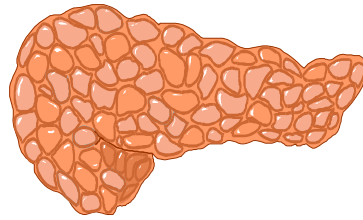
Options for Antidiabetic Treatment

Insulin Resistance



Metformin
Pioglitazone

Insulin Secretion



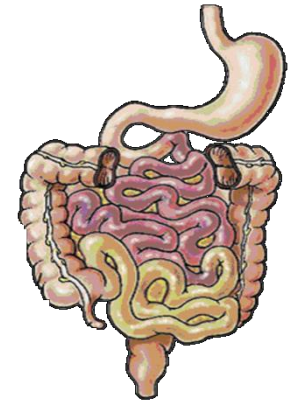
Glucose
independent

Sulfonylurea
Glinides
Exogenous
Insulin

Glucose
dependent

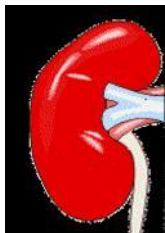
DPP-4 Inhibitors
Sitagliptin, Vildagliptin,
Saxagliptin, Linagliptin, Alogliptin
GLP-1 Mimetics
Exenatide, Liraglutide, Lixisenatide
Dulaglutide

Inhibition of Glucose Reabsorption



α -Glucosidase
Inhibitors
Acarbose

Inhibition of Renal Glucose Reabsorption

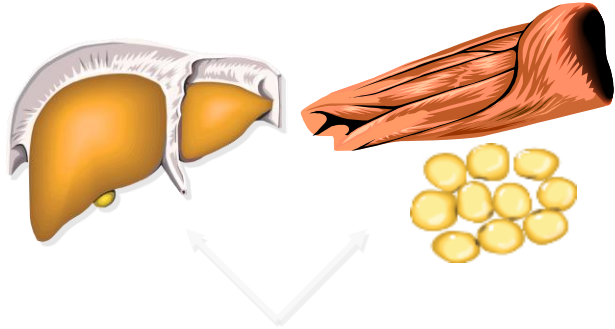


SGLT2-Inhibitors

Dapagliflozin, Canagliflozin, Empagliflozin

Options for Antidiabetic Treatment

Insulin Resistance



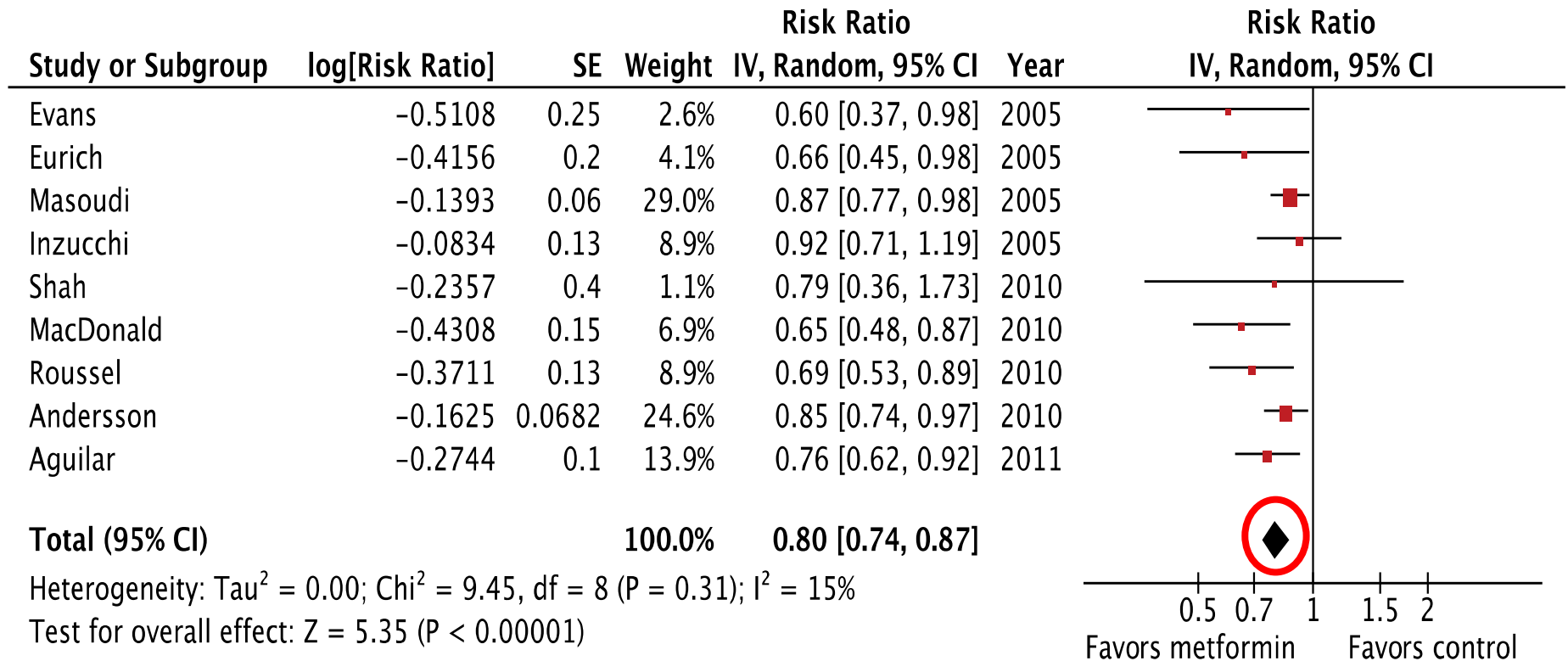
Metformin

Pioglitazone

Comparative Safety and Effectiveness of Metformin in Patients With Diabetes Mellitus and Heart Failure Systematic Review of Observational Studies Involving 34 000 Patients

Dean T. Eurich, PhD; Daniala L. Weir, BSc; Sumit R. Majumdar, MD, MPH;
Ross T. Tsuyuki, PharmD, MSc; Jeffrey A. Johnson, PhD; Lisa Tjosvold, MLIS;
Saskia E. Vanderloo, MSc; Finlay A. McAlister, MD, MSc

Pooled adjusted risk ratios for metformin compared with other treatments for all-cause mortality

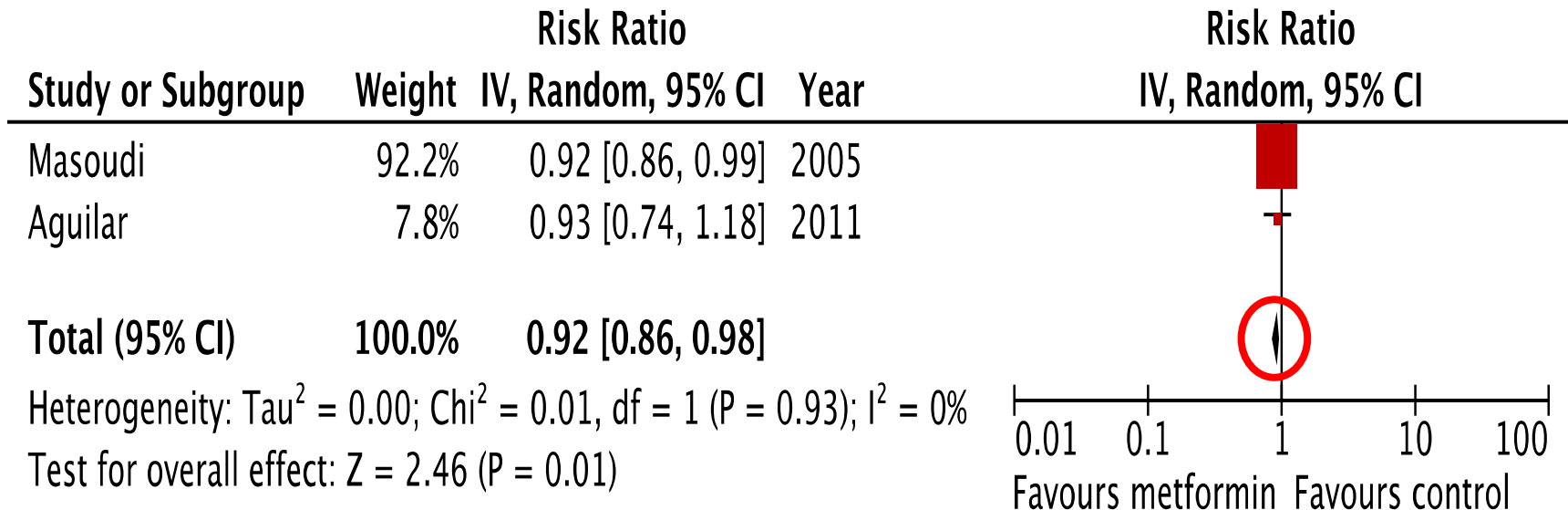


Comparative Safety and Effectiveness of Metformin in Patients With Diabetes Mellitus and Heart Failure

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Pooled adjusted risk ratio for metformin compared with other treatments for HF admission

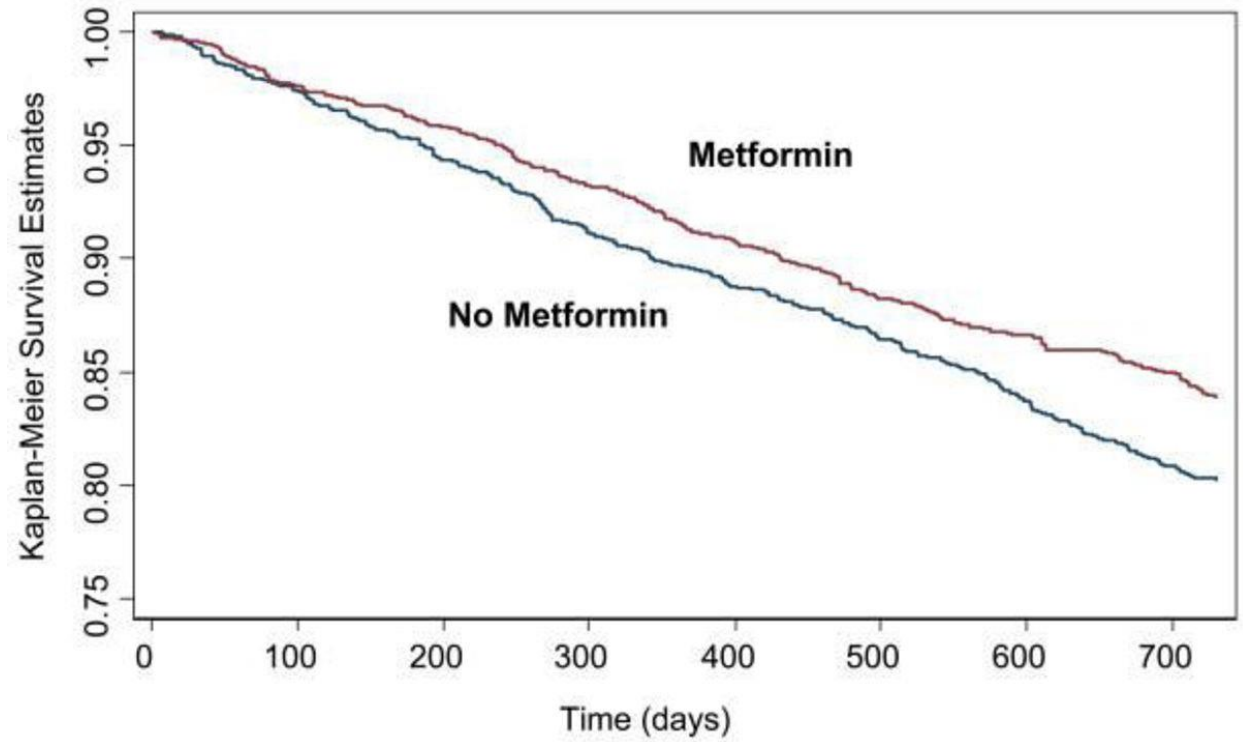




Published in final edited form as:
Curr Cardiovasc Risk Rep. 2013 December 1; 7(6): 417–422. doi:10.1007/s12170-013-0355-4.

Metformin in Diabetic Patients with Heart Failure: Safe and Effective?

Ijeoma Ananaba Ekeruo, MD, Amirreza Solhpour, MD, and Heinrich Taegtmeyer, MD, DPhil



Changes in labelling for metformin use in patients with type 2 diabetes and heart failure: documented safety outweighs theoretical risks

DEAN T EURICH, SUMIT R MAJUMDAR,
FINLAY A McALISTER, ROSS T TSUYUKI,
JEFFREY A JOHNSON

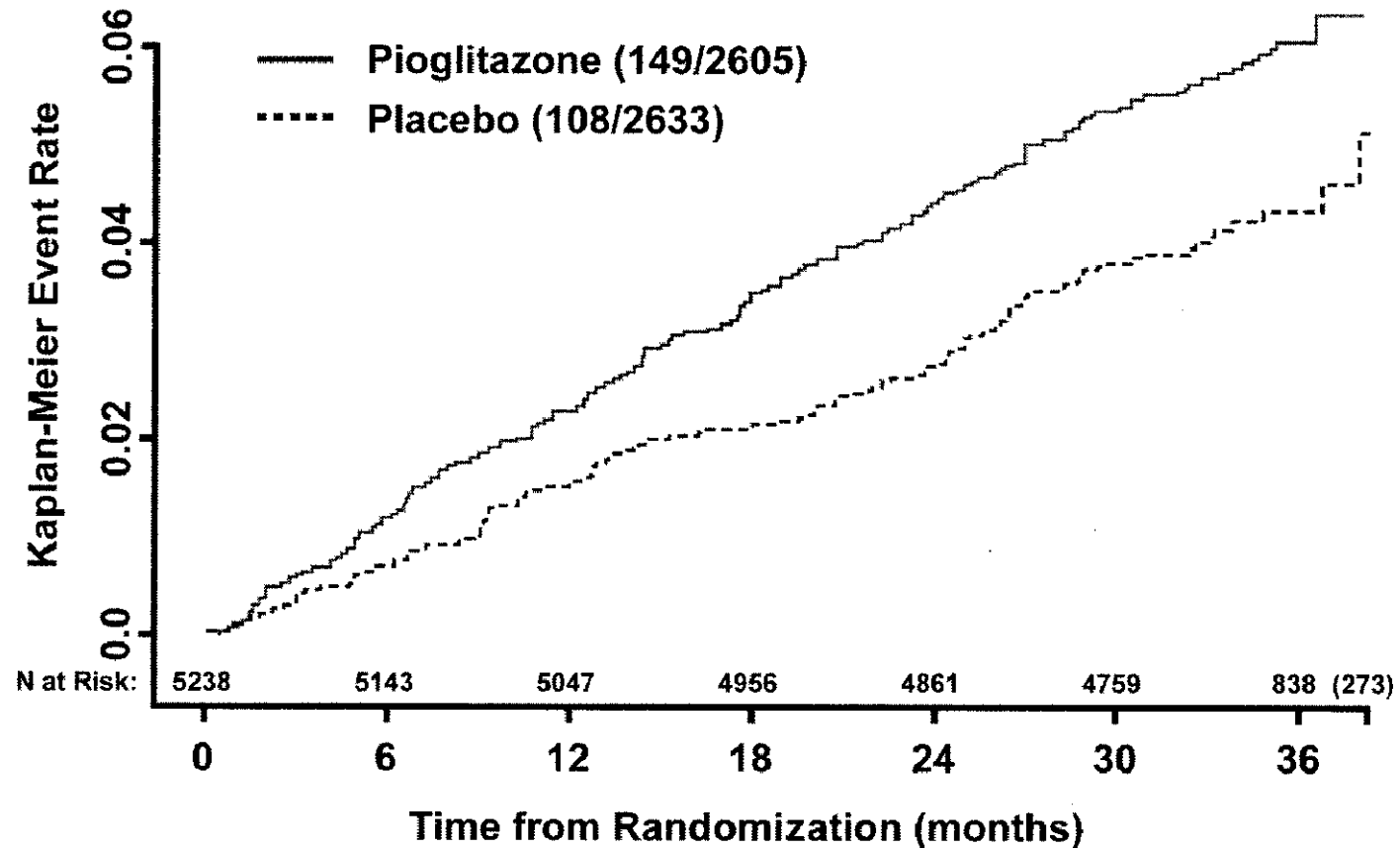
We hope that these formal regulatory changes, in conjunction with support within clinical practice guidelines, **will alleviate any lingering concerns clinicians may have about continuing or starting metformin in patients with both diabetes and heart failure.**

Pioglitazone Use and Heart Failure in Patients With Type 2 Diabetes and Preexisting Cardiovascular Disease

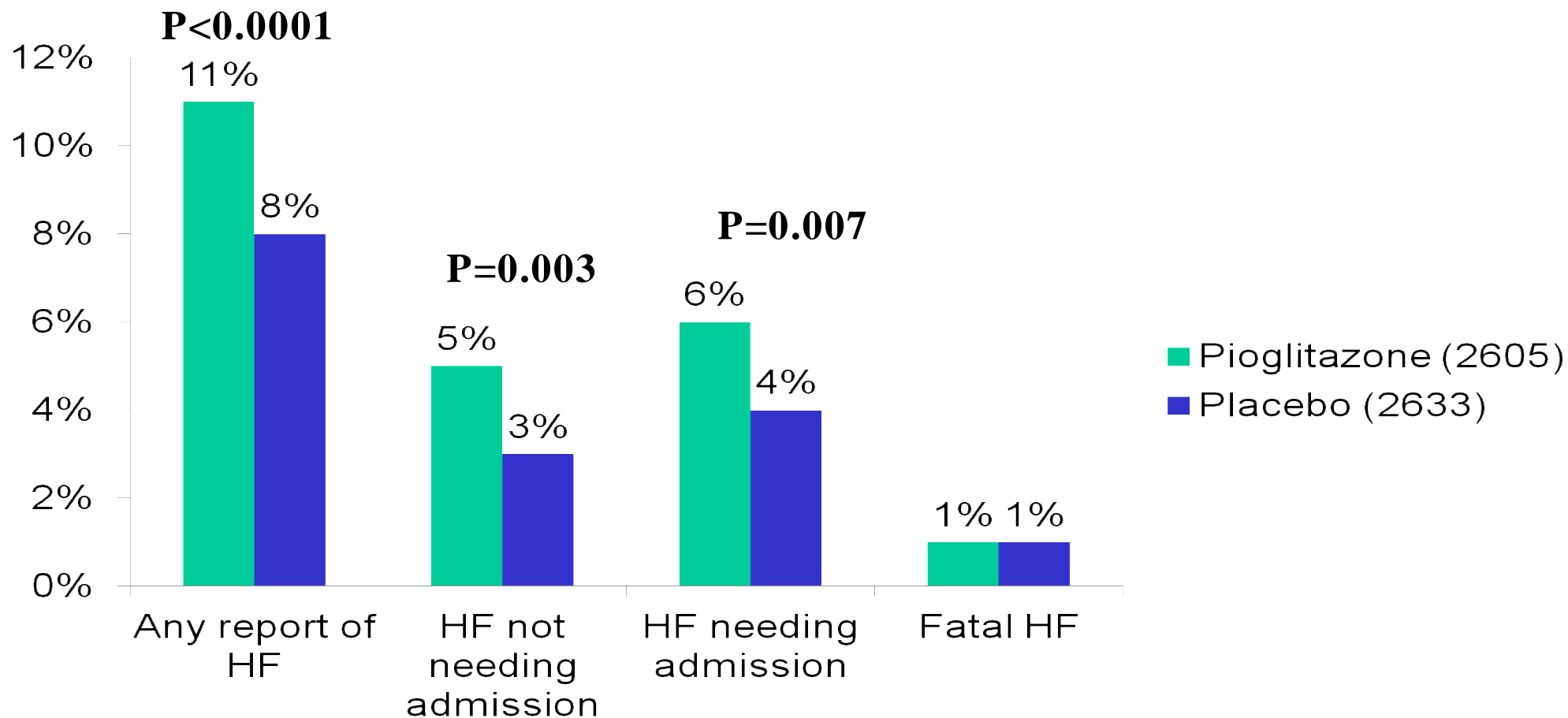
Data from the PROactive Study (PROactive 08)

Diabetes Care 30:2773–2778, 2007

Kaplan-Meier estimates of time to serious heart failure



Pioglitazone and Heart Failure



Pioglitazone Use and Heart Failure in Patients With Type 2 Diabetes and Preexisting Cardiovascular Disease

Data from the PROactive Study (PROactive 08)

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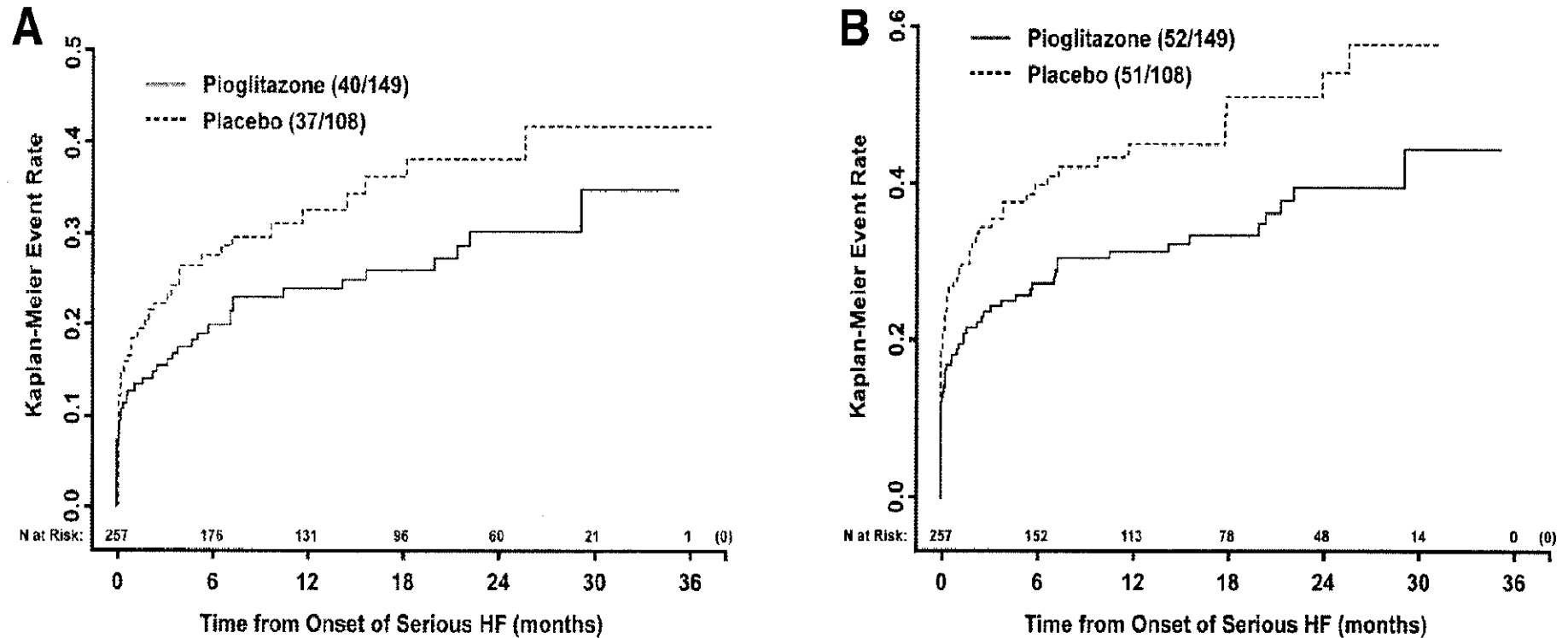
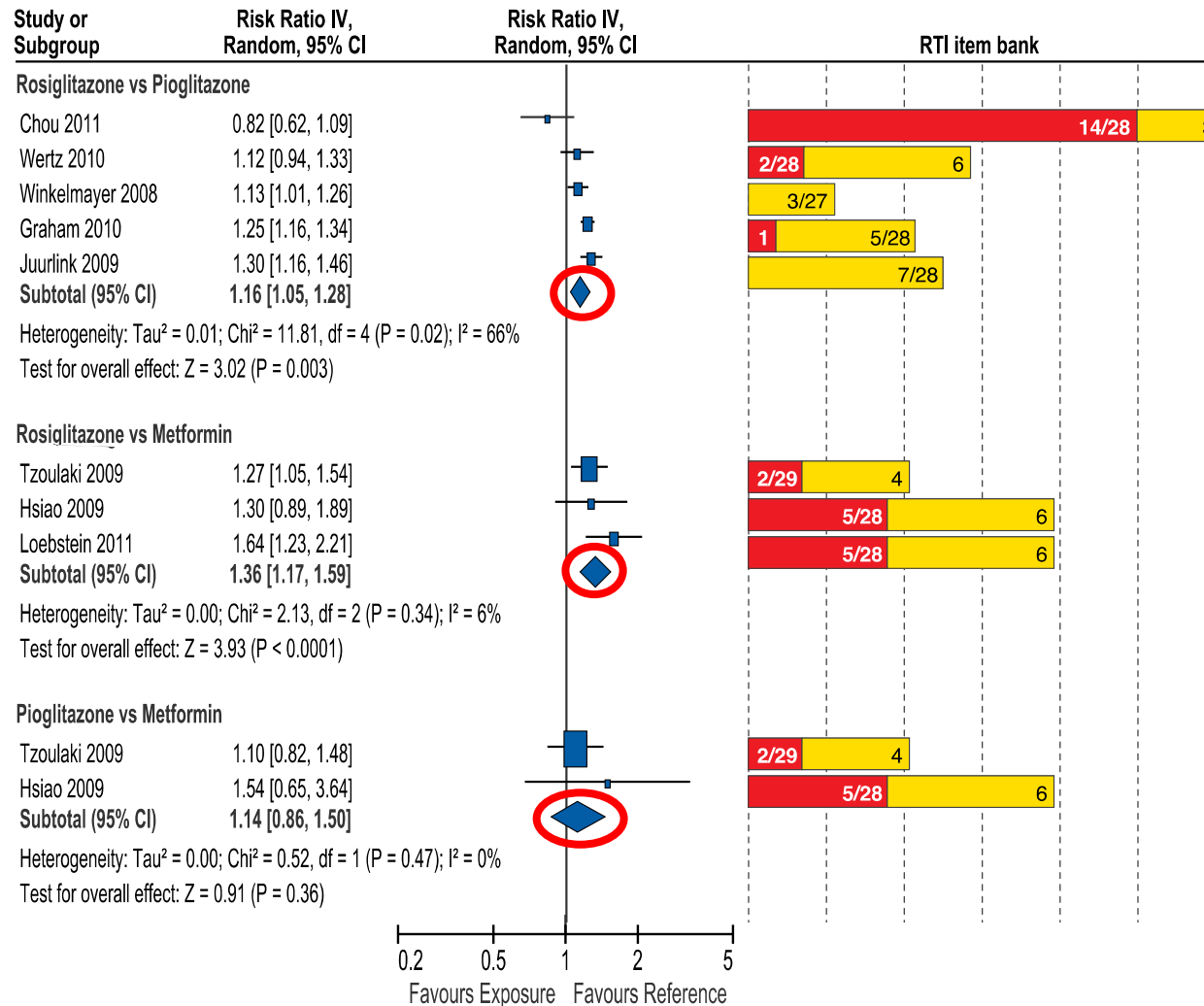


Figure 2—Kaplan-Meier estimates of time from serious heart failure to all-cause mortality (A) and the main secondary end point (B). HF, heart failure.

The risk of heart failure associated with the use of noninsulin blood glucose-lowering drugs: systematic review and meta-analysis of published observational studies

Varas-Lorenzo et al. BMC Cardiovascular Disorders 2014, 14:129



■ High risk of bias
■ Unclear risk of bias

Risk of hospitalization for heart failure in patients with type 2 diabetes newly treated with DPP-4 inhibitors or other oral glucose-lowering medications: a retrospective registry study on 127,555 patients from the Nationwide OsMed Health-DB Database

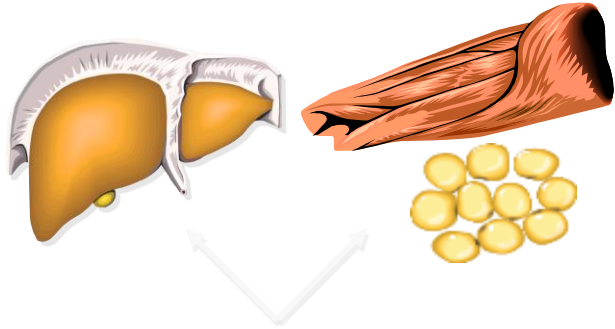
Gian Paolo Fadini¹, Angelo Avogaro^{1*}, Luca Degli Esposti², Pierluigi Russo³, Stefania Saragoni², Stefano Buda², Giuseppe Rosano^{3,4,5}, Sergio Pecorelli^{3,6}, and Luca Pani³, on behalf of the OsMed Health-DB Network[†]

Table 4 Results of the Cox proportional hazard multiple regression analysis in the whole study population including hospitalization episodes with a primary or secondary HF diagnosis

Variable	Before propensity matching		After propensity matching	
	HR (95% CI)	P-value	HR (95% CI)	P-value
Glucose-lowering medications				
Sulphonylureas (reference)	1.000		1.000	
Glitazones	0.926 (0.807–1.063)	0.277	0.777 (0.635–0.950)	0.014
DPP-4 inhibitors	0.751 (0.630–0.895)	0.001	0.642 (0.510–0.808)	<0.001

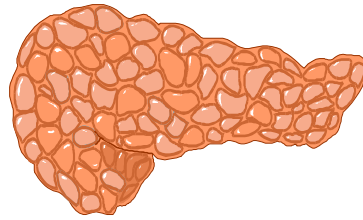
Options for Antidiabetic Treatment

Insulin Resistance



Metformin
Pioglitazone

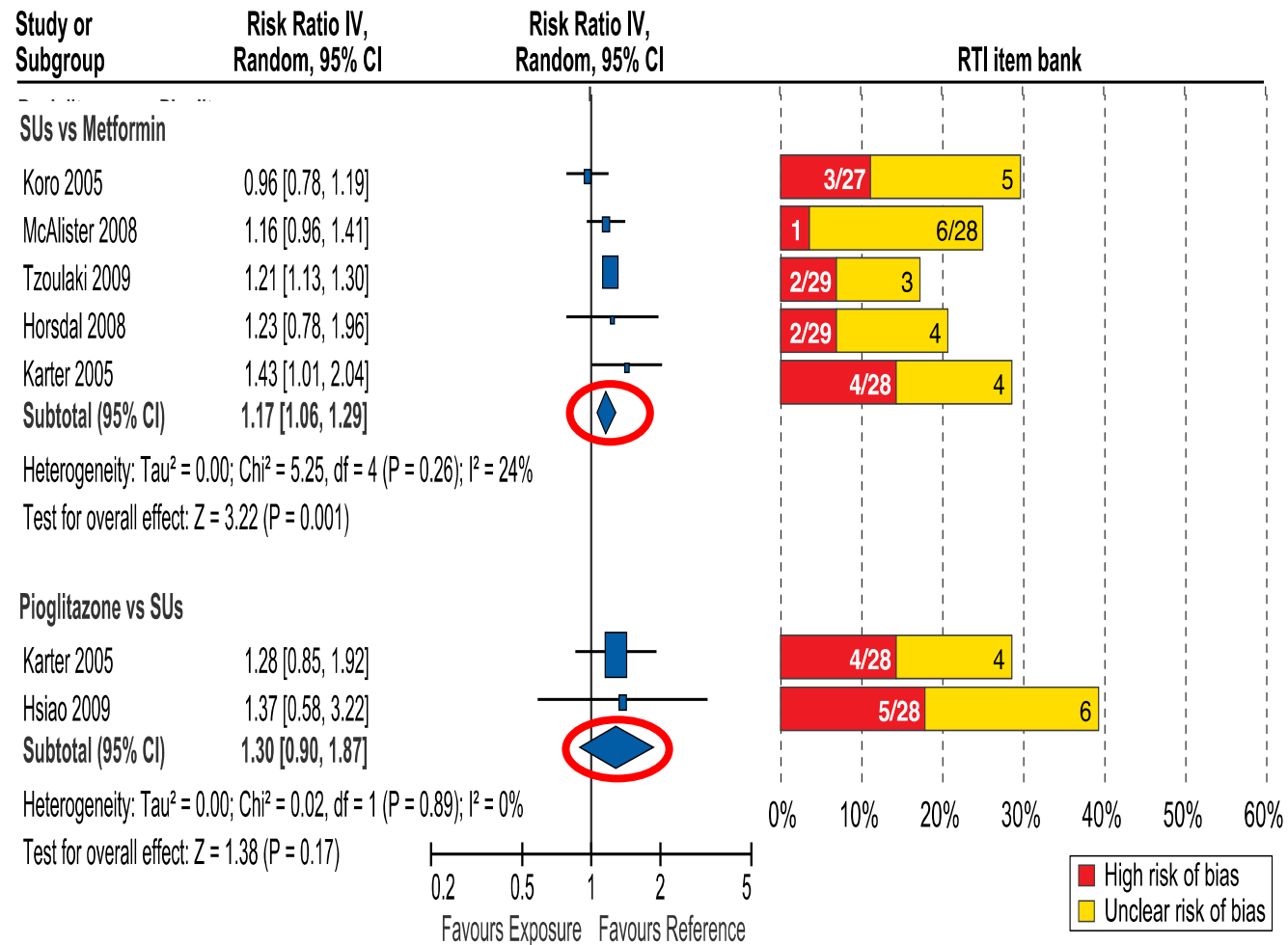
Insulin Secretion



Glucose
independent
Sulfonylurea
Glinides
Exogenous
Insulin

The risk of heart failure associated with the use of noninsulin blood glucose-lowering drugs: systematic review and meta-analysis of published observational studies

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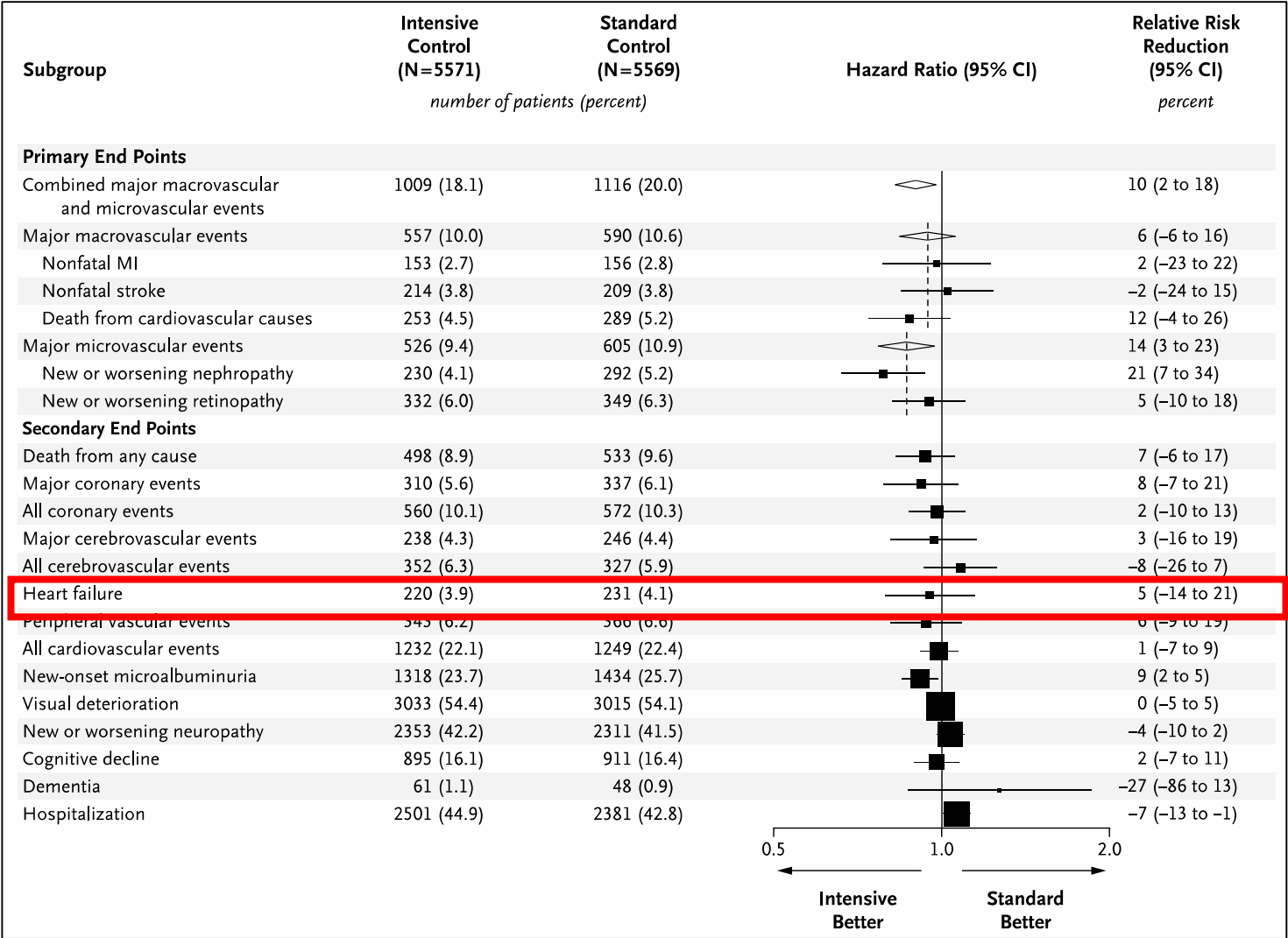


Adjudicated Serious Events

	Pioglitazone (N=1535)	Sulfonylurea (N=1493)	P value
	N (%)	N (%)	
Any serious adverse events	208 (13.6)	195 (13.1)	0.69
Heart Failure	19 (1.2)	12 (0.8)	0.11
<i>Any fracture</i>	27 (1.8)	36 (2.4)	0.24
Pathological fractures	6 (0.4)	4 (0.3)	0.75
- Male (1774)	3 (0.3)	1 (0.1)	0.61
- Female (1254)	3 (0.5)	3 (0.5)	1.00
Macular edema	7 (0.5)	3 (0.2)	0.34

Intensive Blood Glucose Control and Vascular Outcomes in Patients with Type 2 Diabetes

The ADVANCE Collaborative Group*



Insulin-treated diabetes is associated with a marked increase in mortality in patients with advanced heart failure

RESULTS

- Survival at 1 year was:
 - ✓ 89.7% for nondiabetic patients
 - ✓ 85.8% for non-insulin-treated diabetic patients
 - ✓ 62.1% for insulin-treated diabetic patients
- Insulin-treated diabetes was found to be an independent predictor of mortality (hazard ratio 4.30, 95% CI 1.69-10.94) whereas non-insulin-treated diabetes was not (hazard ratio 0.95, 95% CI 0.31-2.93).

BMJ Open Hospitalisation for heart failure and mortality associated with dipeptidyl peptidase 4 (DPP-4) inhibitor use in an unselected population of subjects with type 2 diabetes: a nested case-control study

Table 2 Matched ORs of different outcomes associated with exposure to DPP-4i in the 6 months before index date

	Any admission for HF		Incident HF		Re-admission for HF		All-cause mortality	
	Unadjusted OR (95% CI); p value	Adjusted OR (95% CI); p value	Unadjusted OR (95% CI); p value	Adjusted OR (95% CI); p value	Unadjusted OR (95% CI); p value	Adjusted OR (95% CI); p value	Unadjusted OR (95% CI); p value	Adjusted OR (95% CI); p value
DPP-4i use	0.99 (0.92 to 1.05); p=0.6383	1.00 (0.94 to 1.07); p=0.9832	1.01 (0.92 to 1.11); p=0.8867	1.01 (0.92 to 1.11); p=0.7808	1.01 (0.84 to 1.22); p=0.8944	1.02 (0.84 to 1.22); p=0.8745	0.93 (0.89 to 0.97); p=0.0005	0.94 (0.90 to 0.98); p=0.0021
Previous disorders or treatments								
Ischaemic heart disease (in the past 5 years)	1.36 (1.31 to 1.40); p<0.0001	1.34 (1.29 to 1.38); p<0.0001	1.09 (1.04 to 1.14); p=0.0003	1.08 (1.03 to 1.13); p=0.0014	1.03 (0.96 to 1.11); p=0.4455	1.02 (0.95 to 1.10); p=0.6067	1.11 (1.09 to 1.14); p<0.0001	1.09 (1.07 to 1.12); p<0.0001
Glimepiride or glibenclamide (in the past 6 months)	0.99 (0.96 to 1.02); p=0.3555	1.01 (0.98 to 1.04); p=0.4844	1.02 (0.98 to 1.06); p=0.3520	1.03 (0.99 to 1.08); p=0.0998	1.00 (0.92 to 1.09); p=0.9614	1.02 (0.93 to 1.11); p=0.6751	0.96 (0.95 to 0.98); p<0.0001	0.98 (0.97 to 1.00); p=0.0540
Insulin (in the past 6 months)	1.21 (1.18 to 1.24); p<0.0001	1.19 (1.17 to 1.22); p<0.0001	1.13 (1.10 to 1.17); p<0.0001	1.13 (1.10 to 1.17); p<0.0001	1.12 (1.06 to 1.19); p=0.0001	1.12 (1.06 to 1.19); p=0.0002	1.20 (1.19 to 1.22); p<0.0001	1.20 (1.18 to 1.21); p<0.0001

HF, heart failure.

N Engl J Med 2012;367:319-28

Basal Insulin and Cardiovascular and Other Outcomes in Dysglycemia

The ORIGIN Trial Investigators*

Outcome	Insulin Glargine (N=6264)		Standard Care (N=6273)		Hazard Ratio (95% CI)		P Value
	no. (%)	no./100 patient-yr	no. (%)	no./100 patient-yr			
First coprimary outcome	1041 (16.6)	2.94	1013 (16.1)	2.85	1.02 (0.94–1.11)	0.63	
Second coprimary outcome	1792 (28.6)	5.52	1727 (27.5)	5.28	1.04 (0.97–1.11)	0.27	
Microvascular outcomes	1323 (21.1)	3.87	1363 (21.7)	3.99	0.97 (0.90–1.05)	0.43	
Total mortality	951 (15.2)	2.57	965 (15.4)	2.60	0.98 (0.90–1.08)	0.70	
Total myocardial infarctions	336 (5.4)	0.93	326 (5.2)	0.90	1.02 (0.88–1.19)	0.75	
Total strokes	331 (5.3)	0.91	319 (5.1)	0.88	1.03 (0.89–1.21)	0.69	
Death from cardiovascular causes	580 (9.3)	1.57	576 (9.2)	1.55	1.00 (0.89–1.13)	0.98	
Hospitalization for congestive heart failure	310 (4.9)	0.85	343 (5.5)	0.95	0.90 (0.77–1.05)	0.16	
Revascularization	908 (14.5)	2.69	860 (13.7)	2.52	1.06 (0.96–1.16)	0.24	
Angina	709 (11.3)	2.07	743 (11.8)	2.17	0.95 (0.85–1.05)	0.29	
Unstable	238 (3.8)	0.66	261 (4.2)	0.72	0.91 (0.76–1.08)	0.28	
New	100 (1.6)	0.27	138 (2.2)	0.38	0.72 (0.56–0.93)	0.01	
Worsening	455 (7.3)	1.29	446 (7.1)	1.26	1.02 (0.89–1.16)	0.80	
Limb or digit amputation	47 (0.8)	0.13	53 (0.8)	0.14	0.89 (0.60–1.31)	0.55	
Cardiovascular hospitalization	2081 (33.2)	6.98	2071 (33.0)	6.91	1.00 (0.94–1.07)	0.90	
Noncardiovascular hospitalization	2339 (37.3)	7.90	2349 (37.4)	7.93	0.99 (0.94–1.05)	0.85	
Any cancer	476 (7.6)	1.32	477 (7.6)	1.32	1.00 (0.88–1.13)	0.97	
Death from cancer	189 (3.0)	0.51	201 (3.2)	0.54	0.94 (0.77–1.15)	0.52	

0.5 1.0 2.0

← →

Insulin Glargine Standard Care
Better Better

Incidence and predictors of hypoglycaemia in type 2 diabetes – an analysis of the prospective DiaRegis registry

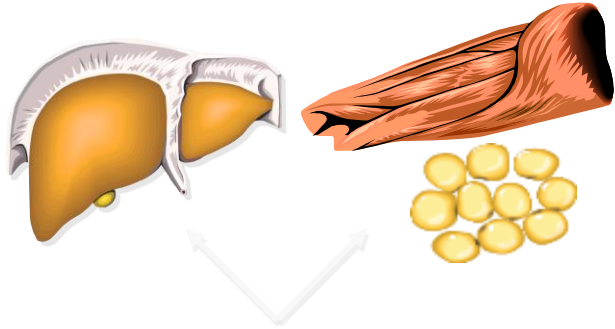
Table 1 Patient characteristics, risk factors, laboratory values

	Incident hypo 12 months FU Median (quartiles) or % (n=473)	No hypo 12 months FU Median (quartiles) or % (n=2874)	p-value / OR (95%CI)
Age (years)	66.8 (57.8-74.1)	65.9 (57.6-72.7)	0.08
Female gender (%)	43.8	47.5	0.14
Diabetes duration (years)	6.4 (3.0-10.5)	5.5 (2.9-9.2)	<0.01
Blood glucose			
HbA1c (%)	7.6 (6.8-8.8)	7.4 (6.8-8.1)	<0.0001
HbA1c ≥ 7.5%	55.9	46.2	<0.001
FPG (mg/dl)	142 (115–174)	140 (119–168)	0.83
PPG (mg/dl)	183 (156–222)	183 (155–220)	0.39
Blood glucose self measurement (%)	87.7	73.9	<0.0001
Prior smoker (%)	20.9	14.2	<0.001
Bodyweight (kg)	87 (78–98)	89 (78–100)	0.09
Coronary artery disease (%)	22.0	17.5	<0.05
Stroke / TIA (%)	5.7	4.5	0.23
PAD (%)	8.6	5.7	<0.05

Heart failure (%)	13.1	9.3	<0.05
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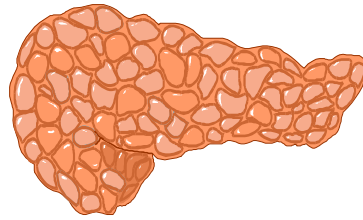
Options for Antidiabetic Treatment

Insulin Resistance



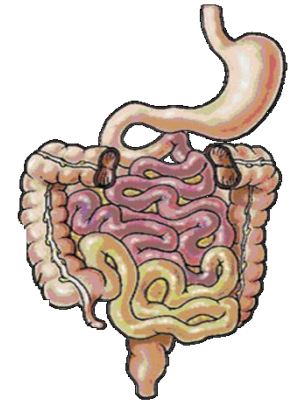
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Insulin Secretion



Glucose
independent
Sulfonylurea
Glinides
Exogenous
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Inhibition of Glucose Reabsorption



α -Glucosidase
Inhibitors
Acarbose

Comparing the risks of hospitalized heart failure associated with **glinide**, **sulfonylurea**, and **acarbose** use in type 2 diabetes.

- A significantly higher risk of HHF was found for glinide (adjusted HR, 1.53; 95% CI, 1.24-1.88)...
- ... but not for sulfonylurea (adjusted HR, 0.94; 95% CI, 0.80-1.11), as compared with acarbose
- The elevated risk remained consistent across different subgroups of patients as well as several sensitivity analyses including exploring the impact of potential unmeasured confounding.

Acarbose reduces the risk for myocardial infarction in type 2 diabetic patients: meta-analysis of seven long-term studies

Whereas a significant reduction of any cardiovascular event and of MI was found in the group of 1248 patients randomized to acarbose versus 932 patients randomized to placebo, **no significant difference was noted in terms of HF outcomes.**

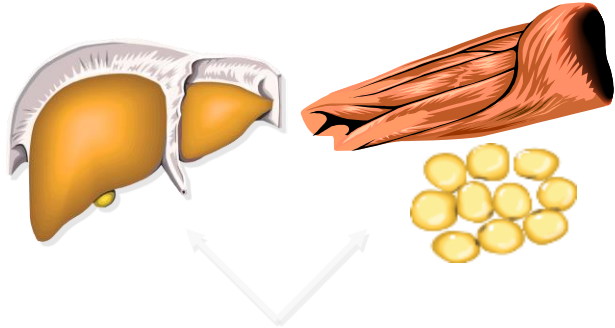
Effects of acarbose on cardiovascular and diabetes outcomes in patients with coronary heart disease and impaired glucose tolerance (ACE): a randomised, double-blind, placebo-controlled trial

RESULTS

No significant differences were seen between treatment groups for the secondary three-point composite outcome, death from any cause, cardiovascular death, fatal or non-fatal myocardial infarction, fatal or non-fatal stroke, hospital admission for unstable angina, **hospital admission for heart failure**, or impaired renal function.

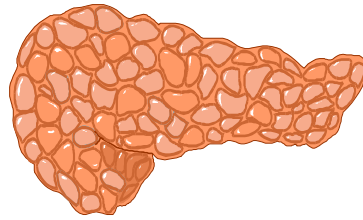
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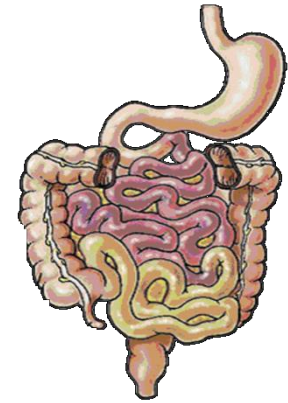


Glucose independent
Sulfonylurea
Glinides
Exogenous Insulin

Glucose dependent

DPP-4 Inhibitors
Sitagliptin, Vildagliptin,
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GLP-1 Mimetics
Exenatide, Liraglutide, Lixisenatide
Dulaglutide

Inhibition of Glucose Reabsorption



α -Glucosidase Inhibitors
Acarbose

Summary of the clinical outcomes of the recent randomized large cohort trials for DPP4 inhibitors.

Trial components	SAVOR-TIMI-53	EXAMINE	TECOS
Clinical outcomes			
CV death, nonfatal MI/ CAD	HR 1.00 (NS)	HR 1.00 (NS)	HR0.98 (NS)
Death from any cause	HR 1.11 (NS)	HR 0.88 (NS)	HR 1.01 (NS)

Summary of the clinical outcomes of the recent randomized large cohort trials for DPP4 inhibitors

	Primary outcome	Secondary outcome(s)	Heart Failure		
			Total	History of HF	No history of HF
DPP-4 inhibitors					
SAVOR-TIMI 53 [5-8]	1.00 (0.89-1.12)	1.02 (0.94-1.11)	1.27 (1.07-1.51)	1.21 (0.93-1.58)	1.32 (1.04-1.66)
EXAMINE [9-11]	0.96 (≤ 1.16) ^c	0.95 (≤ 1.14) ^c	1.07 (0.79-1.46)	1.00 (0.71-1.42)	1.76 (1.07-2.90)
TECOS [12-15]	0.98 (0.89-1.08)	0.99 (0.89-1.10)	1.00 (0.83-1.20)	1.05 (0.79-1.39)	0.96 (0.76-1.23)

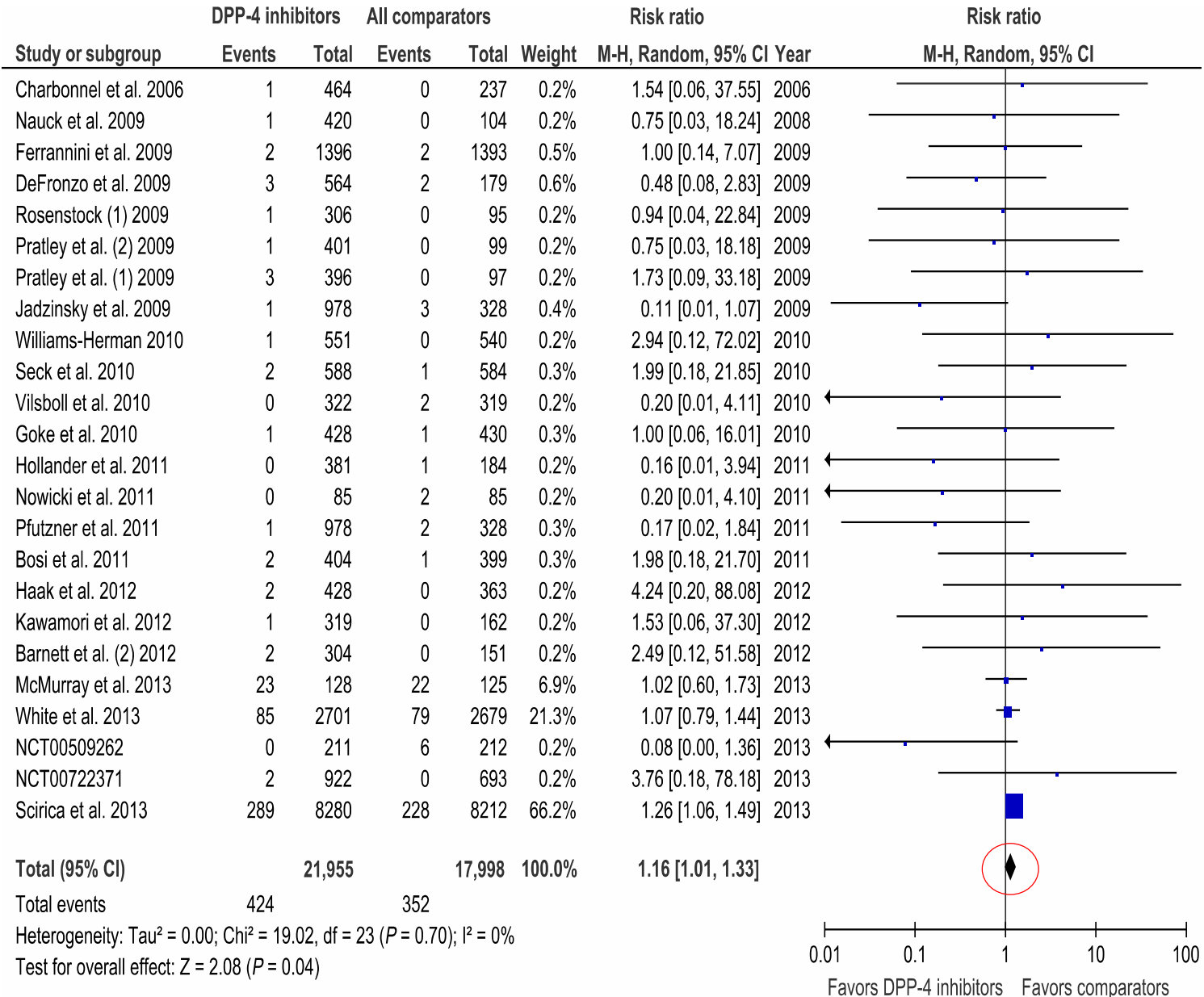
Heart Failure, Saxagliptin and Diabetes Mellitus: Observations from the SAVOR - TIMI 53 Randomized Trial.

Scirica BM, Braunwald E, Raz I, Cavender MA, Morrow DA, Jarolim P, Udell JA, Mosenzon O, Im K, Umez-Eronini AA, Pollack PS, Hirshberg B, Frederich R, Lewis BS, McGuire DK, Davidson J, Steg PG, Bhatt DL; for the SAVOR-TIMI 53 Steering Committee and Investigators

CONCLUSIONS:

- Saxagliptin treatment was associated with an increased risk for hospitalization for heart failure.
- This increase in risk was highest among patients:
 - with elevated levels of natriuretic peptides
 - prior heart failure,
 - chronic kidney disease.

Heart failure in trials of patients receiving a DPP4 inhibitor versus all comparators



BMJ Open Hospitalisation for heart failure and mortality associated with dipeptidyl peptidase 4 (DPP-4) inhibitor use in an unselected population of subjects with type 2 diabetes: a nested case-control study

Table 2 Matched ORs of different outcomes associated with exposure to DPP-4i in the 6 months before index date

	Any admission for HF		Incident HF		Re-admission for HF		All-cause mortality	
	Unadjusted OR (95% CI); p value	Adjusted OR (95% CI); p value	Unadjusted OR (95% CI); p value	Adjusted OR (95% CI); p value	Unadjusted OR (95% CI); p value	Adjusted OR (95% CI); p value	Unadjusted OR (95% CI); p value	Adjusted OR (95% CI); p value
DPP-4i use	0.99 (0.92 to 1.05); p=0.6383	1.00 (0.94 to 1.07); p=0.9832	1.01 (0.92 to 1.11); p=0.8867	1.01 (0.92 to 1.11); p=0.7808	1.01 (0.84 to 1.22); p=0.8944	1.02 (0.84 to 1.22); p=0.8745	0.93 (0.89 to 0.97); p=0.0005	0.94 (0.90 to 0.98); p=0.0021
Previous disorders or treatments								
Ischaemic heart disease (in the past 5 years)	1.36 (1.31 to 1.40); p<0.0001	1.34 (1.29 to 1.38); p<0.0001	1.09 (1.04 to 1.14); p=0.0003	1.08 (1.03 to 1.13); p=0.0014	1.03 (0.96 to 1.11); p=0.4455	1.02 (0.95 to 1.10); p=0.6067	1.11 (1.09 to 1.14); p<0.0001	1.09 (1.07 to 1.12); p<0.0001
Glimepiride or glibenclamide (in the past 6 months)	0.99 (0.96 to 1.02); p=0.3555	1.01 (0.98 to 1.04); p=0.4844	1.02 (0.98 to 1.06); p=0.3520	1.03 (0.99 to 1.08); p=0.0998	1.00 (0.92 to 1.09); p=0.9614	1.02 (0.93 to 1.11); p=0.6751	0.96 (0.95 to 0.98); p<0.0001	0.98 (0.97 to 1.00); p=0.0540
Insulin (in the past 6 months)	1.21 (1.18 to 1.24); p<0.0001	1.19 (1.17 to 1.22); p<0.0001	1.13 (1.10 to 1.17); p<0.0001	1.13 (1.10 to 1.17); p<0.0001	1.12 (1.06 to 1.19); p=0.0001	1.12 (1.06 to 1.19); p=0.0002	1.20 (1.19 to 1.22); p<0.0001	1.20 (1.18 to 1.21); p<0.0001

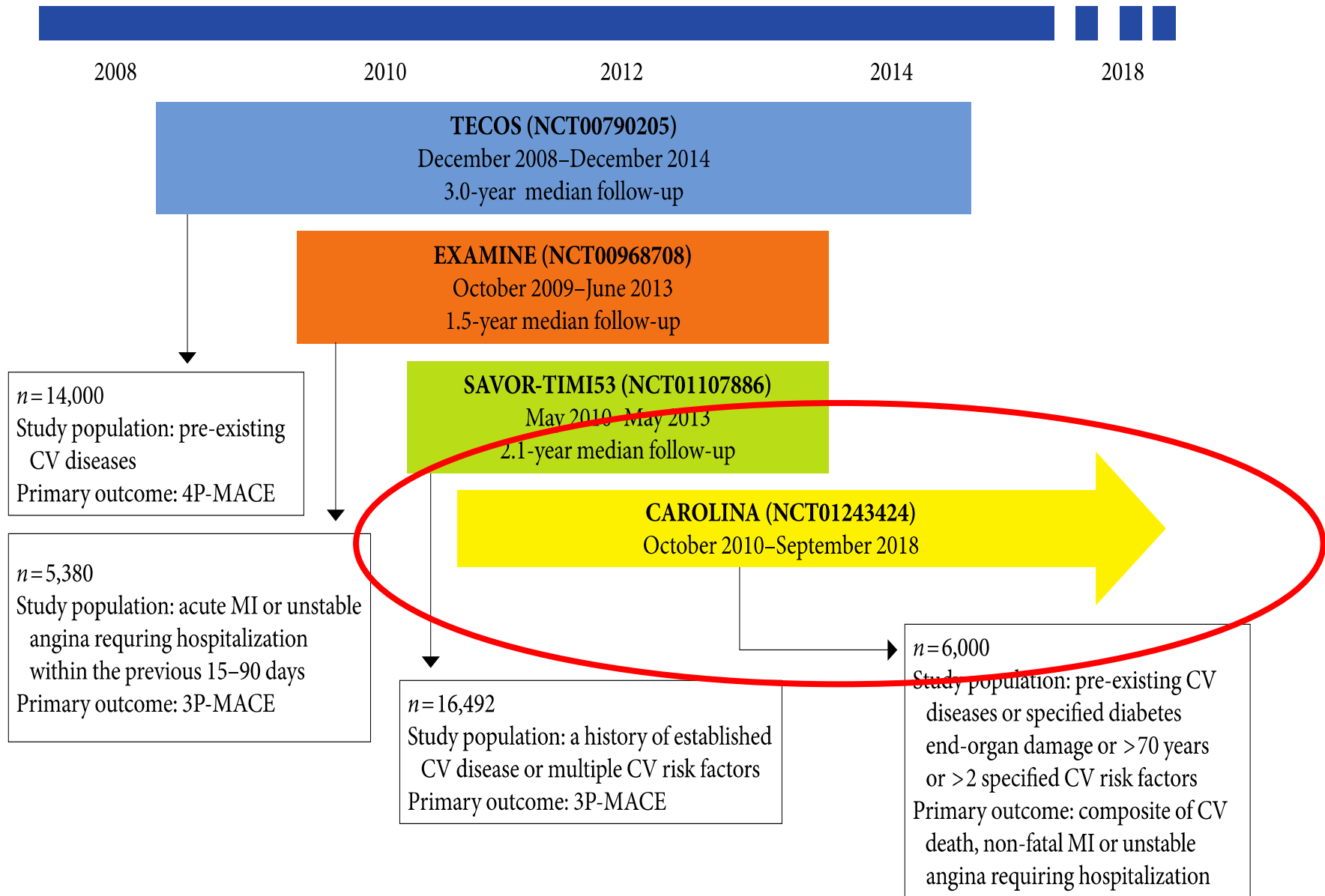
HF, heart failure.

Risk of hospitalization for heart failure in patients with type 2 diabetes newly treated with DPP-4 inhibitors or other oral glucose-lowering medications: a retrospective registry study on 127,555 patients from the Nationwide OsMed Health-DB Database

Gian Paolo Fadini¹, Angelo Avogaro^{1*}, Luca Degli Esposti², Pierluigi Russo³, Stefania Saragoni², Stefano Buda², Giuseppe Rosano^{3,4,5}, Sergio Pecorelli^{3,6}, and Luca Pani³, on behalf of the OsMed Health-DB Network[†]

Table 4 Results of the Cox proportional hazard multiple regression analysis in the whole study population including hospitalization episodes with a primary or secondary HF diagnosis

Variable	Before propensity matching		After propensity matching	
	HR (95% CI)	P-value	HR (95% CI)	P-value
Glucose-lowering medications				
Sulphonylureas (reference)	1.000		1.000	
Glitazones	0.926 (0.807–1.063)	0.277	0.777 (0.635–0.950)	0.014
DPP-4 inhibitors	0.751 (0.630–0.895)	0.001	0.642 (0.510–0.808)	<0.001

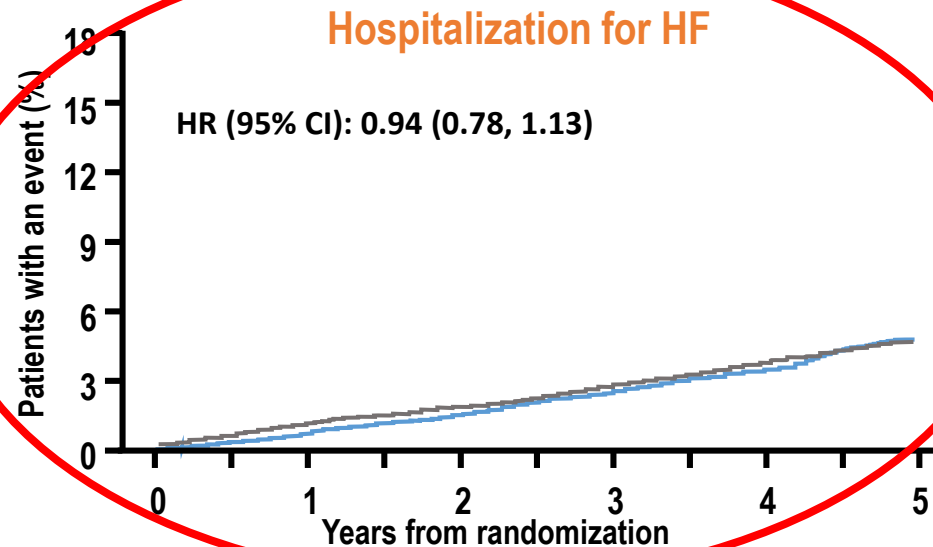
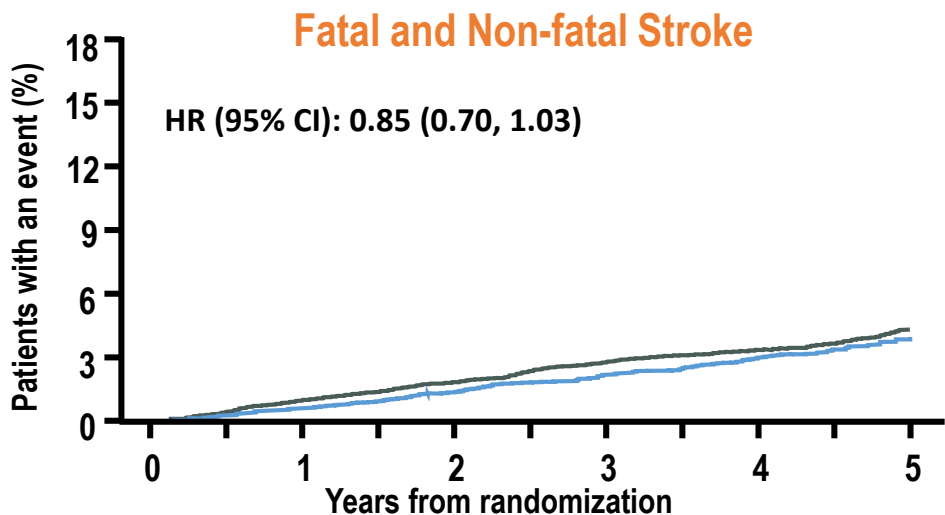
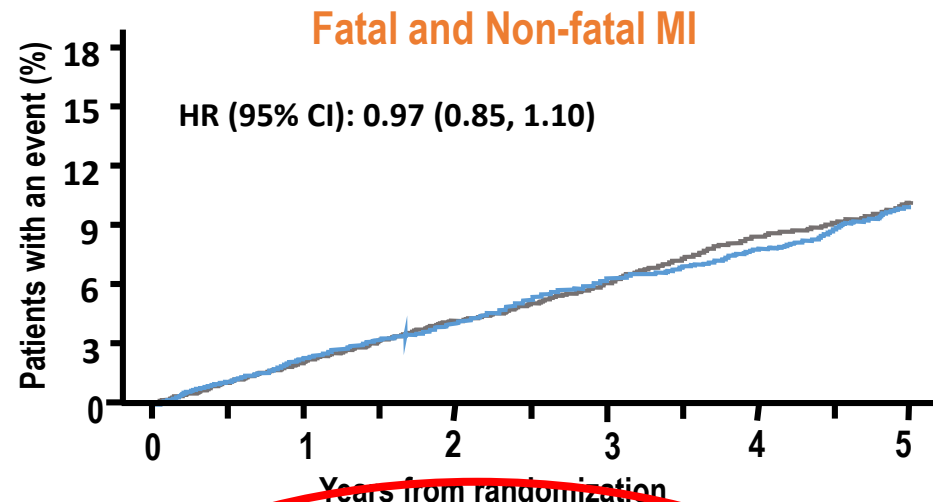
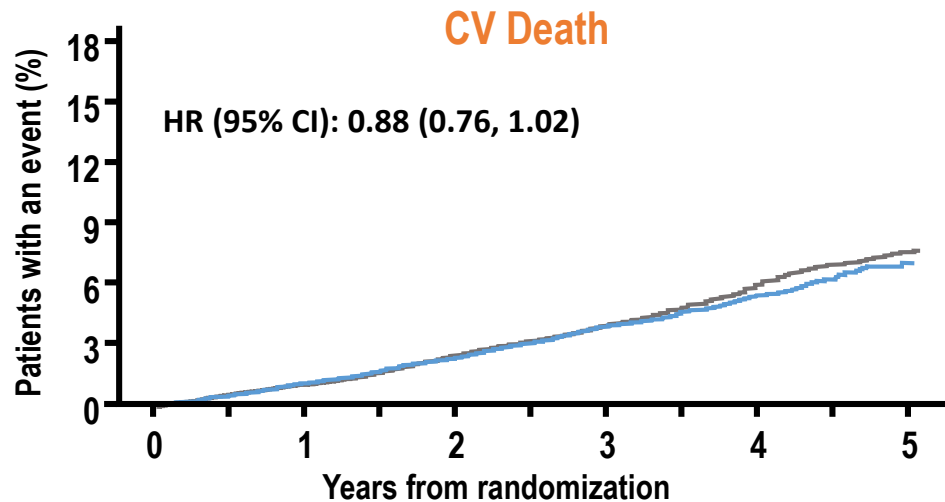


Summary of the clinical outcomes of the recent randomized large cohort trials for GLP-1 agonists

	Primary outcome	Secondary outcome(s)	Heart Failure		
			Total	History of HF	No history of HF
GLP-1 agonists					
ELIXA [22,23]	1.02 (0.89–1.17)	1) 0.97 (0.85–1.10) 2) 1.00 (0.90–1.11)	0.96 (0.75–1.23)	0.93 (0.66–1.30)	0.97 (0.67–1.40)
LEADER [24,25]	0.87 (0.78–0.97)	0.88 (0.81–0.96)	0.87 (0.73–1.05)	Not reported	Not reported
SUSTAIN-6 [26]	0.74 (0.58–0.95)	1) 0.74 (0.62–0.89) 2) 0.77 (0.61–0.97)	1.11 (0.77–1.61)	Not reported	Not reported

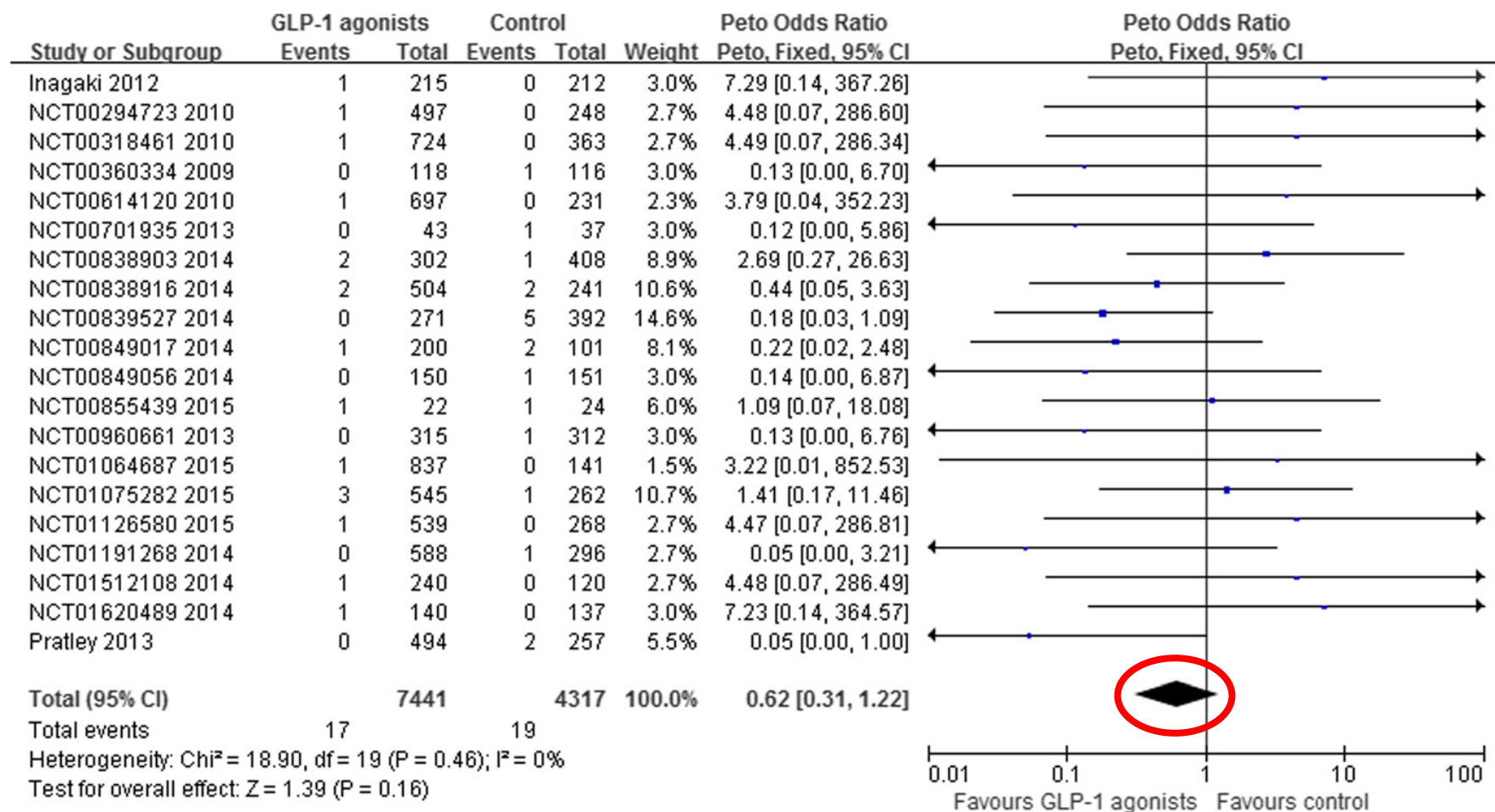
EXSCEL Study: Additional Secondary Endpoints

EQW Placebo



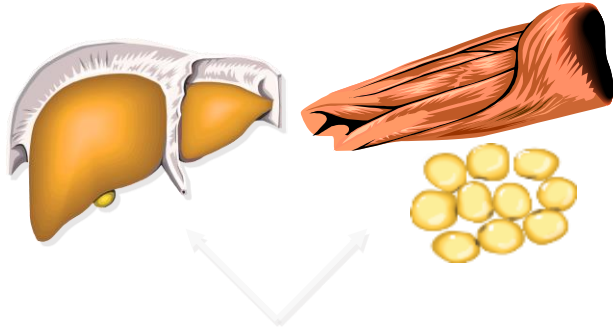


Glucagon-like peptide-1 receptor agonists and heart failure in type 2 diabetes: systematic review and meta-analysis of randomized and observational studies



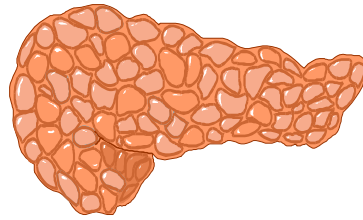
Options for Antidiabetic Treatment

Insulin Resistance



Metformin
Pioglitazone

Insulin Secretion



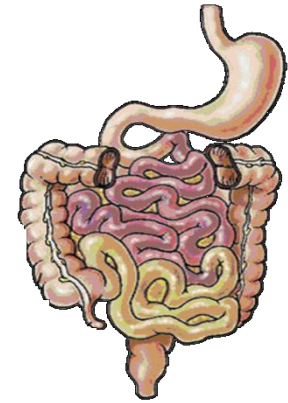
Glucose
independent

Sulfonylurea
Glinides
Exogenous
Insulin

Glucose
dependent

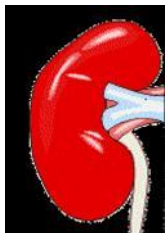
DPP-4 Inhibitors
Sitagliptin, Vildagliptin,
Saxagliptin, Linagliptin, Alogliptin
GLP-1 Mimetics
Exenatide, Liraglutide, Lixisenatide
Dulaglutide

Inhibition of Glucose Reabsorption



α -Glucosidase
Inhibitors
Acarbose

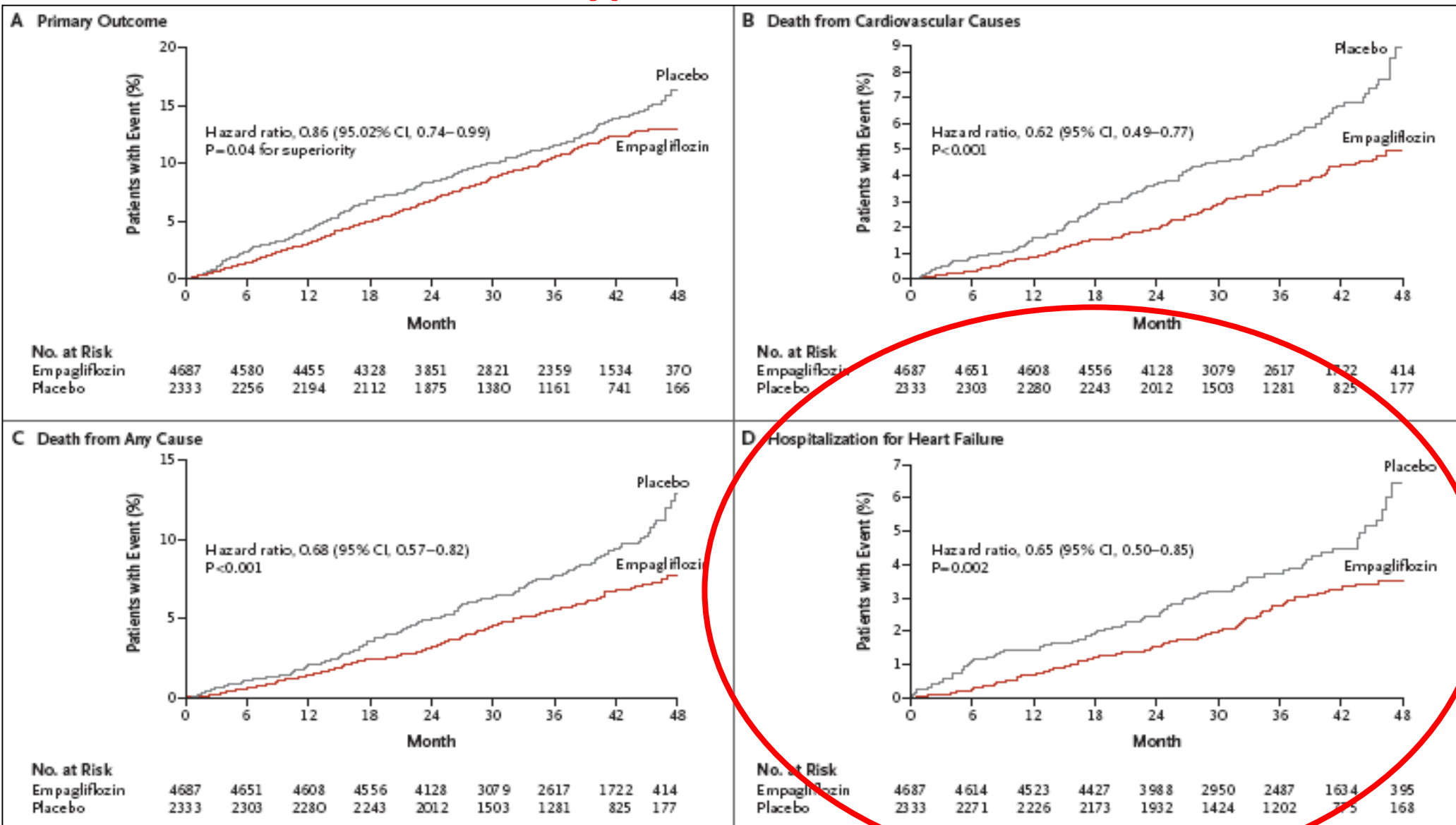
Inhibition of Renal Glucose Reabsorption



SGLT2-Inhibitors

Dapagliflozin, Canagliflozin, Empagliflozin

Empagliflozin, Cardiovascular Outcomes, and Mortality in Type 2 Diabetes



Heart failure outcomes with empagliflozin in patients with type 2 diabetes at high cardiovascular risk: results of the EMPA-REG OUTCOME[™] trial

David Fitchett^{1*}, Bernard Zinman^{2,3}, Christoph Wanner⁴, John M. Lachin⁵, Stefan Hantel⁶, Afshin Salsali⁷, Odd Erik Johansen⁸, Hans-Joerg Woerle⁹, Uli C. Broedl⁹, and Silvio E. Inzucchi¹⁰, on behalf of the EMPA-REG OUTCOME[™] trial investigators

Table 1 Heart failure outcomes and all-cause hospitalization

Outcome	Placebo (N = 2333)		Empagliflozin (N = 4687)		HR (95% CI)	P-value
	n (%)	Rate/1000 patient-years	n (%)	Rate/1000 patient-years		
Heart failure hospitalization or cardiovascular death	198 (8.5)	30.1	265 (5.7)	19.7	0.66 (0.55–0.79)	<0.001
Hospitalization for or death from heart failure	104 (4.5)	15.8	129 (2.8)	9.6	0.61 (0.47–0.79)	<0.001
Hospitalization for heart failure	95 (4.1)	14.5	126 (2.7)	9.4	0.65 (0.50–0.85)	0.002
Investigator-reported heart failure ^a	143 (6.1)	22.0	204 (4.4)	15.3	0.70 (0.56–0.87)	0.001
Investigator-reported serious heart failure ^{a,b}	136 (5.8)	20.9	192 (4.1)	14.4	0.69 (0.55–0.86)	0.001
All-cause hospitalization	925 (39.6)	183.3	1725 (36.8)	161.9	0.89 (0.82–0.96)	0.003

CI, confidence interval; HR, hazard ratio; MedDRA, Medical Dictionary for Regulatory Activities.

^aBased on narrow standardized MedDRA query 'cardiac failure', which comprised these preferred terms: acute pulmonary oedema; cardiac failure; cardiac failure, acute; cardiac failure, chronic; cardiac failure, congestive; cardiogenic shock; cardiopulmonary failure; left ventricular failure; pulmonary oedema; right ventricular failure.

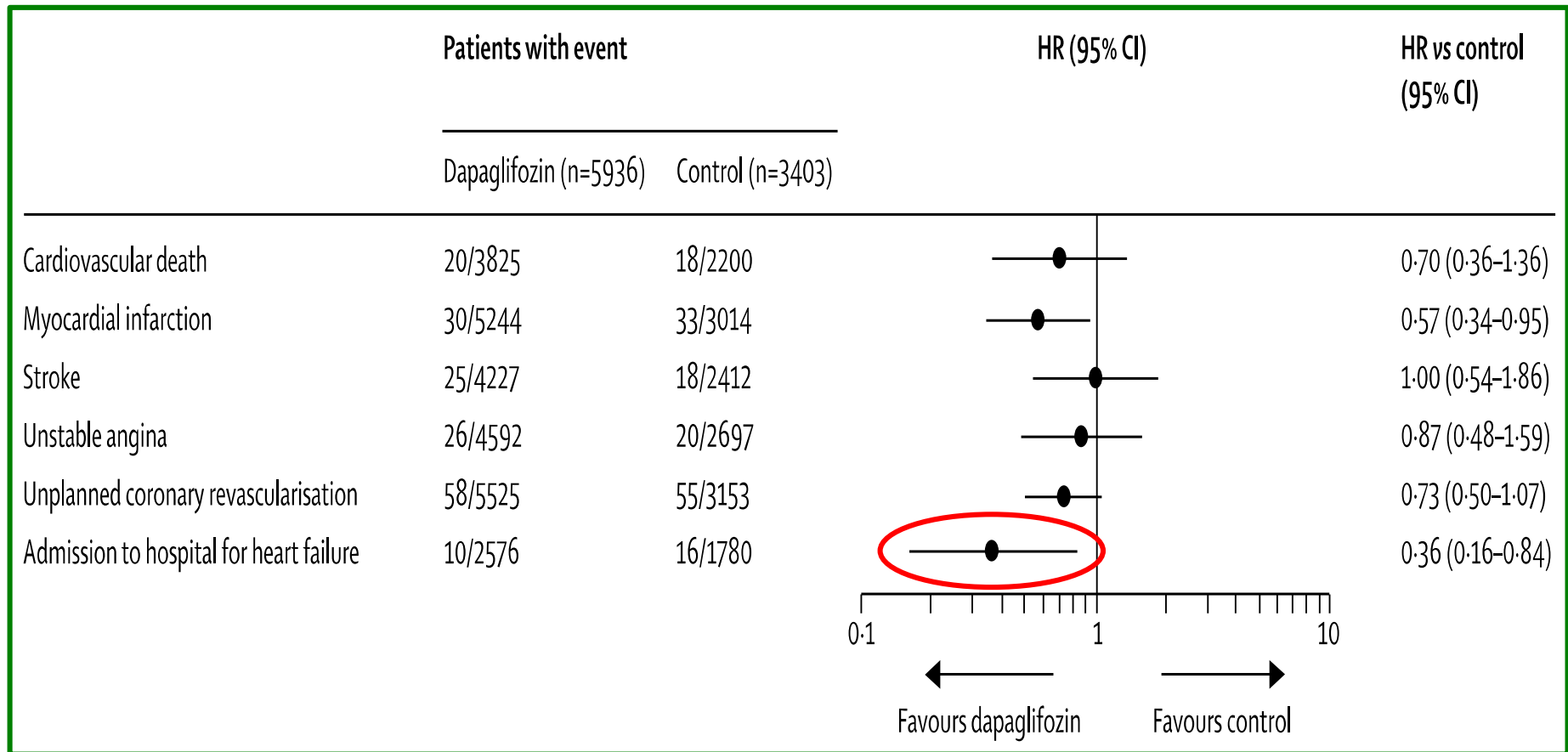
^bAdverse events reported as serious adverse events by investigator. Patients treated with at least one dose of study drug.

Heart failure in diabetes: effects of anti-hyperglycaemic drug therapy

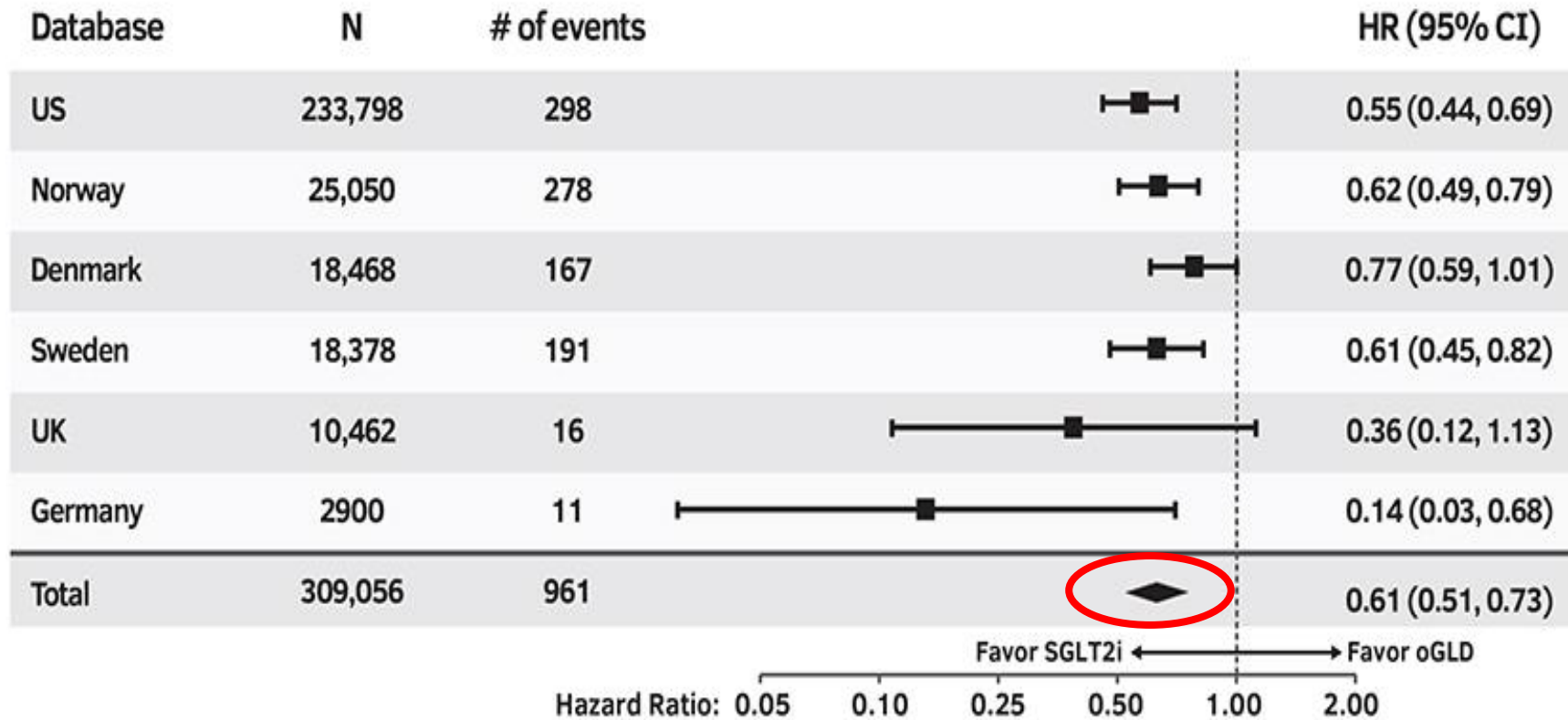


Lancet 2015; 385: 2107-17

Richard E Gilbert, Henry Krum



The CVD-REAL Study: Hospitalization for heart failure primary analysis



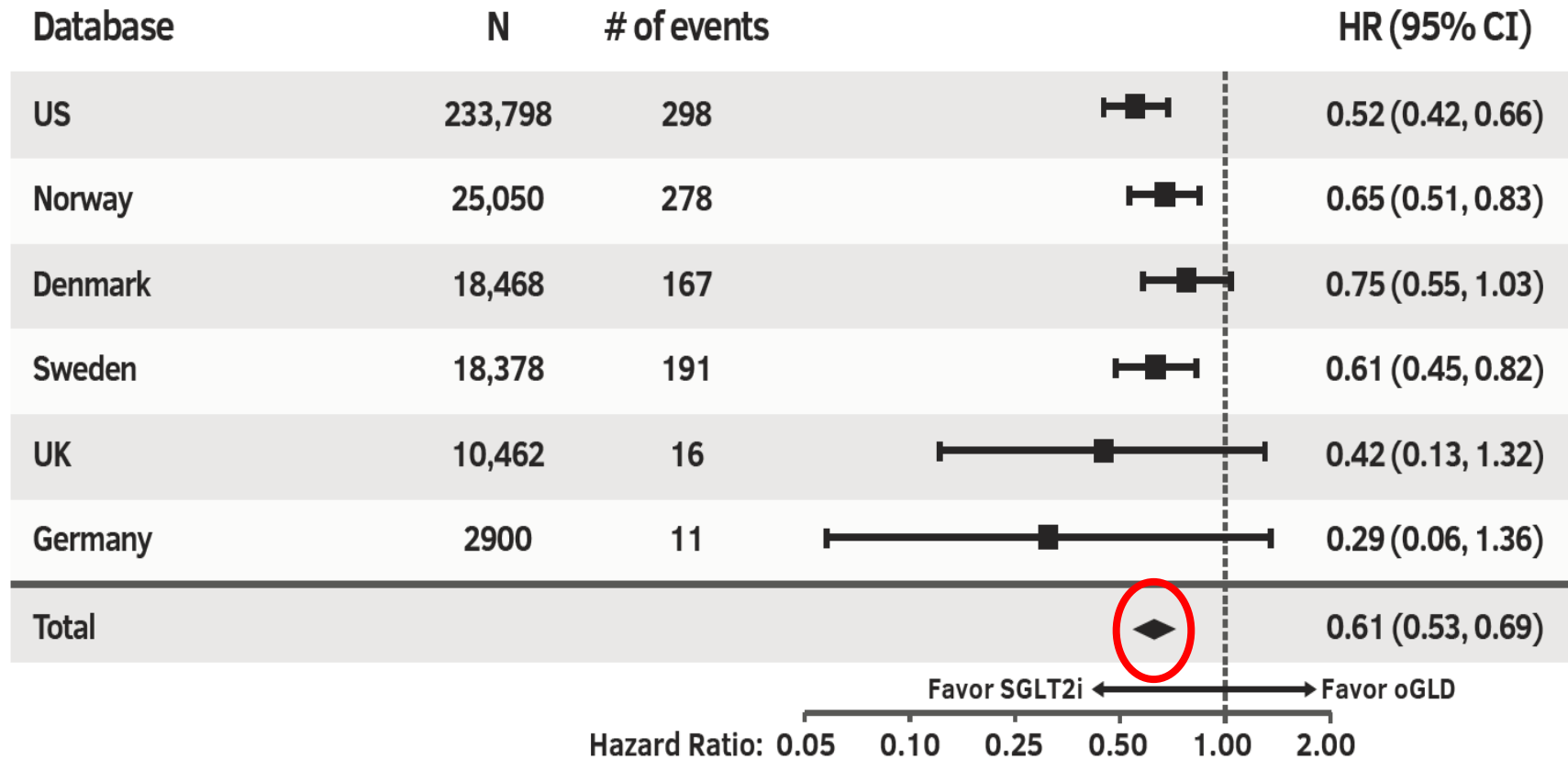
Heterogeneity p-value: 0.169

P-value for SGLT2 inhibitor vs other glucose-lowering drug: <0.001

Data are on treatment, unadjusted.

The CVD-REAL Study

Hospitalization for heart failure sensitivity analysis: On treatment, adjusted*



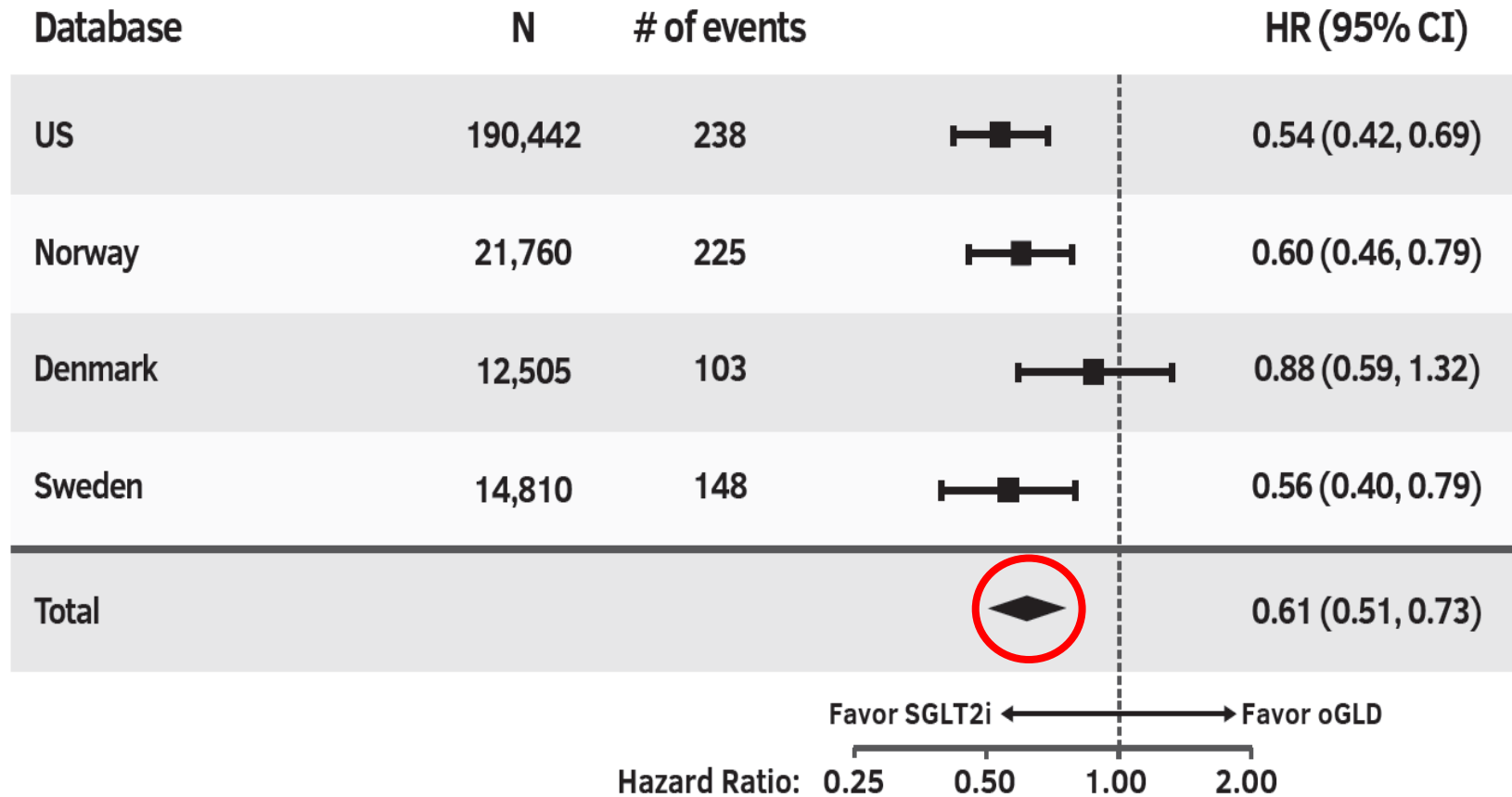
P-value for SGLT2i vs other glucose-lowering drug: <0.001

Heterogeneity p-value: 0.440

*Model adjusted for history of heart failure, age, gender, frailty, history of myocardial infarction, history of atrial fibrillation, hypertension, obesity / body mass index, duration of diabetes, ACE inhibitor or ARB use; β -blocker or α -blocker use, Ca⁺-channel blocker use, loop diuretic use, thiazide diuretic use

The CVD-REAL Study

Hospitalization for heart failure sensitivity analysis: Removal of patients with GLP-1 receptor agonists at baseline



P-value for SGLT2i vs other glucose-lowering drug: <0.001

Heterogeneity p-value: 0.229

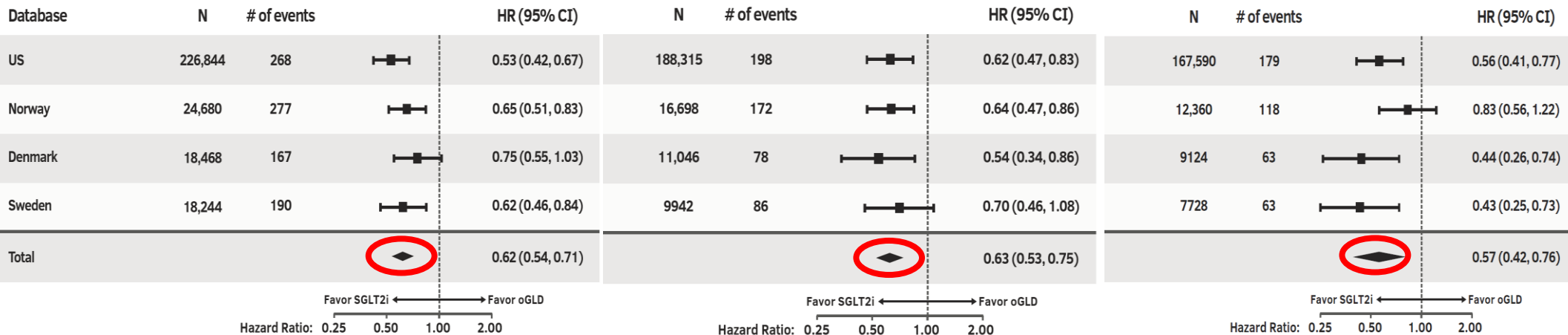
The CVD-REAL Study

Hospitalization for heart failure: Stepwise removal of other glucose-lowering drugs

TZD removed

TZD and insulin removed

TZD, insulin and SU removed



Heterogeneity p-value: 0.357

Heterogeneity p-value: 0.879

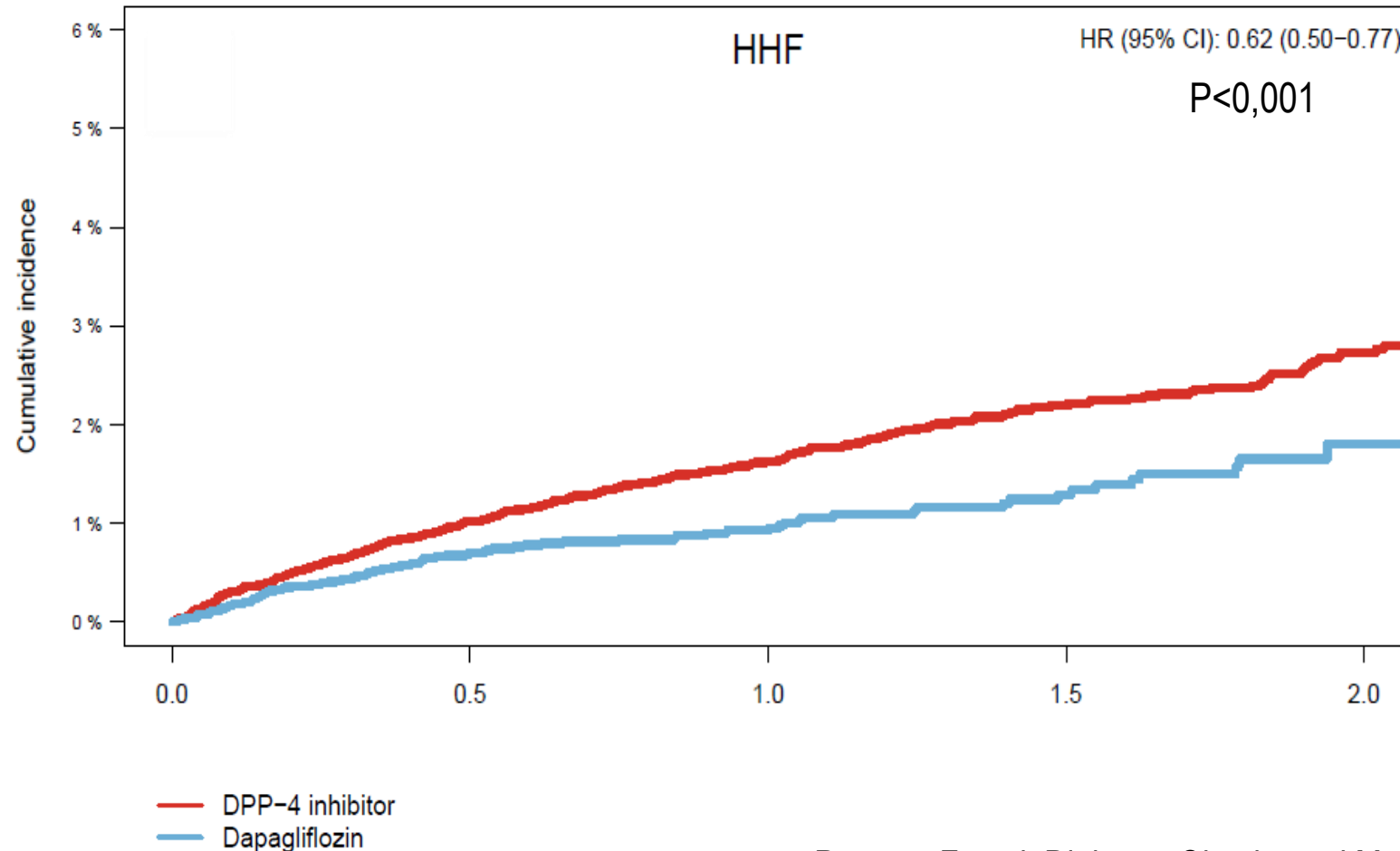
Heterogeneity p-value: 0.133

P-value for SGLT2i vs other glucose-lowering drug: <0.001 for all

CVD-REAL Nordic

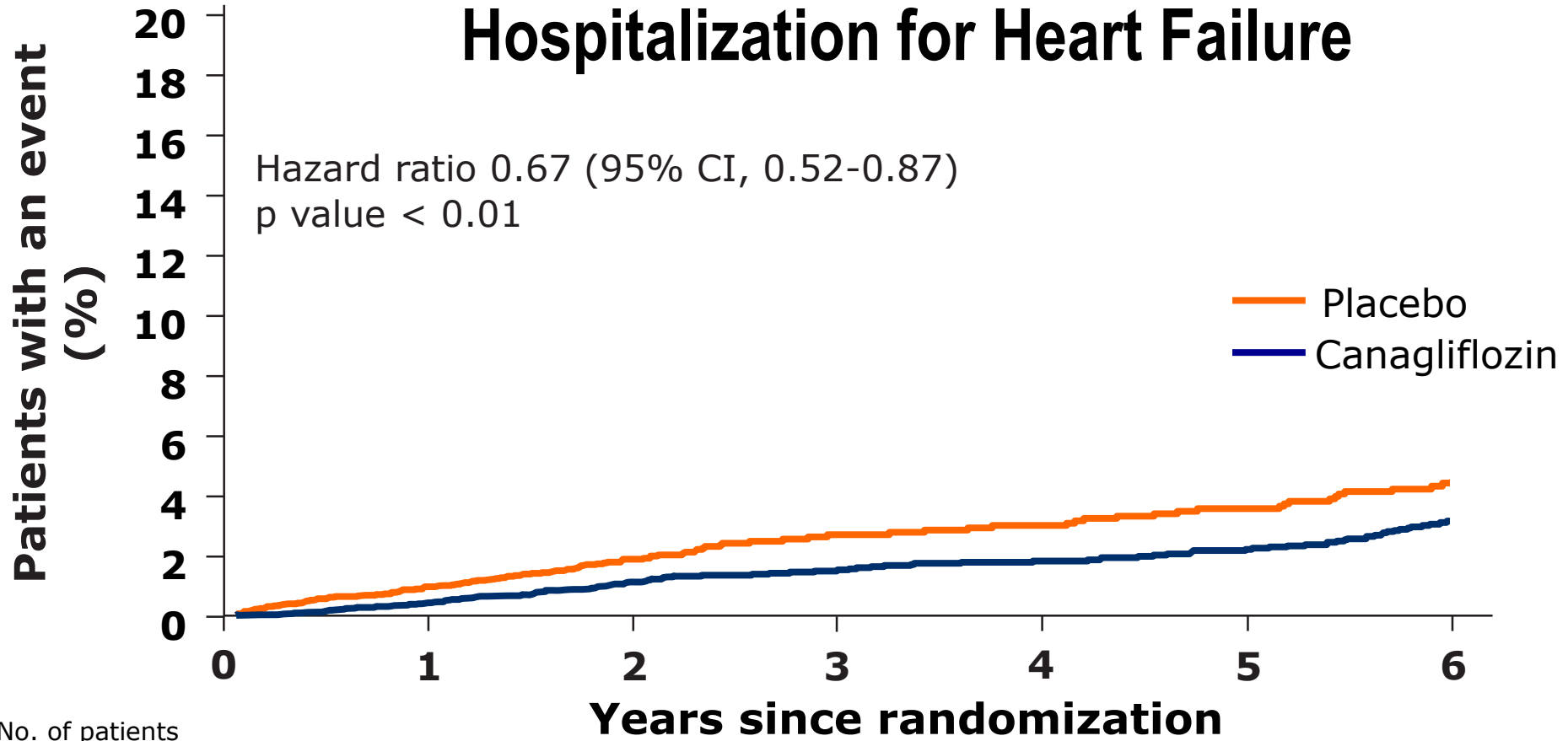
Dapagliflozin Compared to DPP-4 inhibitors

Pooled Kaplan–Meier curves for HHF



Canagliflozin and Cardiovascular and Renal Events in Type 2 Diabetes

Hospitalization for Heart Failure



No. of patients

Placebo	4347	4198	3011	1274	1236	1180	829
Canagliflozin	5795	5653	4437	2643	2572	2498	1782

Heart failure outcomes in clinical trials of glucose-lowering agents in patients with diabetes

David H. Fitchett^{1*}, Jacob A. Udell², and Silvio E. Inzucchi³

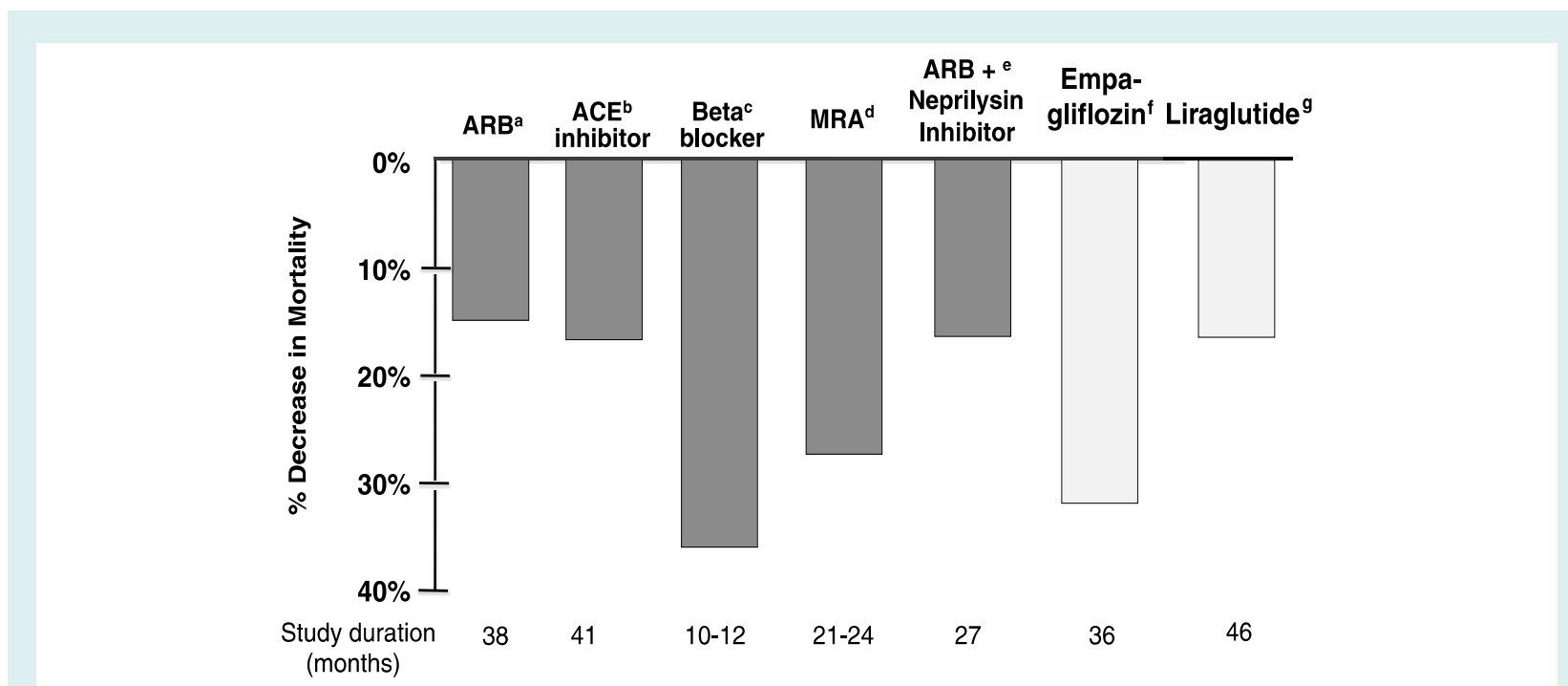


Figure 5 Comparison of all-cause mortality reduction observed in heart failure trials with the EMPA-REG OUTCOME and LEADER cardiovascular outcome trials in patients with diabetes. ^aSOLVD Treatment⁶⁹, ^bCHARM Alternative⁷⁰, ^cCOPERNICUS⁷¹ and MERIT-HF⁷², ^dRALES⁷³ and EMPHASIS-HF⁷⁴, ^ePARADIGM⁷⁵, ^fEMPA-REG OUTCOME⁶⁵, ^gLEADER.⁵¹

2016 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure

The Task Force for the diagnosis and treatment of acute and chronic heart failure of the European Society of Cardiology (ESC)

Recommendations to prevent or delay the development of overt heart failure or prevent death before the onset of symptoms

Recommendations	Class ^a	Level ^b	Ref ^c
Treatment of hypertension is recommended to prevent or delay the onset of HF and prolong life.	I	A	126, 129, 150, 151
Treatment with statins is recommended in patients with or at high-risk of CAD whether or not they have LV systolic dysfunction, in order to prevent or delay the onset of HF and prolong life.	I	A	137–140, 152
Counselling and treatment for smoking cessation and alcohol intake reduction is recommended for people who smoke or who consume excess alcohol in order to prevent or delay the onset of HF.	I	C	131–134
Treating other risk factors of HF (e.g. obesity, dysglycaemia) should be considered in order to prevent or delay the onset of HF.	IIa	C	130, 141, 153–155
Empagliflozin should be considered in patients with type 2 diabetes in order to prevent or delay the onset of HF and prolong life.	IIa	B	130
ACE-I is recommended in patients with asymptomatic LV systolic dysfunction and a history of myocardial infarction in order to prevent or delay the onset of HF and prolong life.	I	A	5, 144, 145
ACE-I is recommended in patients with asymptomatic LV systolic dysfunction without a history of myocardial infarction, in order to prevent or delay the onset of HF.	I	B	5
ACE-I should be considered in patients with stable CAD even if they do not have LV systolic dysfunction, in order to prevent or delay the onset of HF.	IIa	A	142
Beta-blocker is recommended in patients with asymptomatic LV systolic dysfunction and a history of myocardial infarction, in order to prevent or delay the onset of HF or prolong life.	I	B	146
ICD is recommended in patients: a) with asymptomatic LV systolic dysfunction (LVEF ≤30%) of ischaemic origin, who are at least 40 days after acute myocardial infarction, b) with asymptomatic non-ischaemic dilated cardiomyopathy (LVEF ≤30%), who receive OMT therapy, in order to prevent sudden death and prolong life.	I	B	149, 156–158

Impact of glucose-lowering drugs on major adverse CV outcome, and HF hospitalization

	MACE outcome	HF Outcome	Use in HF
Insulin	↔	↔	✓
Metformin	↔	↔	✓
SU	?↔	?↔	✓
TZD	Rosiglitazone ↔	↑	✗
	Pioglitazone ↓		
GLP-1 A	Lixisenatide ↔	↔	✓
	Liraglutide ↓		
DPP4-i	↔	Saxagliptin ↑	Caution
		Alogliptin ↑ns	Caution
		Sitagliptin ↔	✓
SGLT2-i	↓	↓	✓

↔ Unchanged, ↓ Decreased, ↑ Increased.

DPP4-i, dipeptidyl peptidase 4 inhibitor; GLP-1 A, glucagon-like peptide 1 agonist; HF, heart failure; MACE, major adverse cardiac event; SGLT2-i, sodium–glucose co-transporter 2 inhibitor; SU, sulphonylurea; TZD, thiazolidinedione.