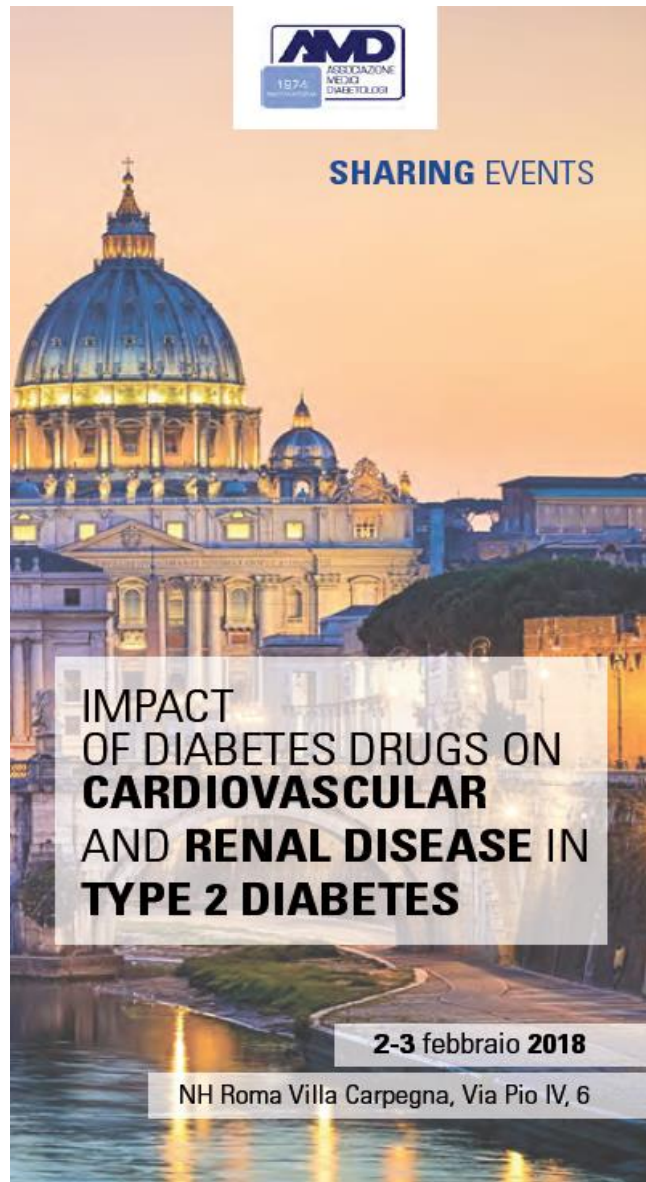


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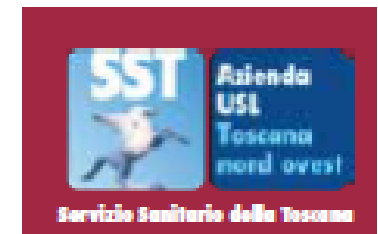


I DPP4-i: oltre la sicurezza CV

Graziano Di Cianni

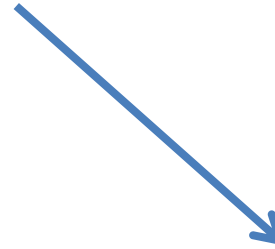
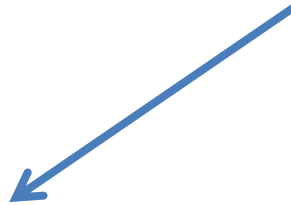
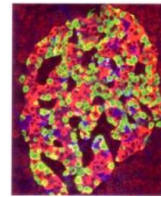
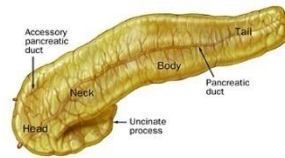
**UOC Diabetologia e Mal
Metabolismo**

ASL Toscana Nordovest

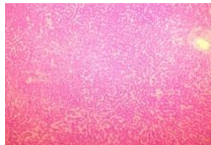




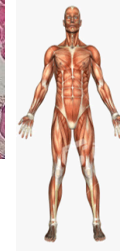
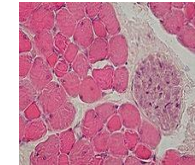
Fisiopatologia del DM2 anni 80-90 “il triumvirato”



Pancreas endocrino
Ridotta secrezione insulinica



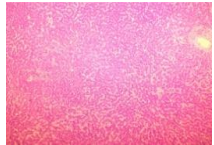
Fegato
Aumentata
produzione di
glucosio



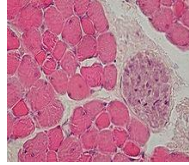
Muscolo scheletrico
Ridotta utilizzazione di glucosio
(trasporto, deposito, ossidazione)

Diabete tipo 2: patogenesi sistemica

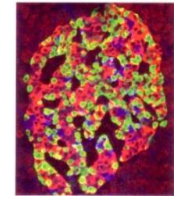
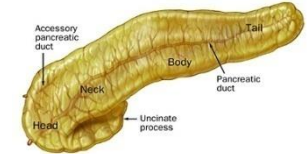
“ottetto minaccioso”



Fegato
Aumentata
produzione di
glucosio

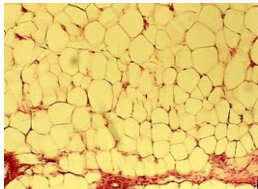


Muscolo scheletrico
Ridotta utilizzazione di glucosio
(trasporto, deposito, ossidazione)



Pancreas endocrino
Ridotta secrezione insulinica
Aumentata secrezione di
glucagone

Iperglicemia



Tessuto adiposo
Rilascio di molecole
diabetogene



Intestino
Ridotto effetto
incretinico



Rene
Aumentato riassorbimento
di glucosio



Cervello
Alterato controllo metabolico



Physiology of the Incretin System

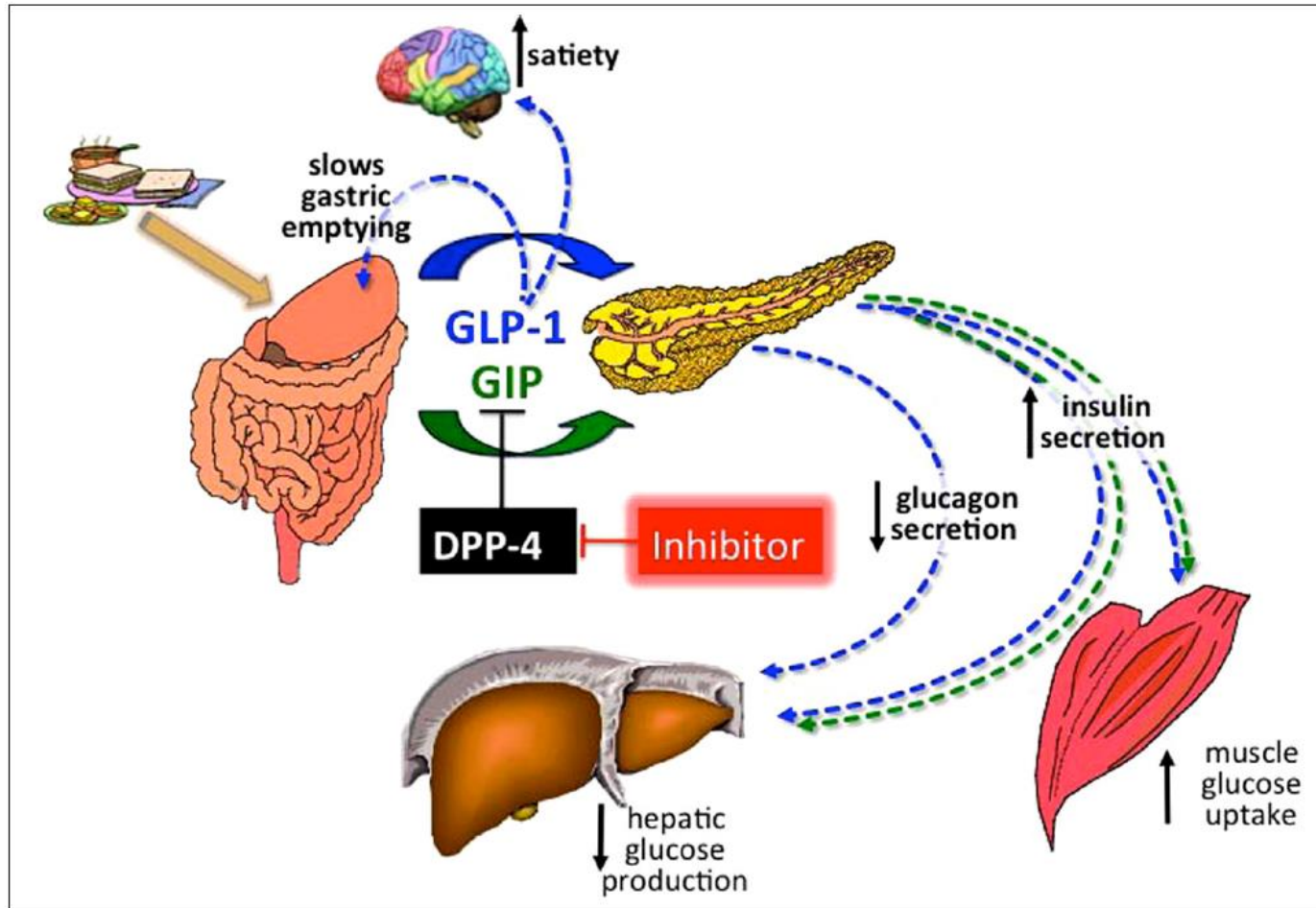
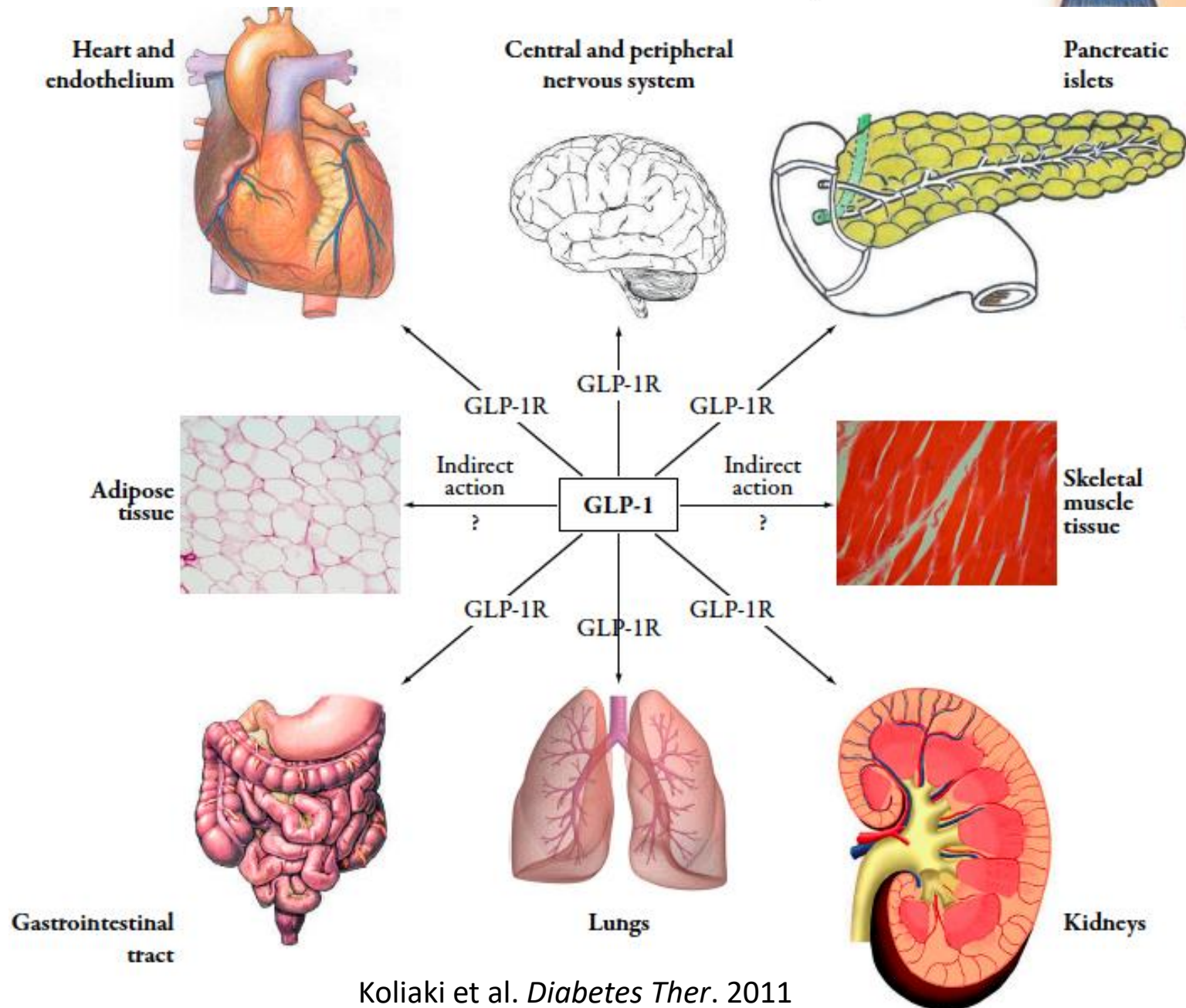
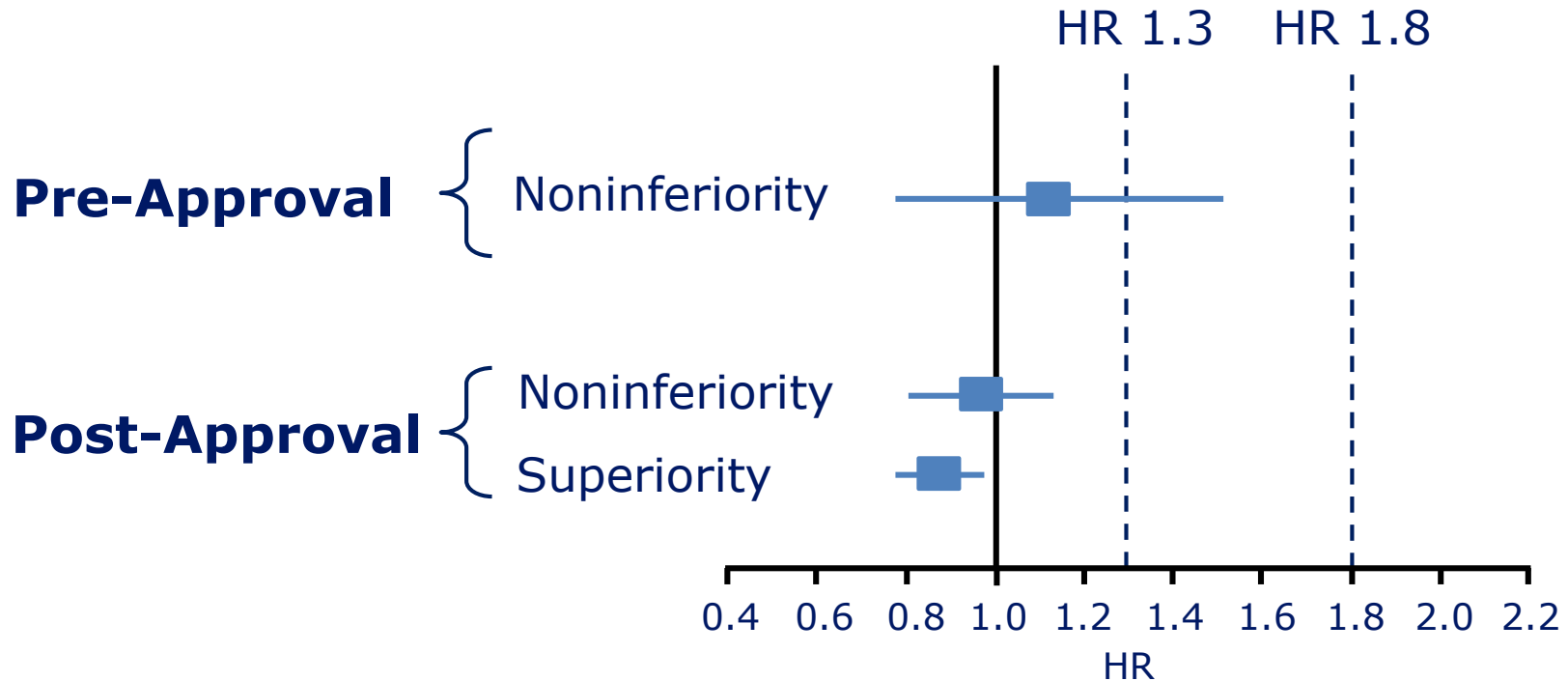


Figure 1. Physiology of the incretin system. After meal ingestion, as blood glucose levels rise, neuroendocrine cells of the intestine





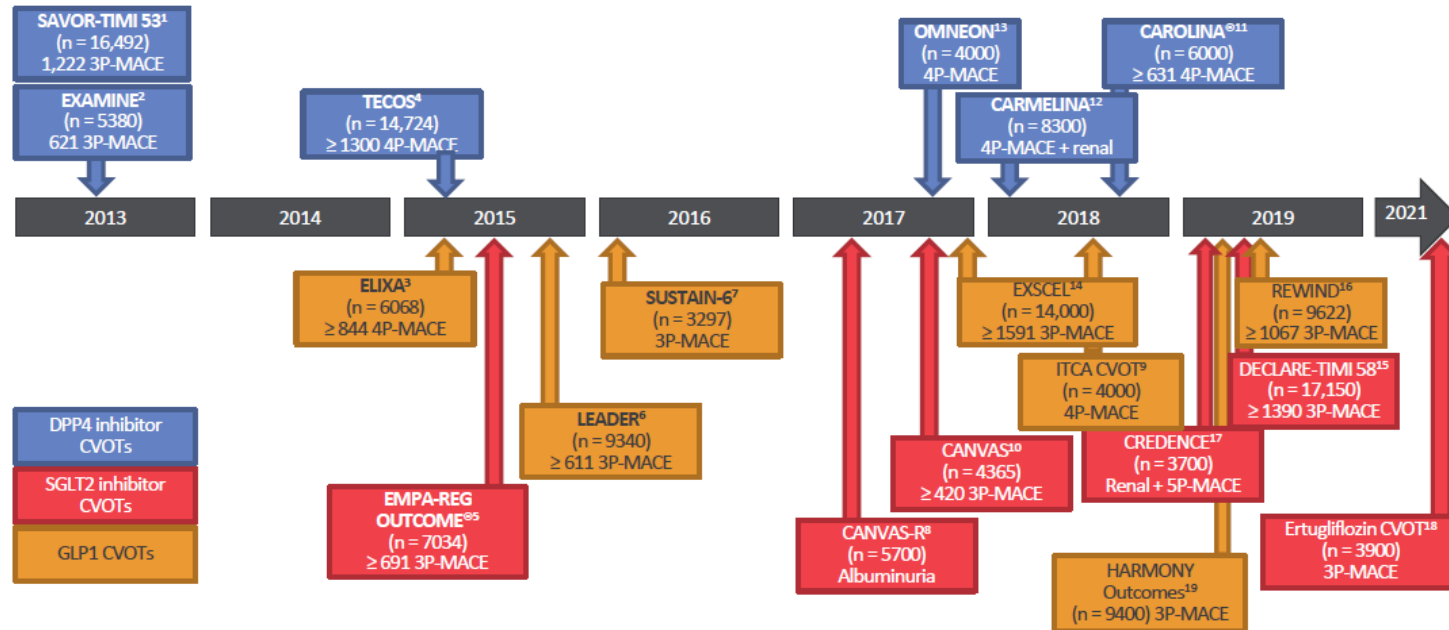
FDA Criteria for Assessing CV Risk



Adequately powered for non inferiority



CV safety trials are being conducted for each compound within the newer classes



Timings represent estimated completion dates as per ClinicalTrials.gov.

Adapted from Johansen. World J Diabetes 2015;6:1092–96. (references 1–19 expanded in slide notes)

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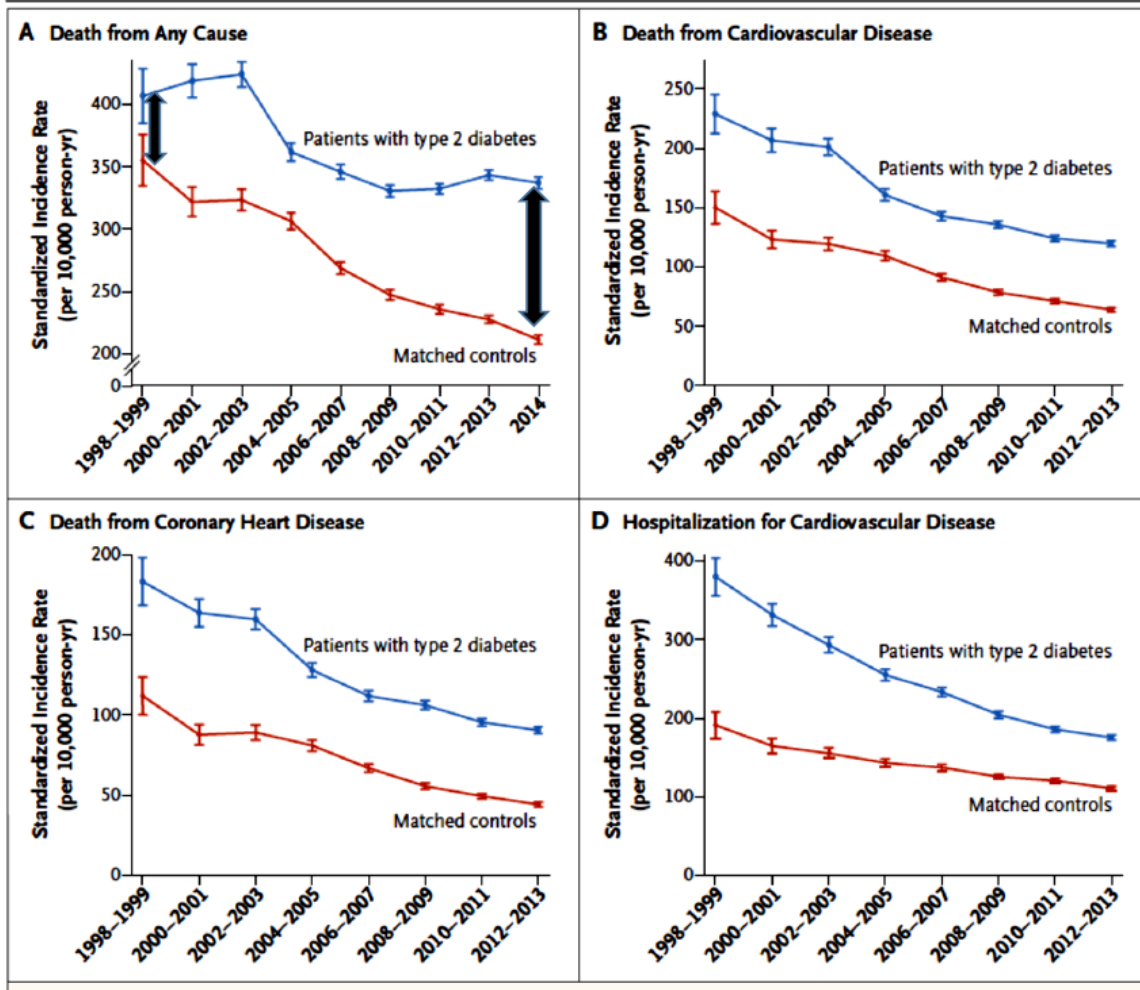


Incretins and CV Outcomes in T2DM Trials Recently Completed or Ongoing

Trial Name	Drug	Target Enrollment	Timing*
DPP-4 Inhibitors			
SAVOR	Saxagliptin	N=16,492	Began 2010; Complete
EXAMINE	Alogliptin	N=5384	Began 2009; Complete
TECOS	Sitagliptin	N=14,000	Began 2008; Complete
CAROLINA	Linagliptin	N=6000	Began 2010; Ending 2018
CARMELINA	Linagliptin	N=8300	Began 2013; Ending 2018
GLP-1 Agonists			
ELIXA	Lixisenatide	N=6000	Began 2010; Completing 2014
EXSCEL	Exenatide	N=9500	Began 2010; Ending 2017
LEADER	Liraglutide	N=9340	Began 2010; Completing 2016
REWIND	Dulaglutide	N=9622	Began 2011; Ending 2019
SUSTAIN 6	Semaglutide	N=3260	Began 2013; Ending 2016



Major CV Outcomes in Patients with Type 2 Diabetes and Matched Controls



1998 - 2014

• HbA1c: **7.7% - 7.2%**

• LDL: **3.1 mmol/L - 2.7 mmol/L**

• Statins: **12% - 60%**

• RR syst: **148 mmHg - 136 mmHg**

• Antihypertensive: **50 - 75%**

Rawshani et al. N Engl J Med 2017;376:1407-18.

Effects of Glucose Lowering Drugs on the Combined Endpoint CV Mortality, Nonfatal Myocardial Infarction and Stroke

Fiora, 13th Maio 2018



Study	Antidiabetic drug	HR	P value
SAVOR*	Saxagliptin	1.00 (CI 0.89-1.12)	NS
EXAMINE	Alogliptin	0.96 (CI 0.80-1.15)	NS
ELIXA	Lixisenatide	1.02 (CI 0.89-1.17)	NS
TECOS	Sitagliptin	0.98 (CI 0.89-1.08)	NS
LEADER	Liraglutide	0.87 (CI 0.78-0.97)	0.01

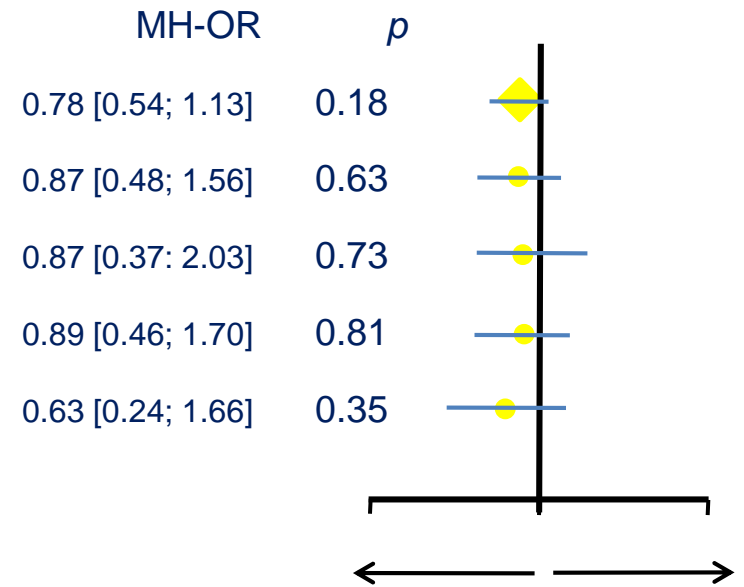
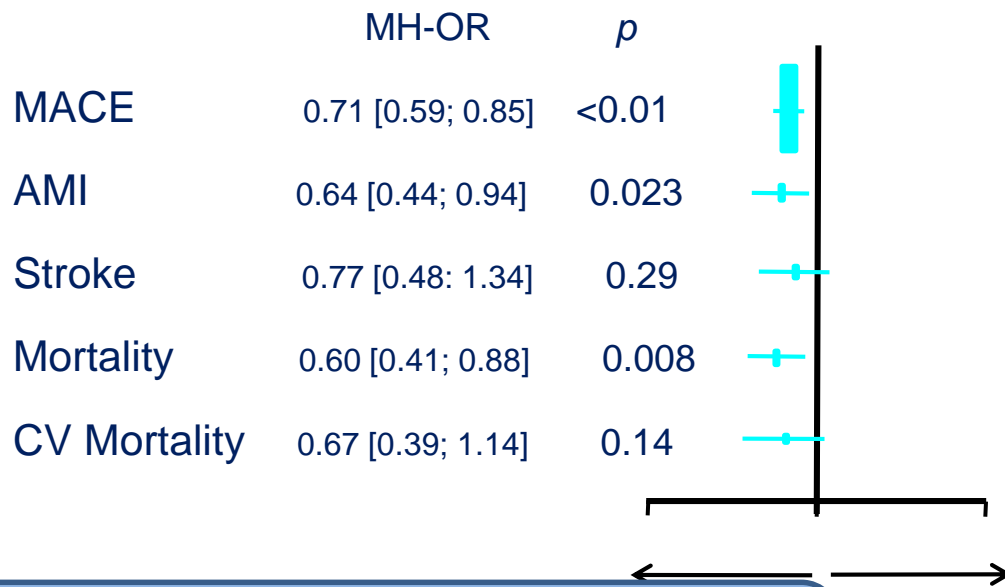
*Hospitalization for HF $p < 0.007$



Incretin-Based Therapies Do Not Appear to Increase Cardiovascular Risk in T2DM (Meta-Analyses of Individual Clinical Trials)

DPP-4 inhibitor vs comparators

GLP-1 agonists vs comparators



Caution required
 Small numbers of events
 Cannot compare effects of the 2 drug classes due to differences in trial designs

Roma, 2–3 febbraio 2018

CV TRIALS - RESULTS



DPP-4 inhibitors

DPP-4 inhibitors' effect on CV risk is neutral; however, doubts persist about heart failure (HF)¹⁻³

GLP-1 receptor agonists

GLP-1 receptor agonists seem to have mixed effects on CV outcomes — lixisenatide vs liraglutide and semaglutide⁴⁻⁶

SGLT2 inhibitors

First results that demonstrate cardio-protective effects of empagliflozin in patients with CVD⁷

'Class effects' cannot be assumed from the results of drug-specific trials

1. Scirica et al. N Engl J Med 2013;369:1317–1326.
2. White et al. N Engl J Med 2013;369:1327–1335.
3. Green et al. N Engl J Med 2015;373:232–242.
4. Pfeffer et al. N Engl J Med 2015;373:2247–2257.
5. Marso et al. N Engl J Med 2016; 375:311–322
6. Marso et al. N Engl J Med. 2016;375:1834–1844.
7. Zinman et al. N Engl J Med 2015;373:2117–2128.c



Potential cardiovascular protective properties of incretin-based therapies

INCRETIN-BASED THERAPY

METABOLIC EFFECTS

- ↑ Glycemic control
- ↓ = Body weight
- ↓ Blood pressure
- ↓ CV risk factors
 - ↑ lipid profile
 - ↓ inflammation

CV EFFECTS

- ↑ *Endothelial function*
- ↑ *Anti-ischemic effect*
- ↑ *Angiogenesis*
- ↑ *Myocardial metabolism*
- ↑ *Cardiac function*



Drug utilization, safety, and effectiveness of exenatide, sitagliptin, and vildagliptin for type 2 diabetes in the real world: Data from the Italian AIFA Anti-diabetics Monitoring Registry

S. Montilla ^{a,*}, G. Marchesini ^b, A. Sammarco ^a, M.P. Trotta ^a, P.D. Siviero ^a, C. Tomino ^a, D. Melchiorri ^c, L. Pani ^a for the AIFA Anti-diabetics Monitoring Registry

Table 1A Baseline demographic/clinical data of the population with diabetes enrolled in the AIFA Anti-diabetics Monitoring Registry with glucose-lowering agents.

	Exenatide (n = 21,064)		Sitagliptin (n = 38,811)		Vildagliptin (n = 17,989)	
	Mean	SD	Mean	SD	Mean	SD
Age (years)	58.9	9.9	61.7	10.4	61.9	10.4
Duration of diabetes (years)	10.0	15.4	9.1	7.1	8.2	6.5
Body mass index (kg/m ²)	36.1	6.8	30.8	5.7	30.5	5.5
Waist circumference (cm)	115.9	14.4	104.6	13.1	104.4	12.6
Fasting glucose (mg/dL)	187.8	49.8	170.8	41.6	171.9	41.1
HbA _{1c} (%) [mmol/mol]	8.8 [73]	1.3 [14]	8.3 [67]	1.1 [12]	8.2 [66]	1.1 [12]
Fasting C-peptide (ng/mL)	3.2	1.6	3.0	1.6	3.3	1.7
	N	%	N	%	N	%
Male gender	10,109	48.0	20,446	52.7	9741	54.1
Age > 75 years	723	3.4	3666	9.4	1736	9.7
BMI > 35	10,835	51.4	7870	20.3	3300	18.3
HbA _{1c} > 11% (>97 mmol/mol)	1496	7.1	1139	2.9	516	2.9

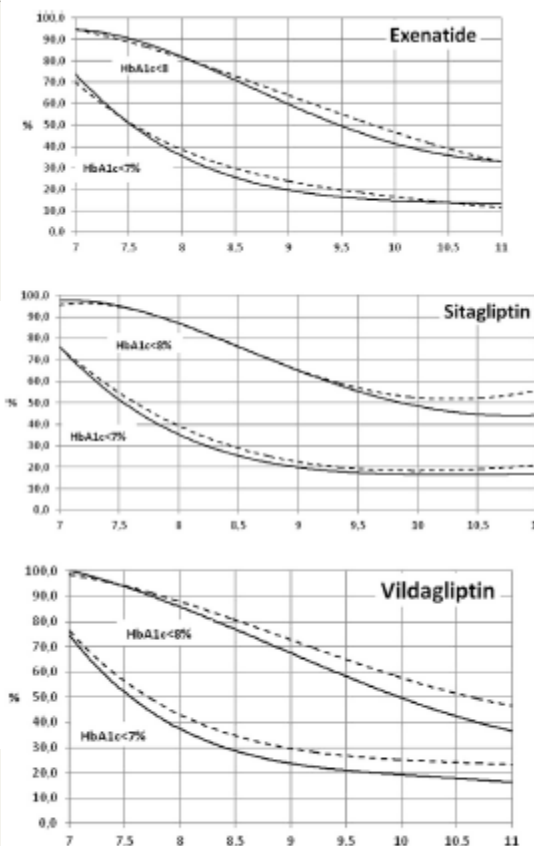


Figure 1 Probability of achieving the targets of metabolic control (HbA_{1c} <7%, lower lines; <8%, upper lines) at 3–4 months (continuous lines) or 8–9 months (broken lines) as function of entry HbA_{1c} values.

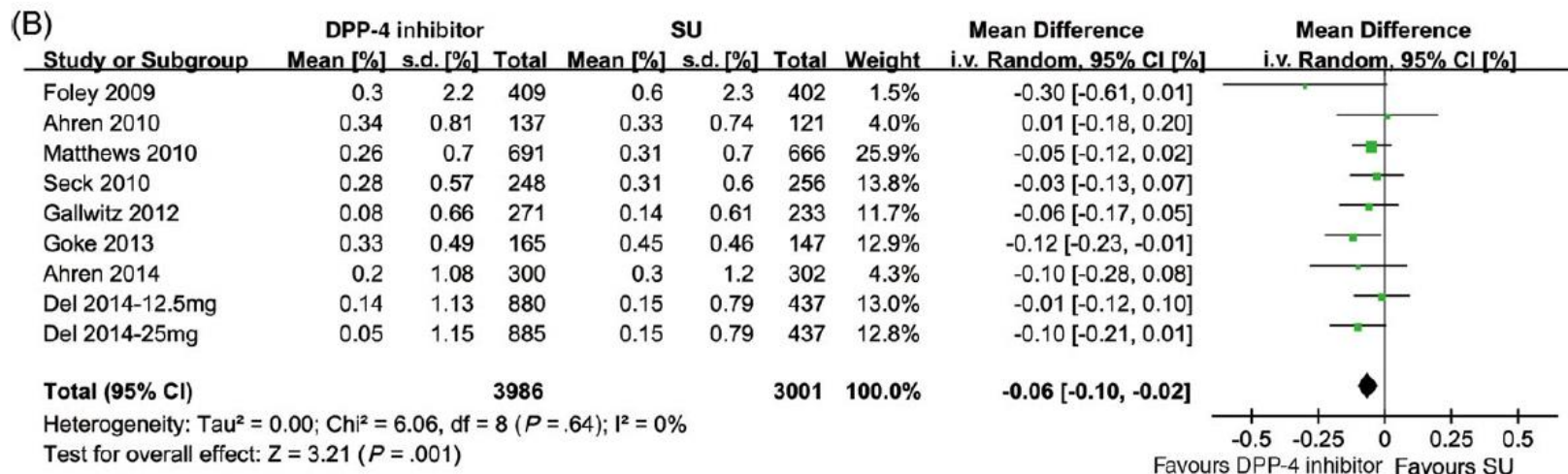
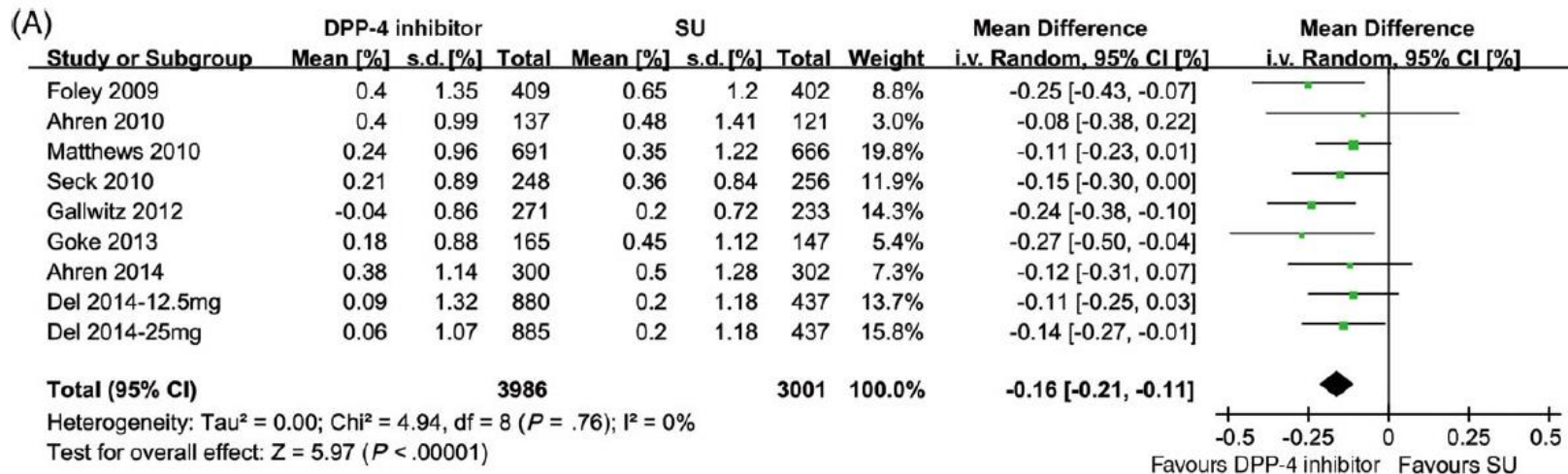


Registro AIFA: risultati dell'impiego di Analoghi del GLP-1 e Inibitori dell'enzima DPP-4 dopo 2 anni di trattamento

	Analoghi GLP-1	Inibitori DPP-IV
Peso Corporeo (kg)	-4.5	-1.6
HbA1c (%)	-1.2	-1.0
HbA1c (%) - <i>sottoanalisi su centri con almeno 80% follow-up completo per 1 molecola</i>	-0.9 (HbA1c basale: 8.8%)	-0.9 (HbA1c basale: 8.2%)
Episodi ipoglicemici (%)	6.9	1.4
Reazioni avverse (%)	3.6	0.9

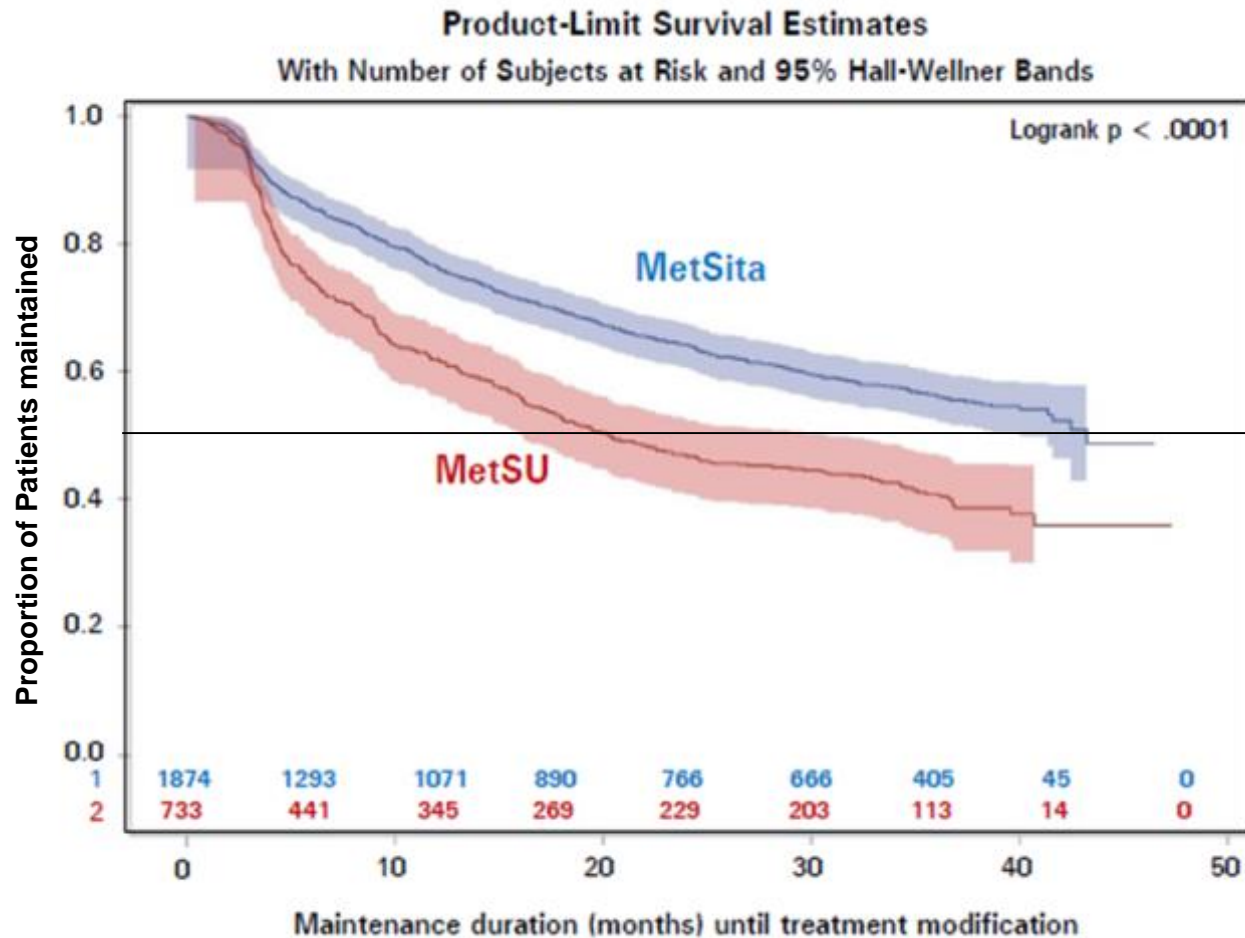
Direct head-to-head comparison of glycaemic durability of dipeptidyl peptidase-4 inhibitors and sulphonylureas in patients with type 2 diabetes mellitus: A meta-analysis of long-term randomized controlled trials

Diabetes Obes Metab. 2017;1-5.





Maggiore Persistenza di Sitagliptin vs SU: Durability a 3,5 anni (4 anni / 3.543 pazienti)

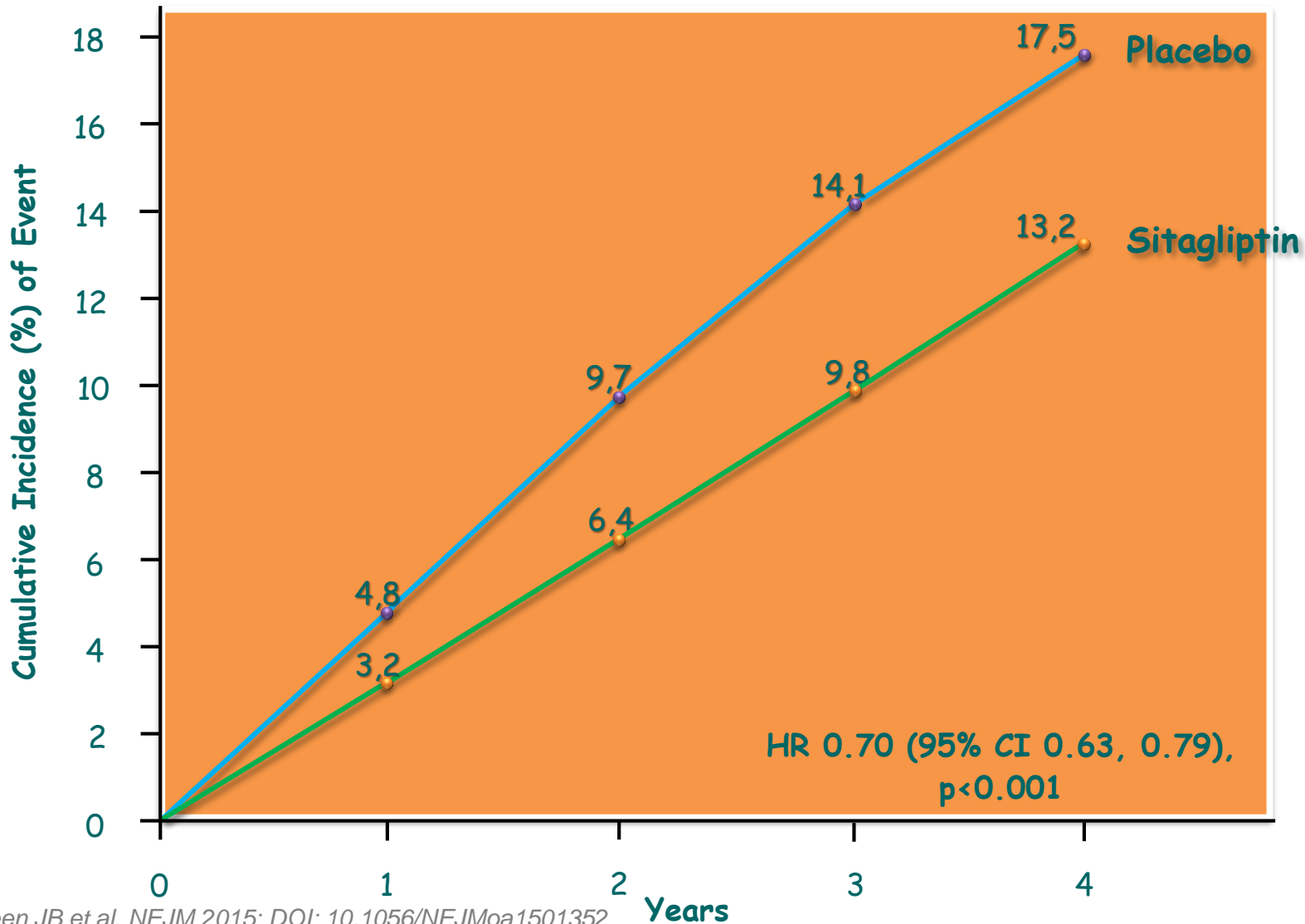


MetSita group : 43.2 months [95%CI: 41.4 – NE*]
MetSU group : 20.2 months [95%CI: 17.0 - 25.1]

*non-evaluabile



Initiation of Chronic Insulin Therapy



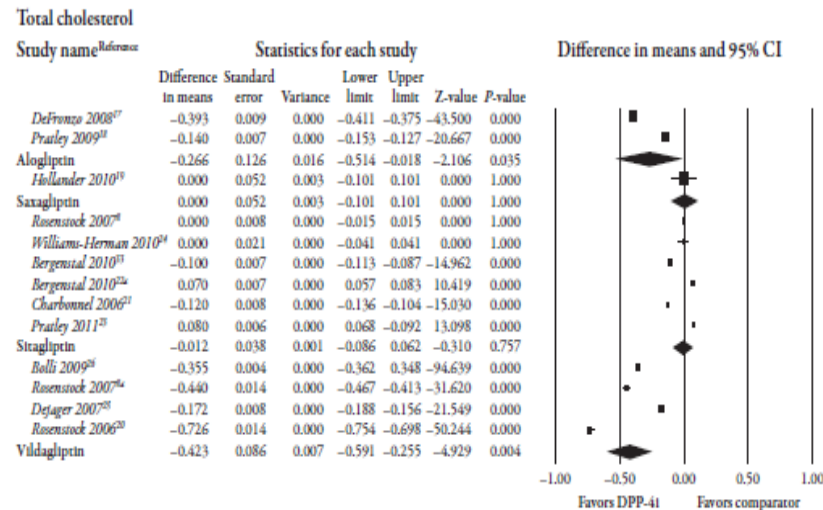


REVIEW

DPP-4 Inhibitors and Lipids: Systematic Review and Meta-Analysis

Matteo Monami · Caterina Lamanna · Carla Maria Desideri · Edoardo Mannucci

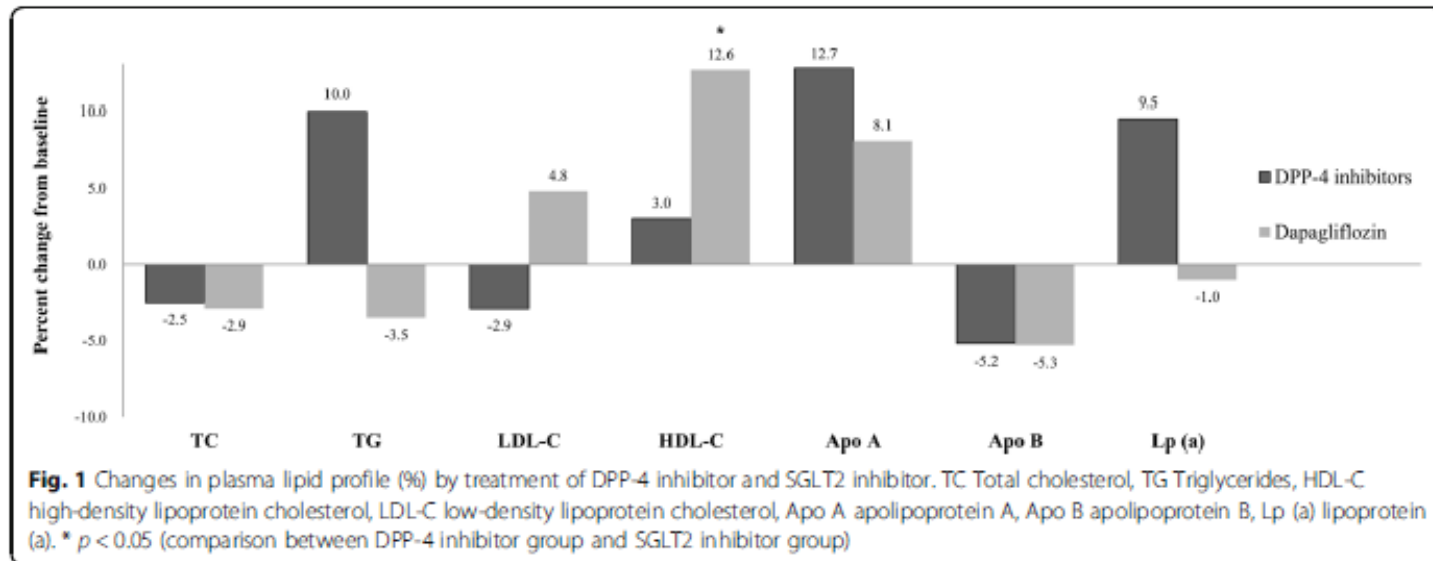
Figure 4. Effect of individual DPP-4 inhibitors on total cholesterol. DPP-4i=dipeptidyl peptidase-4 inhibitors.



Conclusions: This meta-analysis suggests a possible beneficial effect of DPP-4 inhibitors on cholesterol, which, although small, could contribute to the reduction of cardiovascular risk.



A comparison of effects of DPP-4 inhibitor and SGLT2 inhibitor on lipid profile in patients with type 2 diabetes





RESEARCH

Open Access



Impact of dipeptidyl peptidase-4 inhibitors on serum adiponectin: a meta-analysis

Xin Liu¹, Peng Men², Yuhui Wang¹, Suodi Zhai² and George Liu^{1*}

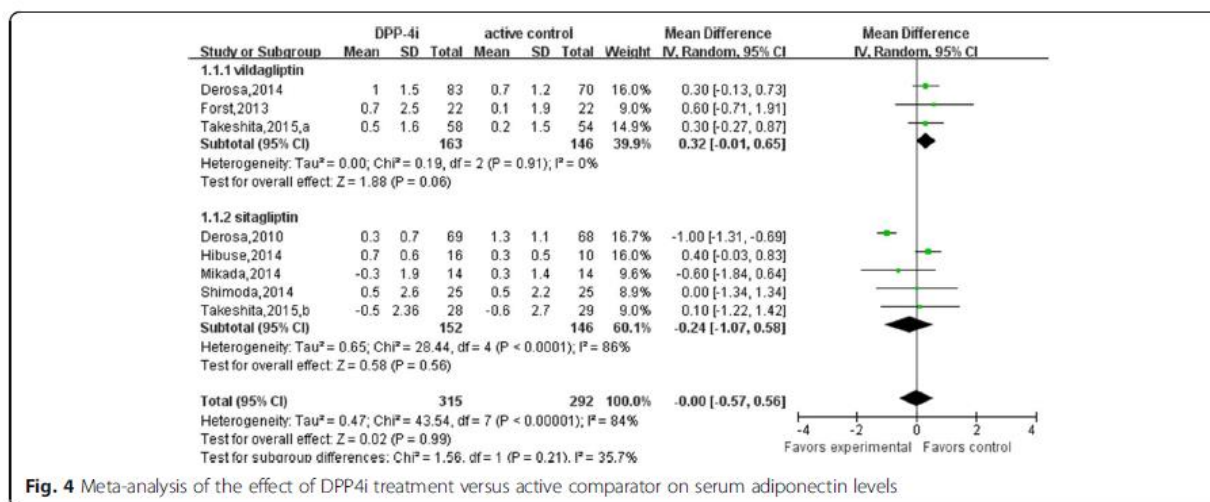


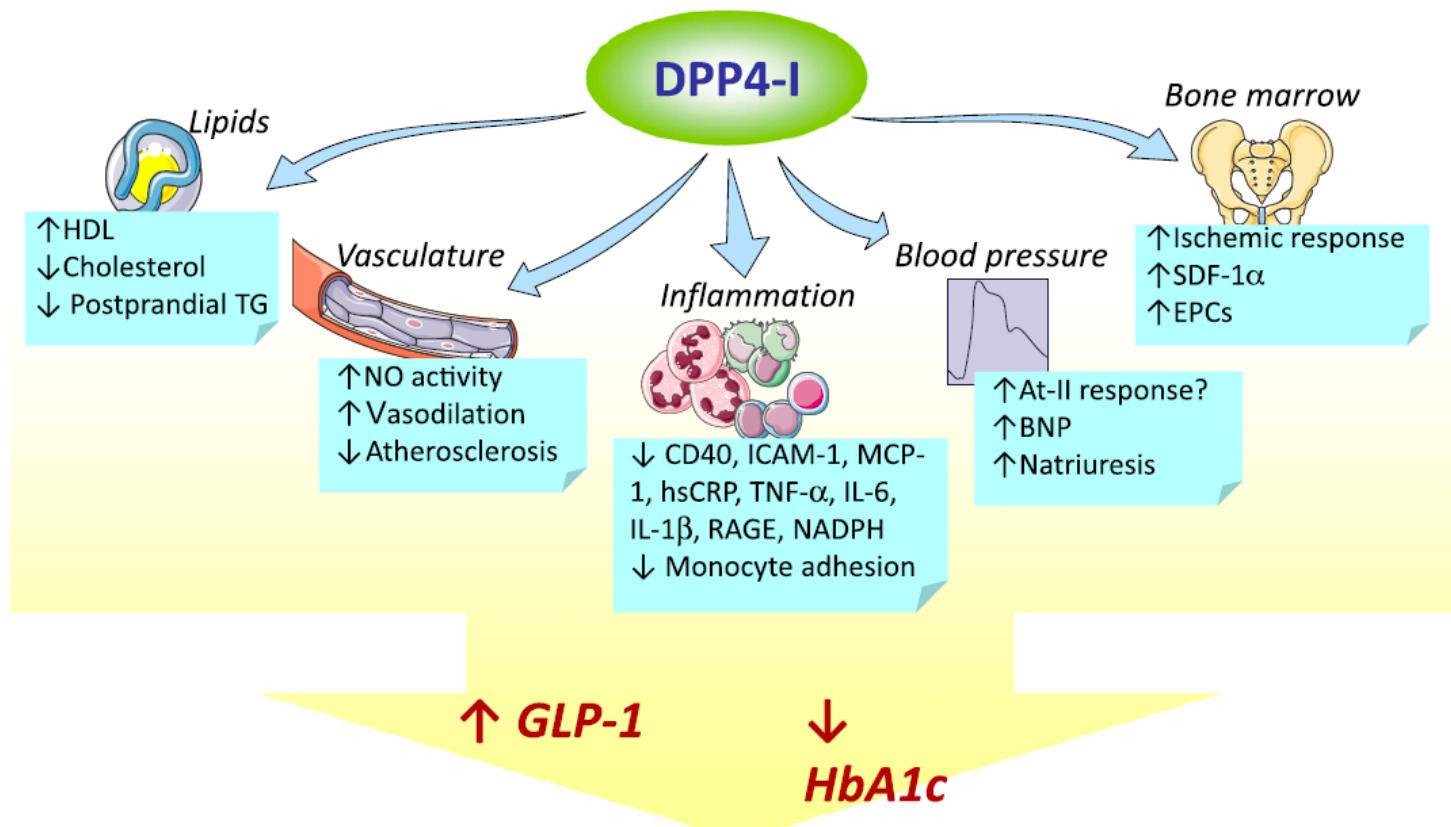
Fig. 4 Meta-analysis of the effect of DPP4i treatment versus active comparator on serum adiponectin levels

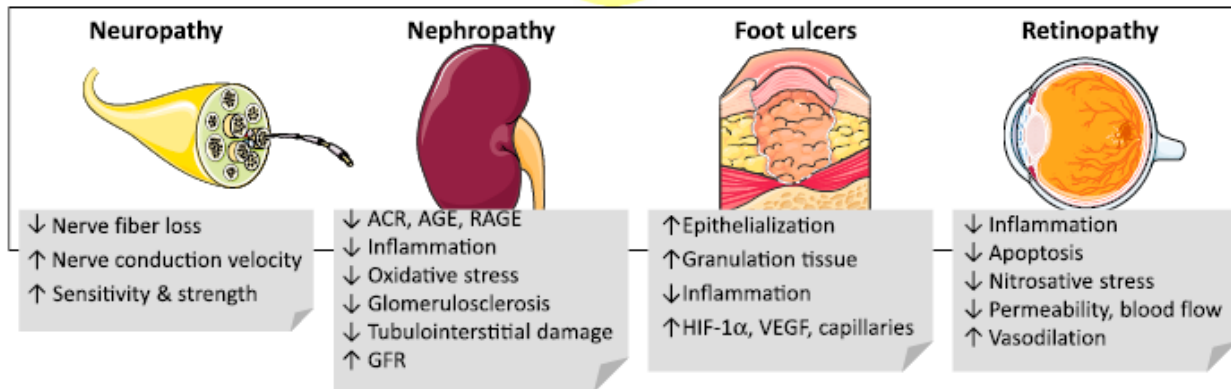
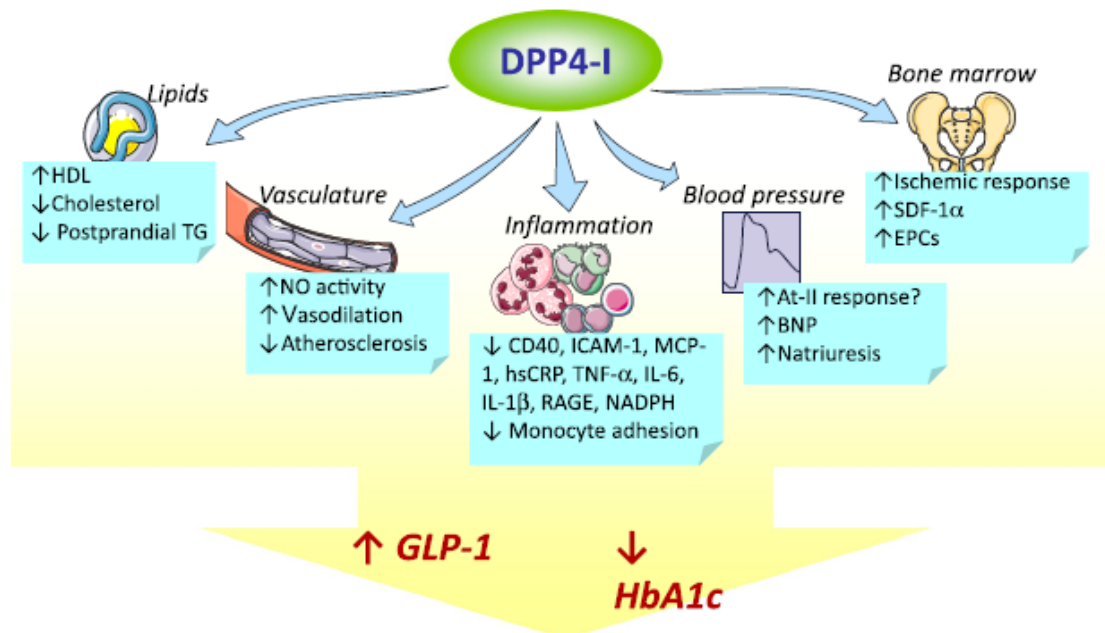
Conclusions

DPP4 inhibitors promote the secretion of serum adiponectin in T2DM patients, thereby indicating that these have a cardioprotective effect. Further trials with larger sample size are needed to confirm the results and investigate the association between serum adiponectin levels and treatment of other DPP4 inhibitors. Long-term effi-

The Effects of Dipeptidyl Peptidase-4 Inhibition on Microvascular Diabetes Complications

Diabetes Care 2014;37:2884–2894 | DOI: 10.2337/dc14-0865





Roma, 2–3 febbraio 2018

Dipeptidyl peptidase-4 inhibition in chronic kidney disease and potential for protection against diabetes-related renal injury



CrossMark



G. Penno*, M. Garofolo, S. Del Prato

Nutrition, Metabolism & Cardiovascular Diseases (2016) 26, 361–373

Table 1 Percentage change in adjusted geometric mean urinary ACR from baseline to 24 weeks observed in a pooled analysis of data from four similarly designed, 24-week, randomized, double-blind, placebo-controlled, phase III trials with linagliptin. The analysis includes 217 subjects with T2DM and prevalent albuminuria (urinary ACR 30–3000 mg/g creatinine) while on stable dosages of RAAS inhibitors.

	N. of subjects	Change in urinary ACR (%)	Change in urinary ACR (95% CIs)	<i>p</i>
All subjects	217	–32	–42 to –21	<0.05
All subjects at 12 weeks	226	–29	–40 to –17	<0.05
Mean baseline HbA1c < 8.25%	97	–29	–44 to –10	Treatment × baseline HbA1c interaction, <i>p</i> = 0.81
Mean baseline HbA1c ≥ 8.25%	65	–32	–48 to –10	
Mean baseline systolic BP < 137.4 mmHg	88	–31	–46 to –11	Treatment × baseline SBP interaction, <i>p</i> = 0.65
Mean baseline systolic BP ≥ 137.4 mmHg	74	–30	–46 to –9	
Subjects not previously treated with RAAS inhibitors ^a	183	–30	–40 to –19	<0.05

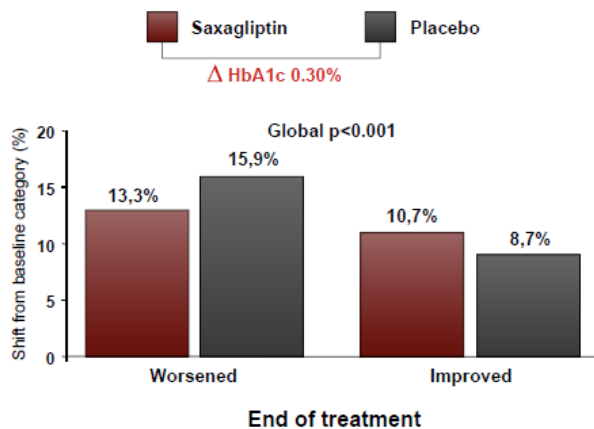
^a Sensitivity analysis.

Renal Outcomes

Roma, 2 – 3 febbraio 2018



Saxagliptin



Linagliptin

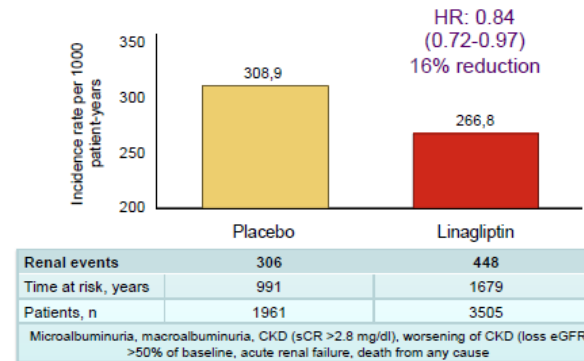


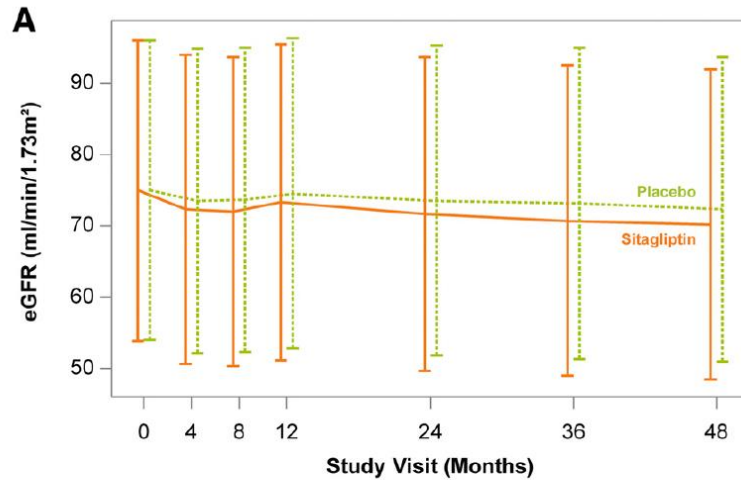
Figure 1 Renal outcomes with linagliptin: a meta-analysis of indi

...Nephroprotective effect independent of glucose lowering



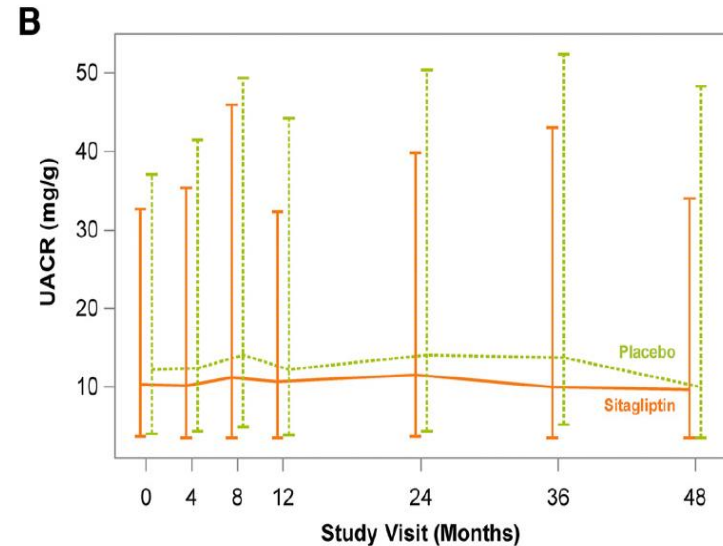
Effect of Sitagliptin on Kidney Function and Respective Cardiovascular Outcomes in Type 2 Diabetes: Outcomes From TECOS

Diabetes Care 2016;39:2304–2310 | DOI: 10.2337/1



Number of Patients:

Sitagliptin	6,809	4,135	3,809	5,263	5,553	3,291	1,360
Placebo	6,795	4,169	3,772	5,197	5,482	3,165	1,335



Roma, 2-3 febbraio 2018

Terapia non insulinica nel DM2 con IRC



Tabella 14. Terapia non insulinica nel diabete tipo 2 con insufficienza renale cronica

Stadio IRC	LIEVE	MODERATA	GRAVE	DIALISI
eGFR	eGFR >60	60 >eGFR >30	30 >eGFR >15	eGFR <15
Metformina	almeno 2 g	non indicato (utilizzabile)	NO	NO
Acarbosi	da titolare	da titolare	NO	NO
Sitagliptin	100 mg x 1	50 mg x 1	25 mg x 1	25 mg x 1
Vildagliptin	50 mg x 2	50 mg x 1	50 mg x 1	50 mg x 1
Saxagliptin	5 mg x 1	2,5 mg x 1	2,5 mg x 1	NO
Linagliptin	5 mg x 1	5 mg x 1	5 mg x 1	5 mg x 1
Exenatide	da titolare	cautela	NO	NO
Liraglutide	da titolare	NO	NO	NO
Lixisenatide	da titolare	cautela	NO	NO
Sulfoniluree	da titolare	NO (1)	NO	NO
Repaglinide	da titolare	non indicato (utilizzato)	NO	NO
Pioglitazone	da titolare	da titolare	da titolare	NO

(1) Alcune sulfoniluree (gliclazide, glicizide e gliclazide) hanno metabolismo prevalentemente epatico, ma non

Standard Italiani per la Cura del Diabete - 2016

Tabella 16. Terapia non insulinica nel diabete di tipo 2 con insufficienza renale cronica

Stadio IRC	Lieve	moderata	grave	dialisi
eGFR	>60 ml/min	30-60 ml/min	15-30 ml/min	<15 ml/min
Metformina	≥2 g/die	Non indicato (utilizzabile)	NO	NO
Acarbosio	Da titolare	Da titolare	NO	NO
Gliptine				
Sitagliptin	100 mg/die	50 mg/die	25 mg/die	25 mg/die
Vildagliptin	100 mg/die	50 mg/die	50 mg/die	50 mg/die
Saxagliptin	5 mg/die	2.5 mg/die	2.5 mg/die	NO
Linagliptin	5 mg/die	5 mg/die	5 mg/die	5 mg/die
Alogliptin	25 mg/die	12.5 mg/die ^a	6.25 mg/die	6.25 mg/die
GLP1 agonisti				
Exenatide	Dosi usuali	Cautela ^b	NO	NO
Exenatide LAR	Dosi usuali	NO ^c	NO	NO
Liraglutide	Dosi usuali	Dosi usuali	NO	NO
Lixisenatide	Dosi usuali	Cautela ^b	NO	NO
Dulaglutide	Dosi usuali	Dosi usuali	NO	NO
Sulfoniluree	Da titolare	Da titolare ^d	NO	NO
Repaglinide	Da titolare	Non indicato (utilizzato)	NO	NO
Pioglitazone	Dosi usuali	Dosi usuali	Dosi usuali	NO ^e
Gliflozine				
Dapagliflozin	Dosi usuali	NO	NO	NO
Empagliflozin	Dosi usuali	NO	NO	NO
Canagliflozin	Dosi usuali	NO	NO	NO



NAPOLI, 17-20 MAGGIO 2017: XXI^o CONGRESSO NAZIONALE ASSOCIAZIONE MEDICI DIABETOLOGI

EFFICACIA DI SITAGLIPTIN 50 MG IN MONOTERAPIA IN PAZIENTI CON DIABETE MELLITO TIPO 2 E INSUFFICIENZA RENALE CRONICA

Orsini P¹, Turco A¹, Occhipinti M¹, Lacaria E¹, Lencioni C¹, Pancani F¹, Pani G¹, Di Cianni G¹.

U.O. Diabetologia e Malattie del Metabolismo, Ospedale di Livorno, ASL Toscana Nordovest².

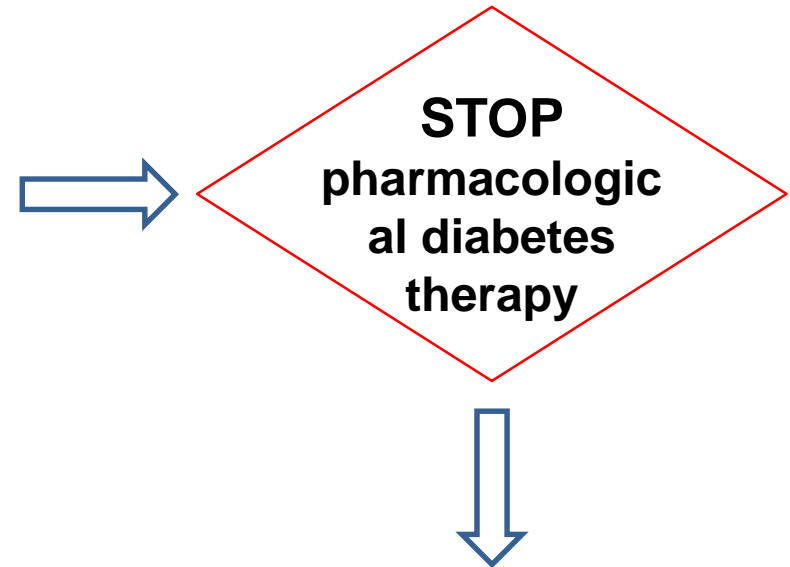
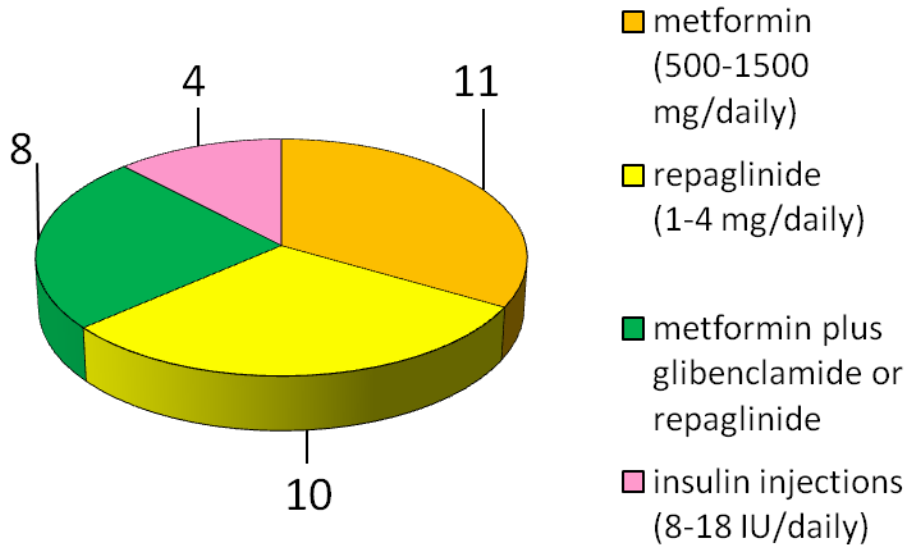


SCOPO DELLO STUDIO

- Valutare l'efficacia e la sicurezza di Sitagliptin in monoterapia in diabetici anziani fragili con DM2 e IRC.

SOGGETTI E METODI

- Dal database computerizzato (MyStar Connected®) abbiamo individuato 311 pazienti trattati con sitagliptin e da questi abbiamo estrapolato 33 pazienti in trattamento con sitagliptin 50 mg in monoterapia e IRC (GFR < 60 ml/min).
- In tutti i casi la precedente terapia era stata sospesa per l'alto rischio di ipoglicemie o peggioramento della funzione renale (Tab.1).
- Abbiamo registrato i dati relativi alla visita basale e dopo 6, 12, 18 e 24 mesi valutando i parametri clinici e antropometrici.



**33 Diabetic patients
(23 M, 10 F)
To START
Sitagliptin 50 mg
as monotherapy**

Roma, 2 – 3 febbraio 2018

**Caratteristiche cliniche popolazione studiata**

Numero	33
Età (anni)	78±8
Femmine (N)	17
Maschi (N)	18
Durata diabete (anni)	10,5±8,2
Glicemia a digiuno (mg/dl)	125,3±36,8
HbA1c (%)	6,6 ±0,6
Creatininemia (mg/dl)	1,7±0,5
eGFR (mL/min)	40,6±13
Microalbuminuria (mg/l)	207±75
Colesterolo tot (mg/dl)	165±34,2
Colesterolo LDL (mg/dl)	94,8±29,8
Colesterolo HDL (mg/dl)	42,8±11,6
Trigliceridi (mg/dl)	144,2±60
Pressione arteriosa sistolica (mmHg)	147±20
Pressione arteriosa diastolica (mmHg)	77±5

Risultati



	Baseline	Dopo 24 mesi	p
HbA1c (%)	6,6 ±0,6	6,4±0,5	n.s.
Creatininemia (mg/dl)	1,7±0,5	1,7±0,4	n.s.
eGFR (mL/min)	40,6±13	43,5±9,6	n.s.
Microalbuminuria (mg/l)	207±75	225±71	n.s.
Colesterolo tot (mg/dl)	165±34,2	170±32,4	n.s.
Colesterolo LDL (mg/dl)	94,8±29,8	96,2±30,1	n.s.
Colesterolo HDL (mg/dl)	42,8±11,6	43,0±12,0	n.s.
Trigliceridi (mg/dl)	144,2±60	140,8±58	n.s.
Pressione arteriosa sistolica (mmHg)	147±20	145±21	n.s.
Pressione arteriosa diastolica (mmHg)	77±5	79±4	n.s.

Lo studio, sebbene condotto su una casistica numericamente poco rilevante, dimostra che la monoterapia con Sitagliptin può sostituire con efficacia terapie potenzialmente più pericolose, senza aggravare l'equilibrio metabolico e mettendo in sicurezza il paziente.



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International Diabetes Federation



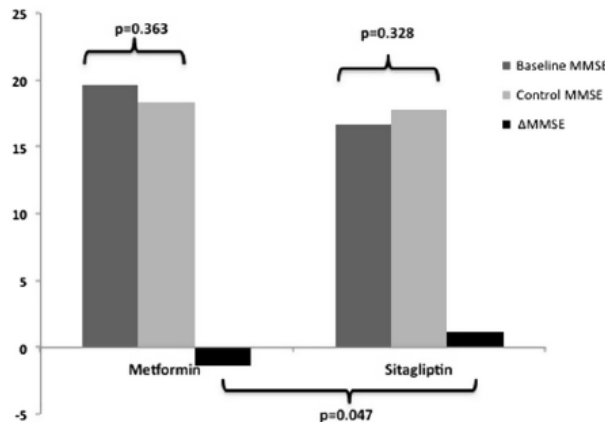
The effects of sitagliptin, a DPP-4 inhibitor, on cognitive functions in elderly diabetic patients with or without Alzheimer's disease



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This prospective observational study demonstrated that 6-month sitagliptin therapy was associated with increased cognitive functions in the elderly diabetic patients with and without AD. Furthermore, it was also demonstrated that the need for insulin was lower in those treated with sitagliptin.

Fig. 2 – Comparison of MMSE scores and mean changes from baseline in MMSE scores in the patients with AD treated with metformin or sitagliptin monotherapy.



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Long-term inhibition of dipeptidyl peptidase-4 in Alzheimer's prone mice

Michele D'Amico^{a,*1}, Clara Di Filippo^{a,1}, Raffaele Marfella^b, Angela Maria Abbatecola^b, Franca Ferraraccio^c, Francesco Rossi^a, Giuseppe Paolisso^b

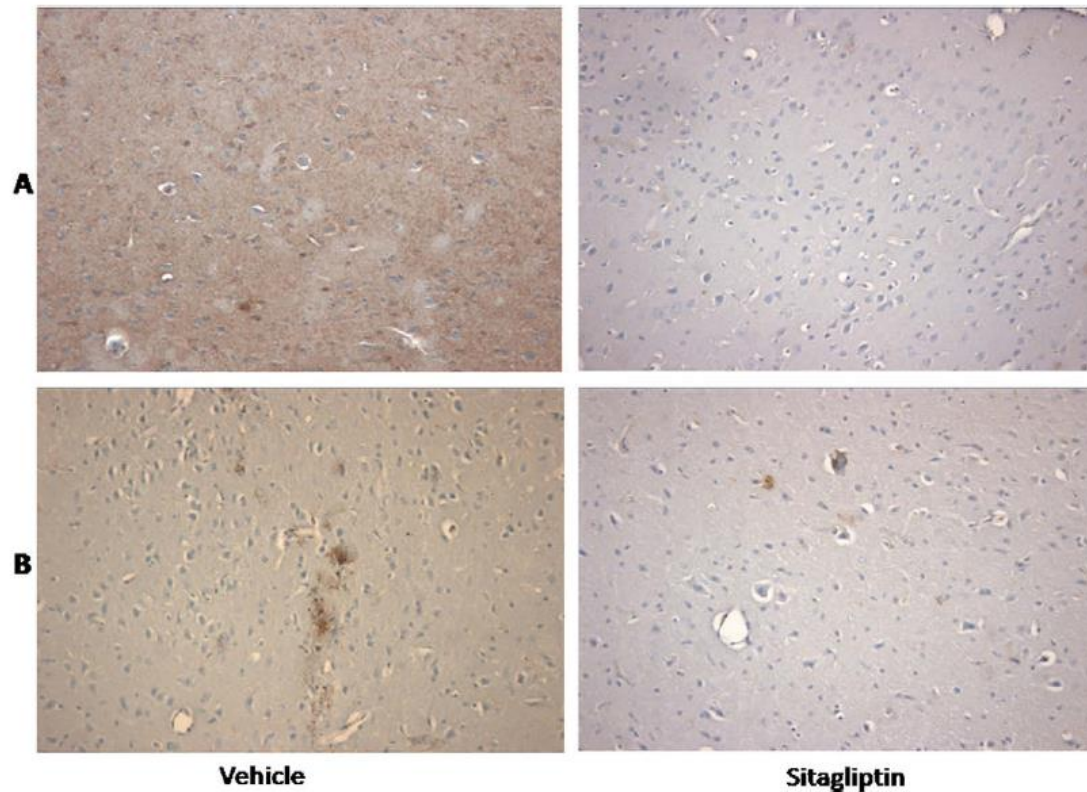


Fig. 5. Representative hippocampal immunostaining (200 \times) for (A) nitrotyrosine and (B) IL1- β within the brain of B6.Cg-Tg(APPswe,PSEN1dE9)85Dbo/J mice treated with vehicle or sitagliptin (20 mg/kg).

RESEARCH ARTICLE

The effects of dipeptidyl peptidase-4 inhibitors on bone fracture among patients with type 2 diabetes mellitus: A network meta-analysis of randomized controlled trials

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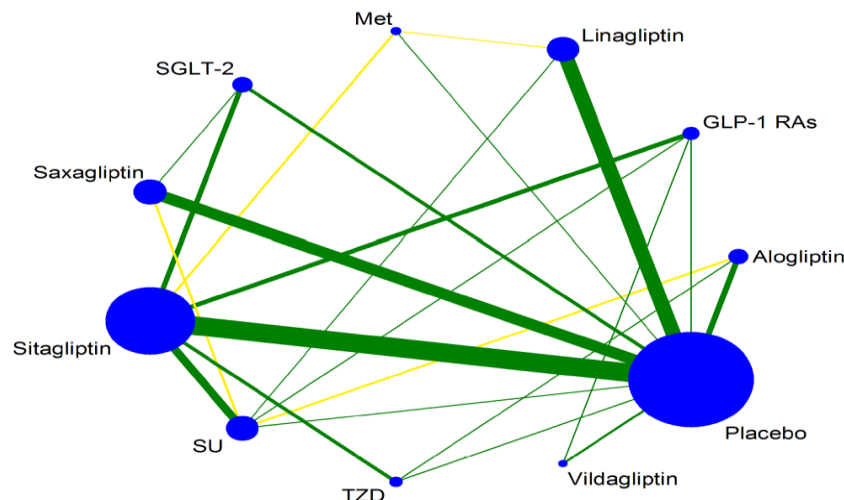


Fig 2. Evidence structure of eligible comparisons for NMA. Note: Lines connect the interventions that have been studied in head-to-head (direct) comparisons in the eligible RCTs. The width of the lines represents the cumulative number of RCTs for each pairwise comparison and the size of every node is proportional to the number of randomized participants (sample size). The yellow lines represent trials reporting unclear about allocation concealment, while the blue lines represent trials with low risk of allocation concealment. GLP-1 RAs: Glucagon-like peptide-1 receptor agonists; SGLT-2: Sodium-Glucose co-Transporter2; Met: metformin; SU: sulphonylureas; TZD: thiazolidinediones.

Conclusion

Alogliptin may be associated with a lower risk of bone fracture compared with placebo, linagliptin, or saxagliptin, while other anti-diabetes did not seem to have an association with the risk of bone fracture.

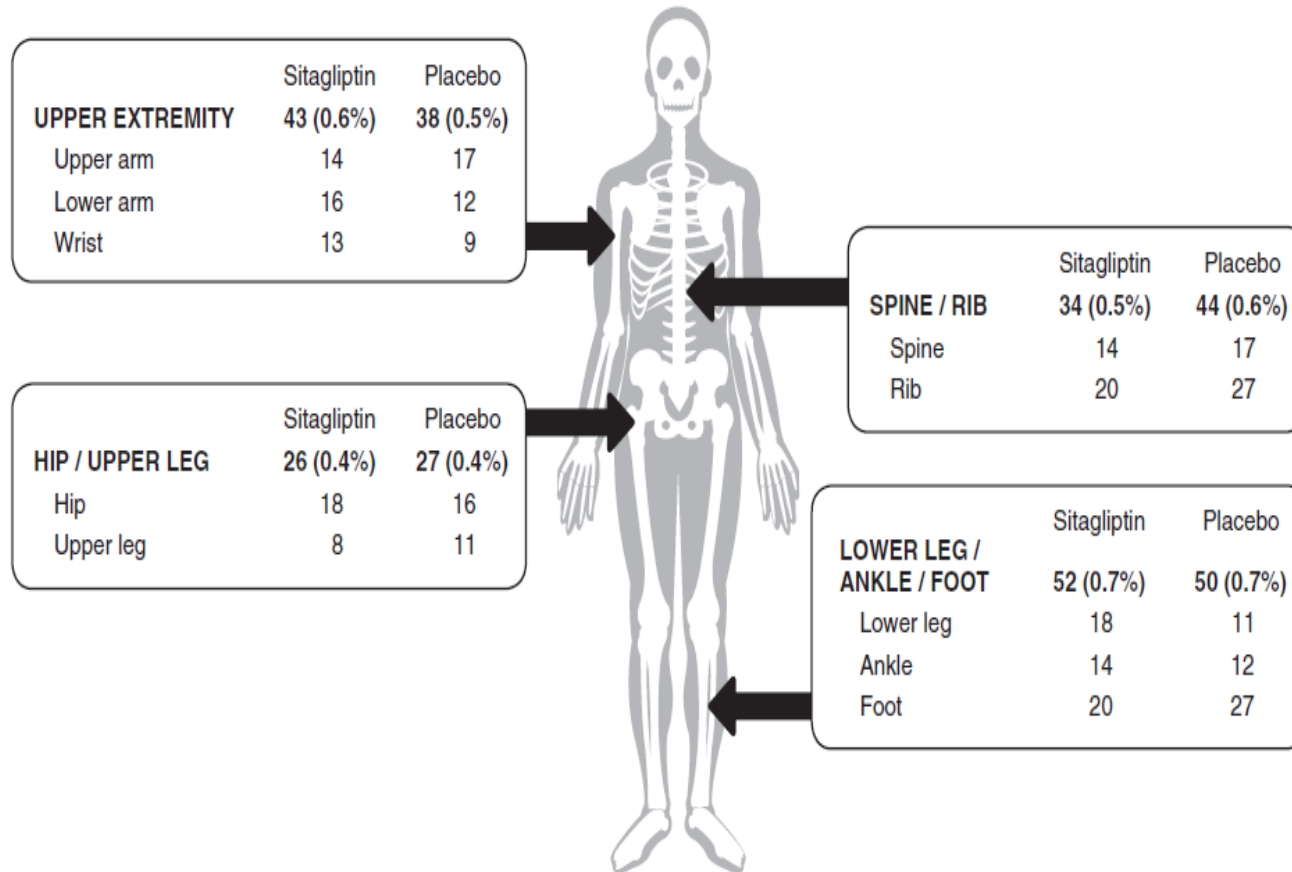


FIGURE 2 Frequency and location of incident fractures according to treatment assignment (sitagliptin vs placebo). Face, hand and other fractures excluded.

Cost-consequence analysis of sitagliptin versus sulfonylureas as add-on therapy for the treatment of diabetic patients in Italy

Table 4 Cost-consequence analysis SITA versus SU over 3-year time horizon (INHS perspective)

Cost component	SITA+Met	SU+Met	Delta
Drug	€96,600,960	€13,212,990	€83,387,970
Distribution PHT	€16,807,081	€0	€16,807,081
Self-monitoring	€16,518,556	€80,368,536	-€63,849,980
Visits	€8,941,648	€7,221,703	€1,719,945
Hypos	€1,296,239	€6,255,716	-€4,959,477
MACE	€0	€23,501,390	-€23,501,390
Switch to insulin	€123,417,886	€184,868,478	-€61,450,592
Indirect costs	€0	€0	€0
Total costs	€263,582,370	€315,428,813	-€51,846,442

Abbreviations: hypos, hypoglycemic events; INHS, Italian National Health Service; MACE, major cardiovascular events; Met, metformin; SITA, sitagliptin; SU, sulfonylurea; PHT, drugs included in the National Hospital-Territory Formulary.

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Conclusioni

- I DPP4-i sono farmaci efficaci nel ridurre la glicemia e sicuri per il rischio CV
- Effetti positivi si riscontrano anche sul profilo lipidico, sui markers infiammazione, sulla funzione endoteliale.
- Prevenzione delle complicanze macro e microangiopatiche
- Efficacia clinica – riduzione dei costi