

Con il Patrocinio di



SHARING
EXPERIENCE

Sharing
experience
in Diabetologia
ed Endocrinologia

Incontro con gli esperti
sul paziente polipatologico

Corso di aggiornamento ECM RES TORINO
18 settembre 2023

Effetti endocrino-metabolici delle immunoterapie e delle target therapies nel carcinoma mammario e prostatico avanzato

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Oncologia Medica 1U

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UNIVERSITÀ
DI TORINO

Disclosure as of September 10, 2023

In the last 3 years I received:

- **Personal** honoraria for acting as consultant or participating to advisory boards:
 - AstraZeneca, Eisai, Janssen, Astellas, Amgen, Pfizer, Roche, Novartis, Boehringer Ingelheim, Merck Serono, MSD
- **Institutional** research grant:
 - Tesaro - GlaxoSmithKline



What we know: Immune-related adverse events are frequent events

JAMA Oncology | Original Investigation

Use of Immunotherapy With Programmed Cell Death 1 vs Programmed Cell Death Ligand 1 Inhibitors in Patients With Cancer A Systematic Review and Meta-analysis

Jianchun Duan, MD; Longgang Cui, PhD; Xiaochen Zhao, MD; Hua Bai, MD; Shangli Cai, PhD; Guoqiang Wang, PhD; Zhengyi Zhao, PhD; Jing Zhao, PhD; Shiqing Chen, PhD; Jia Song, PhD; Chuang Qi, PhD; Qing Wang, PhD; Mengli Huang, PhD; Yuzi Zhang, MD; Depei Huang, PhD; Yuezong Bai, PhD; Feng Sun, PhD; J. Jack Lee, PhD, DDS; Zhijie Wang, MD; Jie Wang, MD, PhD

18,000 patients:

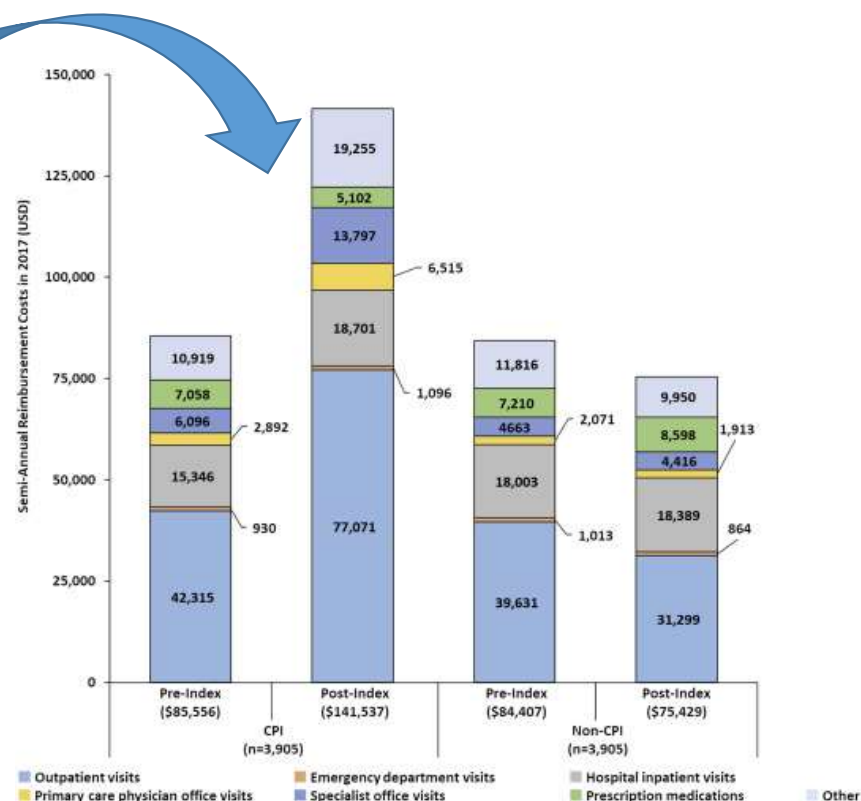
- **66%** at least one IRAE of any grade
- **14% G3 or higher**

Impact on:

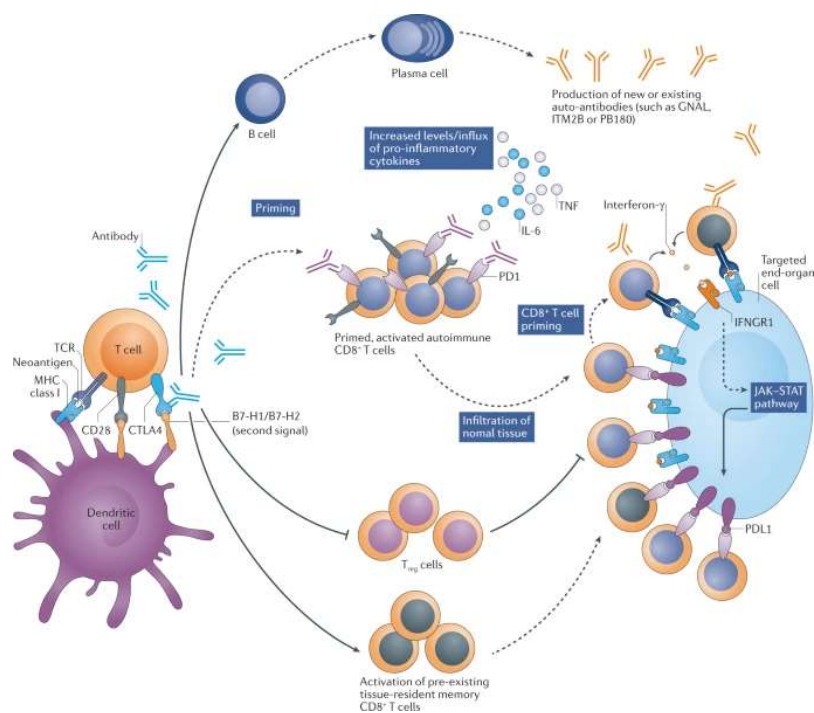
- Our clinical daily routine
- Health-systems

Economic Burden of Checkpoint Inhibitor Immunotherapy for the Treatment of Non-Small Cell Lung Cancer in US Clinical Practice.

<https://doi.org/10.1016/j.clinthera.2020.06.018>



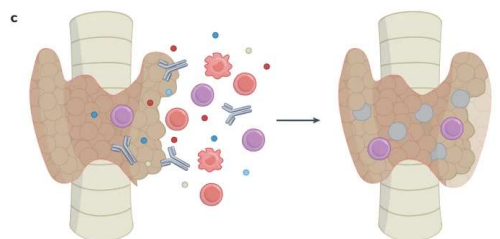
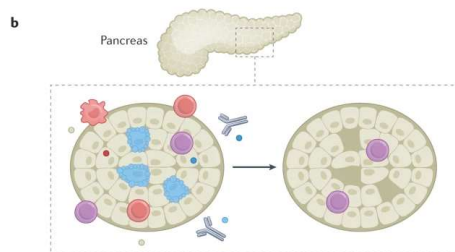
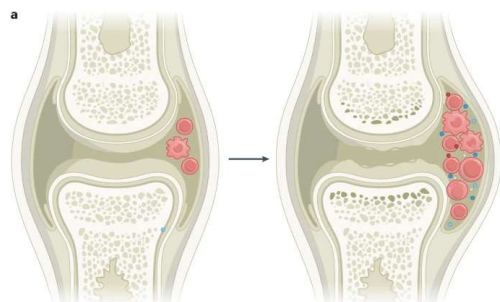
Different mechanisms drive immune-related adverse events



1. Expansion of existing autoantibodies by B cells
2. Disinhibition of T cells that destroy normal tissue
3. Secretion of high levels of cytokines
4. Binding of ICI antibodies to tissue and complement fixation

Sullivan, R.J., Weber, J.S. Immune-related toxicities of checkpoint inhibitors: mechanisms and mitigation strategies. *Nat Rev Drug Discov* (2021). <https://doi.org/10.1038/s41573-021-00259-5>

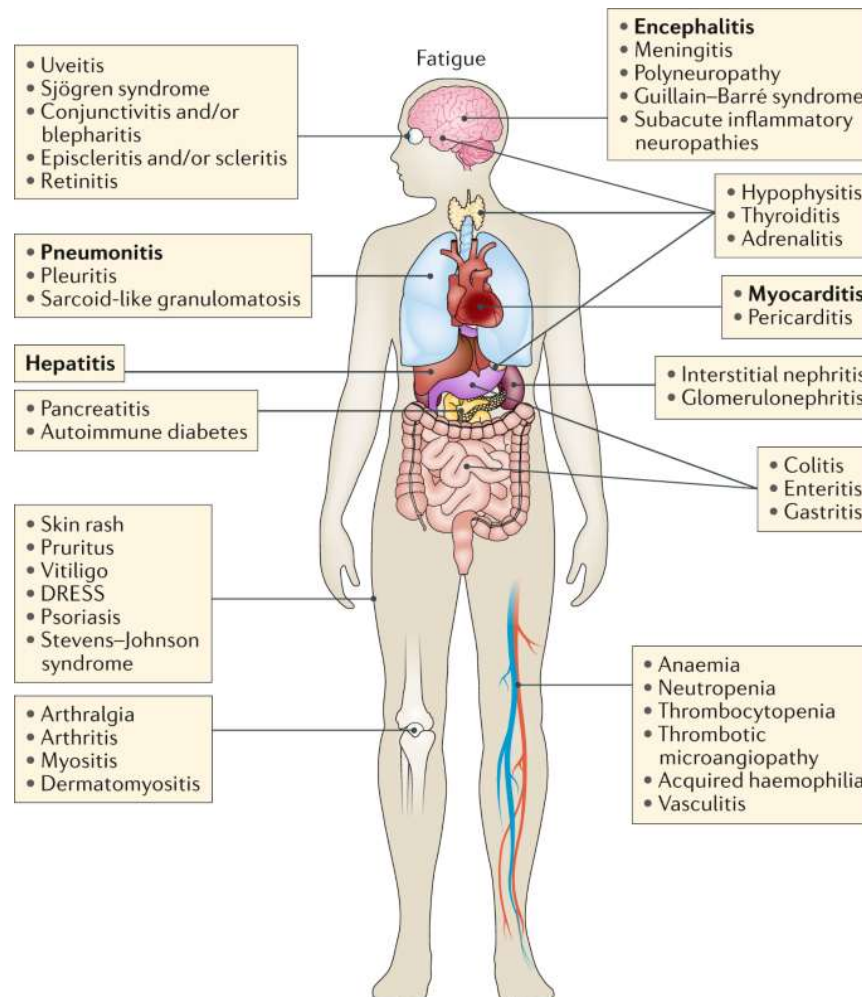
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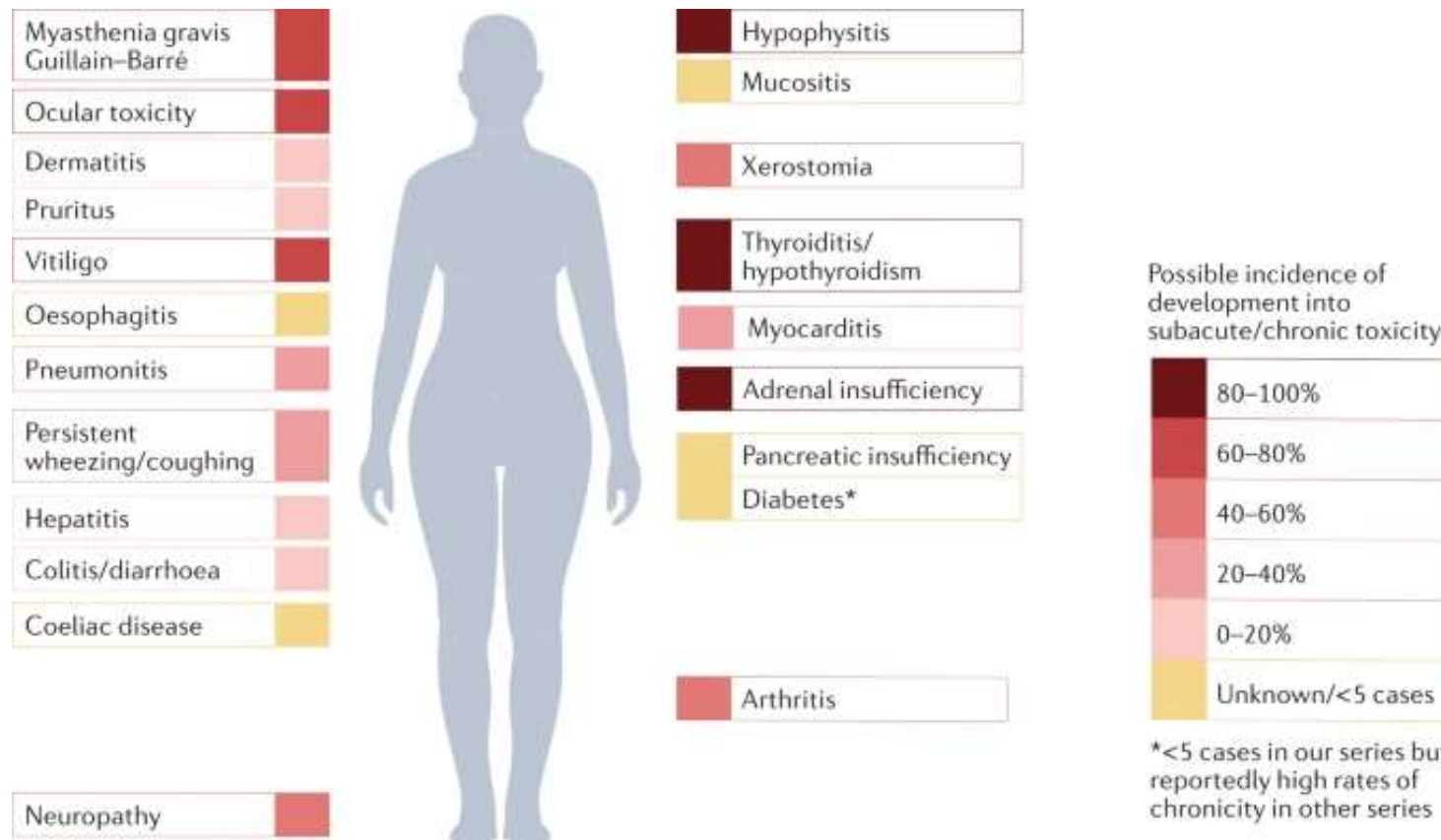
Sullivan, R.J., Weber, J.S. Immune-related toxicities of checkpoint inhibitors: mechanisms and mitigation strategies. *Nat Rev Drug Discov* (2021). <https://doi.org/10.1038/s41573-021-00259-5>

Broad spectrum of toxicities



Martins, F. *et al.* Adverse effects of immune-checkpoint inhibitors: epidemiology, management and surveillance. *Nat Rev Clin Oncol* 16, 563–580 (2019). <https://doi.org/10.1038/s41571-019-0218-0>

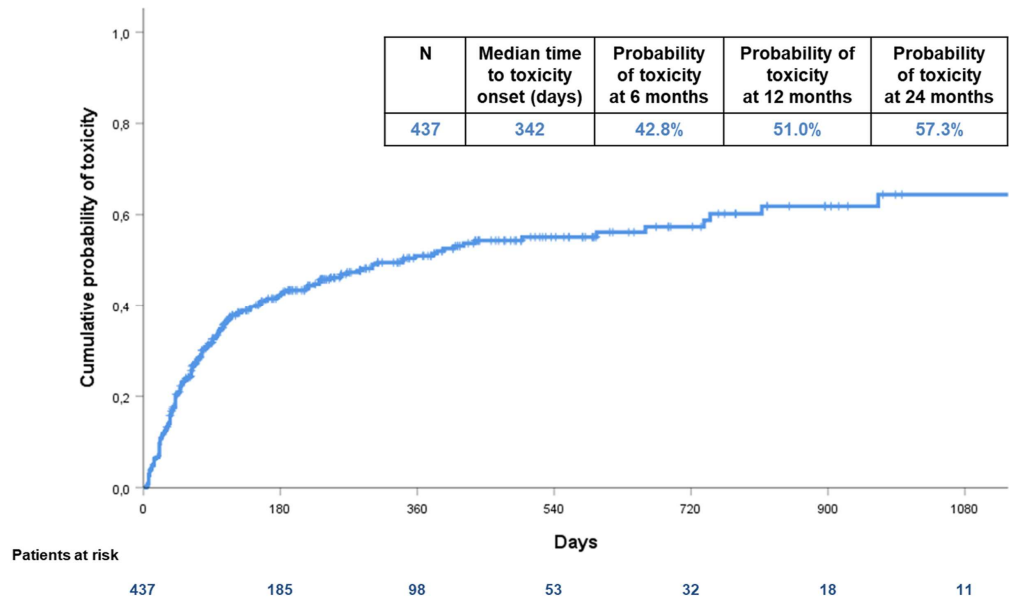
Immune-checkpoint inhibitors: long-term implications of toxicity



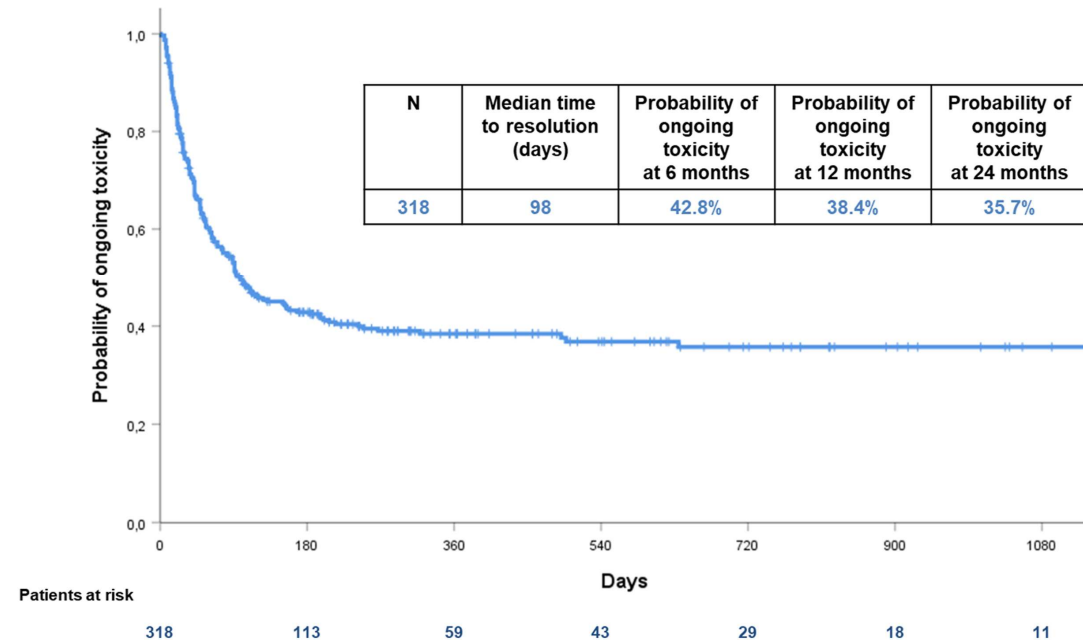
Johnson, D.B., Nebhan, C.A., Moslehi, J.J. *et al.* Immune-checkpoint inhibitors: long-term implications of toxicity. *Nat Rev Clin Oncol* **19**, 254–267 (2022). <https://doi.org/10.1038/s41571-022-00600-w>

Late-onset and long-lasting IRAEs

A



B

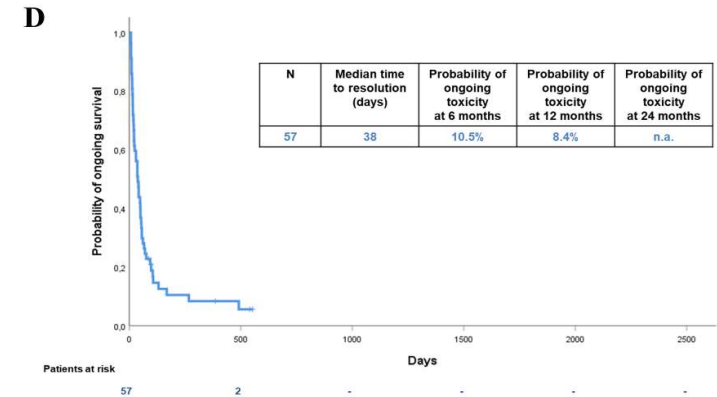
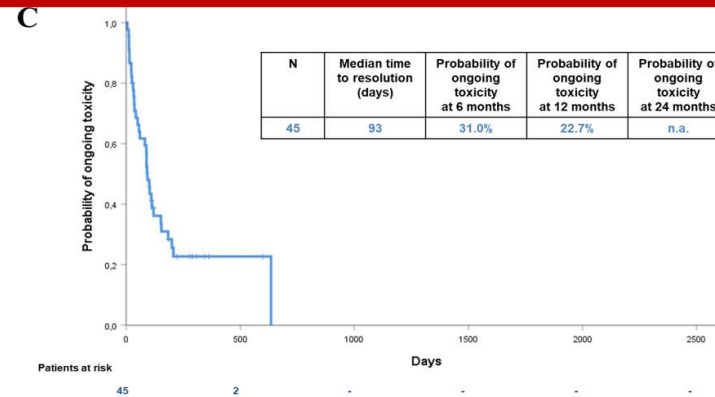
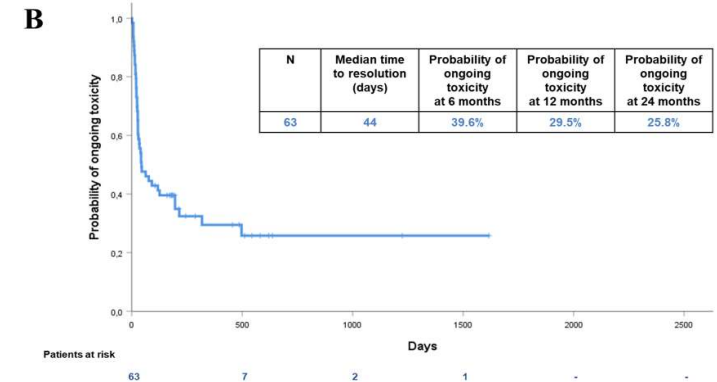
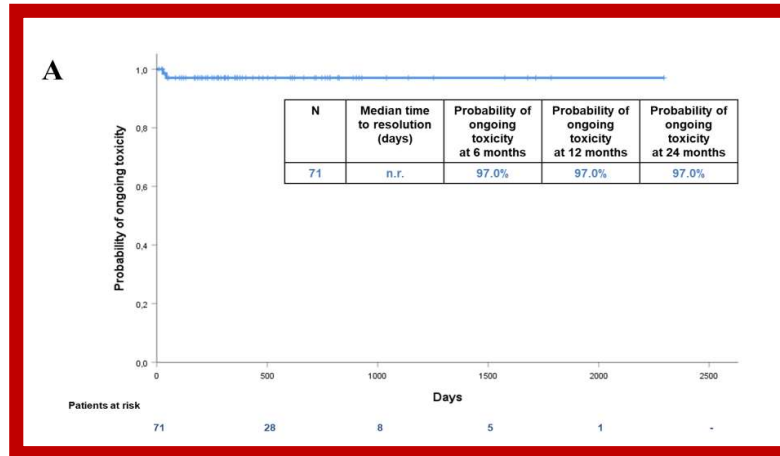


Late-onset and long-lasting immune-related adverse events from immune checkpoint-inhibitors: An overlooked aspect in immunotherapy. Ghisoni E. et al. Eur J of Cancer 2021.

Late-onset and long-lasting IRAEs

Probability of ongoing toxicity since toxicity onset according to toxicity type in our study population.

A: endocrine irAEs;
B: skin toxicity;
C: gastro-intestinal irAEs;
D: pulmonary toxicity.



Late-onset and long-lasting immune-related adverse events from immune checkpoint-inhibitors: An overlooked aspect in immunotherapy. Ghisoni E. et al. Eur J of Cancer 2021.

IRAEs management



Annals of Oncology 28 (Supplement 4): 1119-1142, 2017
doi:10.1093/annonc/mdx225

CLINICAL PRACTICE GUIDELINES

Management of toxicities from immunotherapy:
ESMO Clinical Practice Guidelines for diagnosis,
treatment and follow-up[†]

J. B. A. G. Haanen¹, F. Carbone², C. Robert³, K. M. Kerr⁴, S. Peters⁵, J. Larkin⁶ & K. Jordan⁷, on behalf of the ESMO Guidelines Committee*



Linee guida GESTIONE DELLA TOSSICITÀ DA IMMUNOTERAPIA

Edizione 2021
Aggiornata ad agosto 2021

Puzanov et al. *Journal for ImmunoTherapy of Cancer* (2017) 5:95
DOI 10.1186/s40425-017-0300-z

Journal for ImmunoTherapy
of Cancer

POSITION ARTICLE AND GUIDELINES

Open Access



Managing toxicities associated with immune checkpoint inhibitors: consensus recommendations from the Society for Immunotherapy of Cancer (SITC) Toxicity Management Working Group

I. Puzanov¹¹, A. Diab²¹, K. Abdallah³, C. O. Bingham III⁴, C. Brogdon⁵, R. Dadu², L. Hamad¹, S. Kim², M. E. Lacouture⁶, N. R. LeBoeuf⁷, D. Lenihan⁸, C. Onofrei⁹, V. Shannon², R. Sharma¹, A. W. Silk¹², D. Skondra¹⁰, M. E. Suarez-Almazor², Y. Wang², K. Wiley¹¹, H. L. Kaufman¹²¹, M. S. Ernstoff¹¹¹ and on behalf of the Society for Immunotherapy of Cancer Toxicity Management Working Group

IRAEs management: key-points

1

Patient adequate information and education

Immunotherapy safety for patients
These are not all the possible side-effects of immunotherapy. Call your oncology team if you have these or other symptoms.

Diarrhoea	Stomach pain
Headache and confusion or both	Extreme tiredness
Chest pain	Shortness of breath
Cough	Severe muscle pain
Severe rash or skin yellowing	Eye pain or blurred vision

XXX-XXX-XXXX to speak with your oncology
v. 24/7/365

2

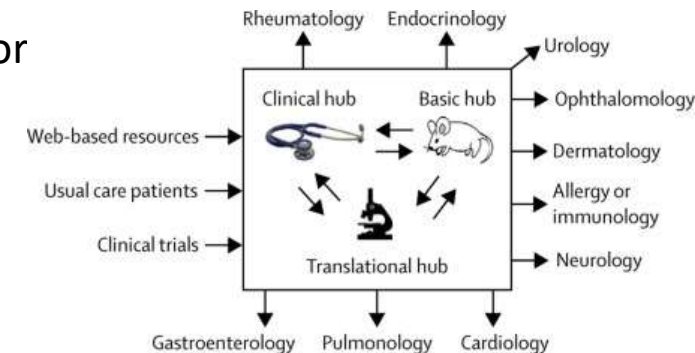
Early diagnosis and treatment

THINK ZEBRA
If you don't suspect it,
you can't detect it.



3

Multidisciplinary team discussion, especially for steroid-refractor toxicities and in case of ICB re-challenge



AMD-AIOM-SID-SIE-SIF Diabete e tumori

Composizione del gruppo

Coordinatore:

- Nicola Silvestris (AIOM)

Componenti AMD:

- Marco Gallo (*referente per il CDN di AMD*)
- Giampiero Marino
- Lelio Morviducci
- Alberto Ragni
- Valerio Renzelli
- Enzo Tuveri

Componenti AIOM:

- Antonella Argentiero
- Romano Danesi
- Stella D'Oronzo
- Tindara Franchina
- Dario Giuffrida
- Stefania Gori
- Antonio Russo

Componenti SIE:

- Francesco Giorgino
- Antongiulio Faggiano
- Annalisa Natalicchio
- Maria Chiara Zatelli

Componenti SIF:

- Stefano Fogli
- Monica Montagnani

Componenti SID:

- Matteo Monami – SID
Laura Sciacca – SID

Profilo di cura del paziente oncologico con diabete mellito ricoverato in ospedale

Clinical pathway for inpatients oncologic patients with diabetes



Board di progetto

AMD (Gruppi AMD Diabete e Tumori / Diabete Inpatient): Gennaro Clemente, Marco Gallo, Massimo Michellini, Concetta Suraci, Maria Chantal Ponziani, Riccardo Candido, Nicoletta Musacchio, Domenico Mannino

AIOM: Domenico Corsi, Daniele Farci, Antonio Russo, Carmine Pinto, Stefania Gori

Critical Reviews in Oncology / Hematology 154 (2020) 103066



Contents lists available at ScienceDirect
Critical Reviews in Oncology / Hematology
 journal homepage: www.elsevier.com/locate/critrevonc



Management of metabolic adverse events of targeted therapies and immune checkpoint inhibitors in cancer patients: an Associazione Italiana Oncologia Medica (AIOM)/Associazione Medici Diabetologi (AMD)/Società Italiana Farmacologia (SIF) multidisciplinary consensus position paper



Nicola Silvestris^{a,b,s,1}, Antonella Argentiero^{a,1}, Giordano Domenico Beretta^c, Paolo Di Bartolo^d, Monica Montagnani^b, Romano Danesi^e, Pietro Ferrari^f, Stella D'Oronzo^{a,b}, Stefania Gori^g, Antonio Russo^h, Silvia Acquati^{i,2}, Marco Gallo^{i,2}



Volume 6 ■ Issue 3 ■ 2021

REVIEW

Antineoplastic dosing in overweight and obese cancer patients: an Associazione Italiana Oncologia Medica (AIOM)/Associazione Medici Diabetologi (AMD)/Società Italiana Endocrinologia (SIE)/Società Italiana Farmacologia (SIF) multidisciplinary consensus position paper

N. Silvestris^{1,2*}, A. Argentiero¹, A. Natalicchio³, S. D'Oronzo^{2,17}, G. D. Beretta⁴, S. Acquati⁵, V. Adinolfi⁶, P. Di Bartolo⁷, R. Danesi⁸, A. Faggiano⁹, P. Ferrari¹⁰, M. Gallo¹¹, S. Gori¹², L. Morviducci¹³, A. Russo¹⁴, E. Tuveri¹⁵, M. C. Zatelli¹⁶, M. Montagnani²¹ & F. Giordano³¹



REVIEW

Volume 6 ■ Issue 3 ■ 2021

Early prediction of pancreatic cancer from new-onset diabetes: an Associazione Italiana Oncologia Medica (AIOM)/Associazione Medici Diabetologi (AMD)/Società Italiana Endocrinologia (SIE)/Società Italiana Farmacologia (SIF) multidisciplinary consensus position paper

M. Gallo^{1,2*}, V. Adinolfi³, L. Morviducci³, S. Acquati⁴, E. Tuveri⁵, P. Ferrari⁶, M. C. Zatelli⁷, A. Faggiano⁸, A. Argentiero⁹, A. Natalicchio¹⁰, S. D'Oronzo¹¹, R. Danesi¹², S. Gori¹³, A. Russo¹⁴, M. Montagnani¹⁵, G. D. Beretta¹⁵, P. Di Bartolo¹⁶, N. Silvestris^{9,11} & F. Giordano¹⁰



Critical Reviews in Oncology/Hematology
 Volume 169, January 2022, 103572



Metabolic disorders and gastroenteropancreatic-neuroendocrine tumors (GEP-NETs): How do they influence each other? An Italian Association of Medical Oncology (AIOM)/ Italian Association of Medical Diabetologists (AMD)/ Italian Society of Endocrinology (SIE)/ Italian Society of Pharmacology (SIF) multidisciplinary consensus position paper

Annalisa Natalicchio^a, Antongiulio Faggiano^b, Maria Chiara Zatelli^c, Antonella Argentiero^d, Stella D'Oronzo^e, Nicola Marrano^f, Giordano Domenico Beretta^g, Silvia Acquati^h, Valerio Adinolfiⁱ, Paolo Di Bartolo^j, Romano Danesi^k, Pietro Ferrari^l, Stefania Gori^m, Lelio Morviducciⁿ, Antonio Russo^o, Enzo Tuveri^p, Monica Montagnani^q, Marco Gallo^r, Nicola Silvestris^{o,e,1}, Francesco Giordano^{o,1}



ESMO > Meetings > ESMO Virtual Congress 2020 > Daily Reporter > Daily Reporter News

SOLAR-1 TRIAL REPORTS OVERALL SURVIVAL BENEFITS IN BREAST CANCER PATIENTS WITH LIMITED OPTIONS OF TREATMENT

Results support the use of alpelisib plus fulvestrant for patients with HR-positive, HER2-negative advanced breast cancer and PI3KCA mutations

Date: 19 Sep 2020

Topics: Breast cancer

Patients with hormone receptor (HR)-positive, human epidermal growth factor receptor 2 (HER2)-negative advanced breast cancer achieved a clinically relevant overall survival (OS) benefit of approximately 8 months when the phosphatidylinositol 3-kinase (PI3K) inhibitor alpelisib was combined with hormonal therapy compared with hormonal therapy alone, as reported in the Late-Breaking presentation at ESMO Virtual Congress 2020 today (LBA18).

Approximately 40% of patients with HR-positive, HER2-negative breast cancer harbour *PI3KCA* gene mutations, resulting in PI3K pathway hyperactivation and endocrine resistance. These patients have a poor prognosis and targeting the PI3K pathway with

More news from the ESMO Congress

Read more on the [ESMO Daily Reporter](#) and stay up-to-date with the latest findings from the [ESMO Virtual Congress 2020](#)

Related Links

[Encouraging Long-Term Survival Benefits with Atezolizumab Plus Nab-Paclitaxel in Metastatic](#)

Table 2. Most frequently reported adverse events (≥20% incidence of any grade event in either treatment group) in the safety population^a

AE, n (%)	Alpelisib plus fulvestrant (n = 284)					Placebo plus fulvestrant (n = 287)				
	Any Grade	Grade 1	Grade 2	Grade 3	Grade 4	Any Grade	Grade 1	Grade 2	Grade 3	Grade 4
Any AE	282 (99.3)	12 (4.2)	54 (19.0)	183 (64.4)	33 (11.6)	264 (92.0)	69 (24.0)	92 (32.1)	87 (30.3)	15 (5.2)
Hyperglycemia ^b	181 (63.7)	32 (11.3)	45 (15.8)	93 (32.7)	11 (3.9)	28 (9.8)	19 (6.6)	7 (2.4)	1 (0.3)	1 (0.3)
Diarrhea	164 (57.7)	93 (32.7)	52 (18.3)	19 (6.7)	0	45 (15.7)	30 (10.5)	14 (4.9)	1 (0.3)	0
Nausea	127 (44.7)	90 (31.7)	30 (10.6)	7 (2.5)	0	64 (22.3)	49 (17.1)	14 (4.9)	1 (0.3)	0
Decreased appetite	101 (35.6)	75 (26.4)	24 (8.5)	2 (0.7)	0	30 (10.5)	21 (7.3)	8 (2.8)	1 (0.3)	0
Rash ^c	101 (35.6)	48 (16.9)	25 (8.8)	28 (9.9)	0	17 (5.9)	14 (4.9)	2 (0.7)	1 (0.3)	0
Vomiting	77 (27.1)	64 (22.5)	11 (3.9)	2 (0.7)	0	28 (9.8)	18 (6.3)	9 (3.1)	1 (0.3)	0
Decreased weight	76 (26.8)	34 (12.0)	31 (10.9)	11 (3.9)	0	6 (2.1)	1 (0.3)	5 (1.7)	0	0
Stomatitis	70 (24.6)	39 (13.7)	24 (8.5)	7 (2.5)	0	18 (6.3)	15 (5.2)	3 (1.0)	0	0
Fatigue	69 (24.3)	36 (12.7)	23 (8.1)	10 (3.5)	0	49 (17.1)	36 (12.5)	10 (3.5)	3 (1.0)	0
Asthenia	58 (20.4)	25 (8.8)	28 (9.9)	5 (1.8)	0	37 (12.9)	29 (10.1)	8 (2.8)	0	0

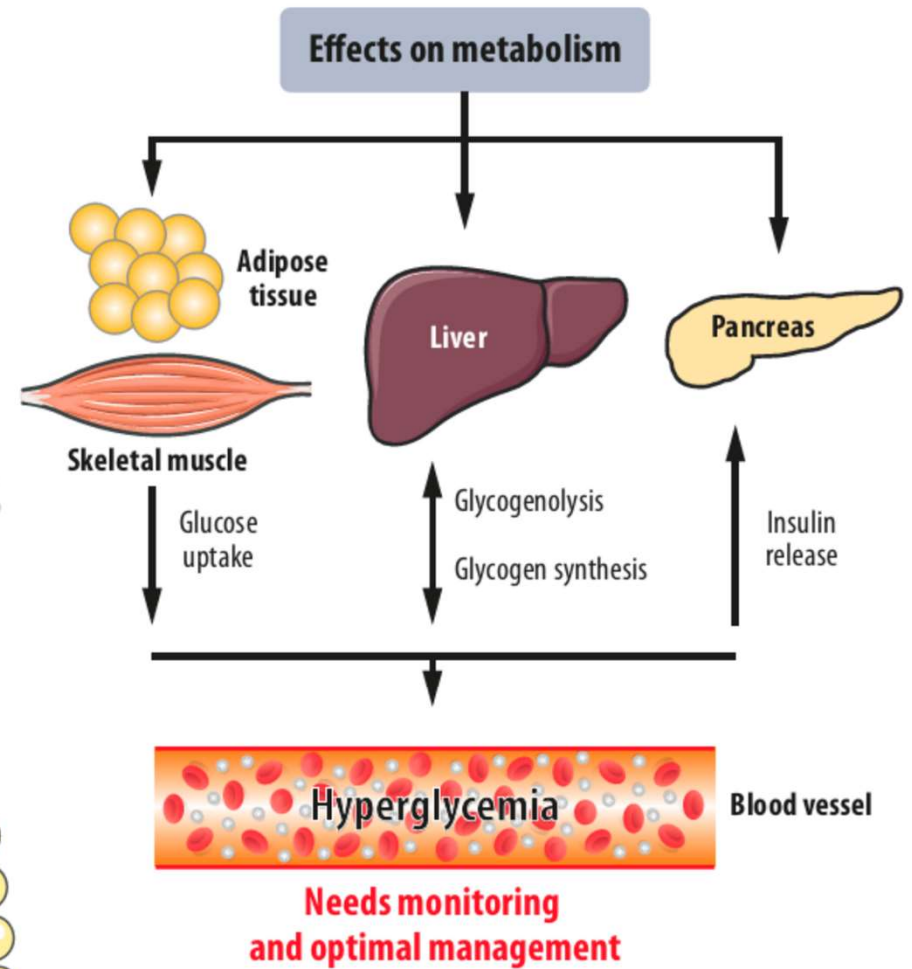
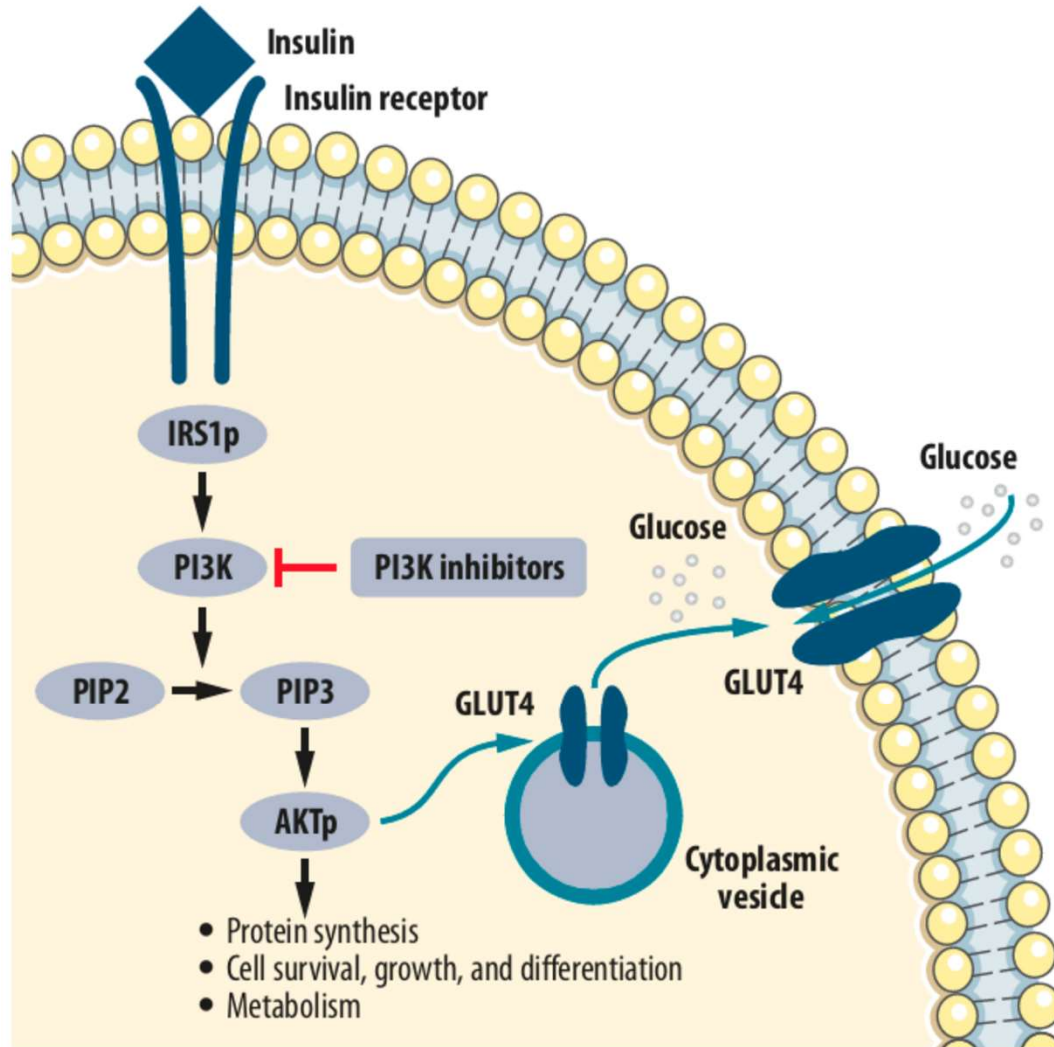
AEs were graded per the National Cancer Institute Common Terminology Criteria for Adverse Events version 4.03.

AE, adverse event.

^a AEs reported as a single preferred term regardless of relationship to study medication.

^b Hyperglycemia is reported in the table as a preferred term. Hyperglycemia AE of special interest (AESI) (preferred terms listed in [supplementary Table S1](#), available at *Annals of Oncology* online) was reported in 187 (65.8%) patients in the alpelisib plus fulvestrant group [grade ≥3, n = 108 (38.0%)] and in 30 (10.5%) of those randomly assigned to receive placebo plus fulvestrant [grade ≥3, n = 2 (0.7%)].⁹

^c Rash is reported in the table as a preferred term. Rash AESI (preferred terms listed in [supplementary Table S1](#), available at *Annals of Oncology* online) was reported in 153 (53.9%) of patients in the alpelisib plus fulvestrant group [grade ≥3, n = 57 (20.1%)] and in 24 (8.4%) of those randomly assigned to receive placebo plus fulvestrant [grade ≥3, n = 1 (0.3%)].⁹



Tankova, T.; et al. Management Strategies for Hyperglycemia Associated with the α -Selective PI3K Inhibitor Alpelisib for the Treatment of Breast Cancer. *Cancers* **2022**, *14*, 1598.

ORIGINAL ARTICLE

Time course and management of key adverse events during the randomized phase III SOLAR-1 study of PI3K inhibitor alpelisib plus fulvestrant in patients with HR-positive advanced breast cancer

H. S. Rugo^{1*}, F. André², T. Yamashita³, H. Cerda⁴, I. Toledano⁵, S. M. Stemmer⁶, J. C. Jurado⁷, D. Juric⁸, I. Mayer⁹, E. M. Ciruelos¹⁰, H. Iwata¹¹, P. Conte¹², M. Campone¹³, C. Wilke¹⁴, D. Mills¹⁴, A. Lteif¹⁵, M. Miller¹⁵, F. Gaudenzi¹⁴ & S. Loibl¹⁶

¹Department of Medicine, Division of Hematology and Oncology, University of California San Francisco Helen Diller Family Comprehensive Cancer Center, San Francisco, USA; ²Department of Medical Oncology, INSERM U981, Gustave Roussy, Université Paris-Sud, Villejuif, France; ³Department of Breast and Endocrine Surgery, Kanagawa Cancer Center Hospital, Yokohama, Japan; ⁴Clinica RedSalud Vitacura, Santiago, Chile; ⁵Institut Curie, Paris, France; ⁶Institute of Oncology, Davidoff Center, Rabin Medical Center, Tel Aviv University, Tel Aviv, Israel; ⁷Hospital Universitario Canarias, S/C Tenerife, Islas Canarias, Spain; ⁸Department of Medicine, Massachusetts General Hospital Cancer Center, Boston; ⁹Department of Medicine, Hematology and Oncology, Vanderbilt University, Nashville, USA; ¹⁰Medical Oncology Department, Breast Cancer Unit, Hospital Universitario 12 de Octubre, Madrid, Spain; ¹¹Department of Breast Oncology, Aichi Cancer Center Hospital, Nagoya, Japan; ¹²Department of Surgery, Oncology and Gastroenterology, University of Padua and Medical Oncology 2, Istituto Oncologico Veneto, IRCCS, Padua, Italy; ¹³Department of Medical Oncology, Institut de Cancérologie de l'Ouest, St Herblain, France; ¹⁴Novartis Pharma AG, Basel, Switzerland; ¹⁵Novartis Pharmaceuticals Corporation, East Hanover, USA; ¹⁶Department of Medicine and Research, German Breast Group, Neu-Isenburg; Centre for Haematology and Oncology Bethanien, Frankfurt, Germany

Rugo HS, et al. *Ann Oncol.* 2020 Aug;31(8):1001-1010.
doi: 10.1016/j.annonc.2020.05.001. Epub 2020 May 13.

Table 1. Management guidance for AEsIs based on protocol amendment

Grade	Criteria	Recommendation for alpelisib dosing	Recommendation for management
Hyperglycemia			
1	FPG > ULN to 160 mg/dl or FPG > ULN to 8.9 mmol/l	<ul style="list-style-type: none"> No alpelisib dose adjustment required 	<ul style="list-style-type: none"> If FPG is <140 mg/dl, consider metformin If FPG is 140–160 mg/dl, start or intensify metformin
2	FPG >160 to 250 mg/dl or FPG >8.9 to 13.9 mmol/l	<ul style="list-style-type: none"> No alpelisib dose adjustment required If FPG does not resolve to grade ≤1 within 21 days after antidiabetic treatment, reduce alpelisib by one dose level^a 	<ul style="list-style-type: none"> Start oral antidiabetic treatment (e.g. metformin) If FPG keeps rising beyond MTD of metformin, add an insulin sensitizer (e.g. pioglitazone)
3	FPG >250 to 500 mg/dl or FPG >13.9 to 27.8 mmol/l	<ul style="list-style-type: none"> Discontinue alpelisib If FPG resolves to grade ≤1 within 3 to 5 days while off alpelisib and on metformin, restart alpelisib and reduce by one dose level^a If FPG does not resolve to grade ≤1 within 21 days after antidiabetic treatment, permanently discontinue alpelisib 	<ul style="list-style-type: none"> Consider consultation with endocrinologist Start metformin and add pioglitazone Insulin may be used as rescue medication for 1 to 2 days
4	FPG >500 mg/dl or FPG ≥27.8 mmol/l	<ul style="list-style-type: none"> Discontinue alpelisib for 24 H, then: <ul style="list-style-type: none"> If grade ≤3, follow specific grade recommendations If grade 4 persists (with no confounding factors), permanently discontinue alpelisib 	<ul style="list-style-type: none"> Consult with endocrinologist See grade 3 recommendations; recheck in 24 H

Diarrhea

Rugo HS, et al. Ann Oncol. 2020 Aug;31(8):1001-1010.
doi: 10.1016/j.annonc.2020.05.001. Epub 2020 May 13.

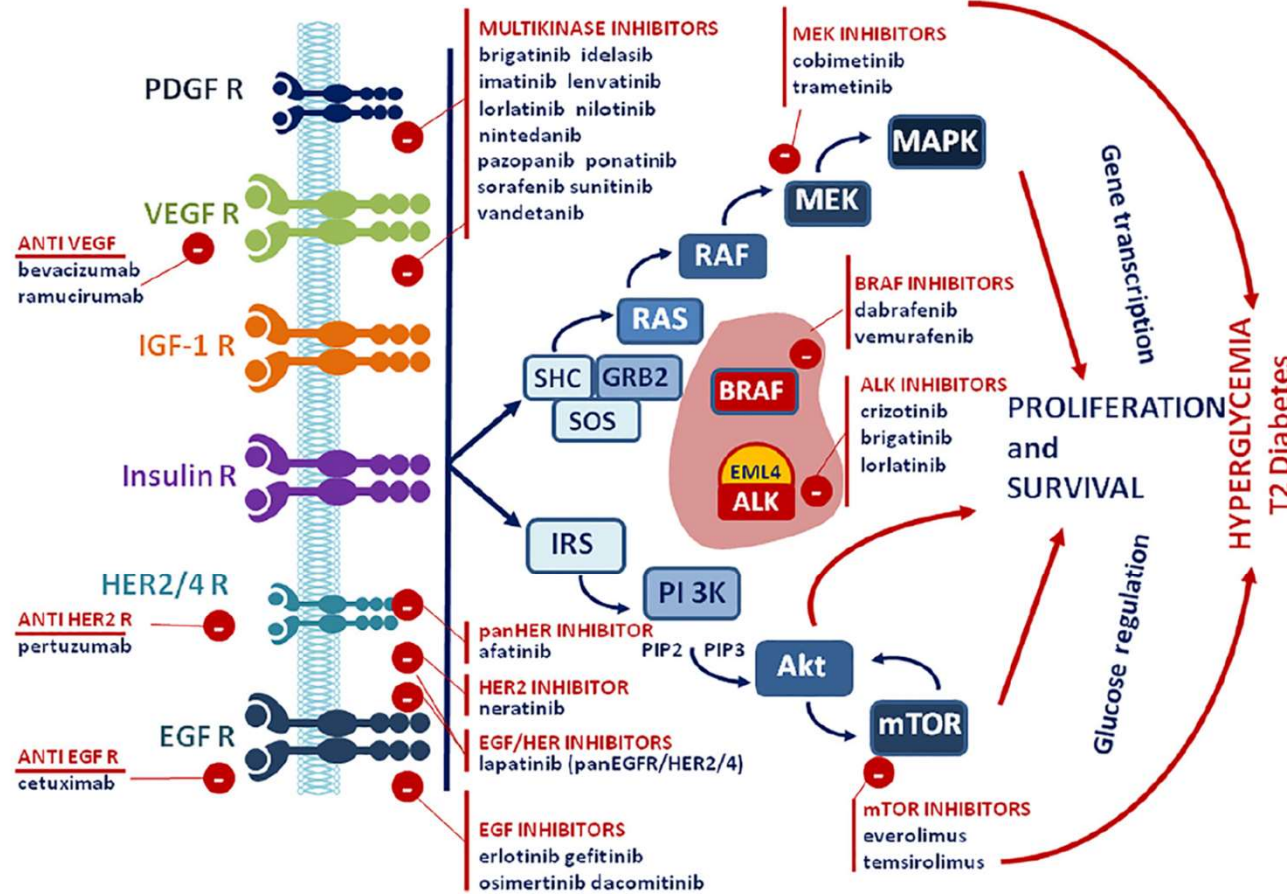
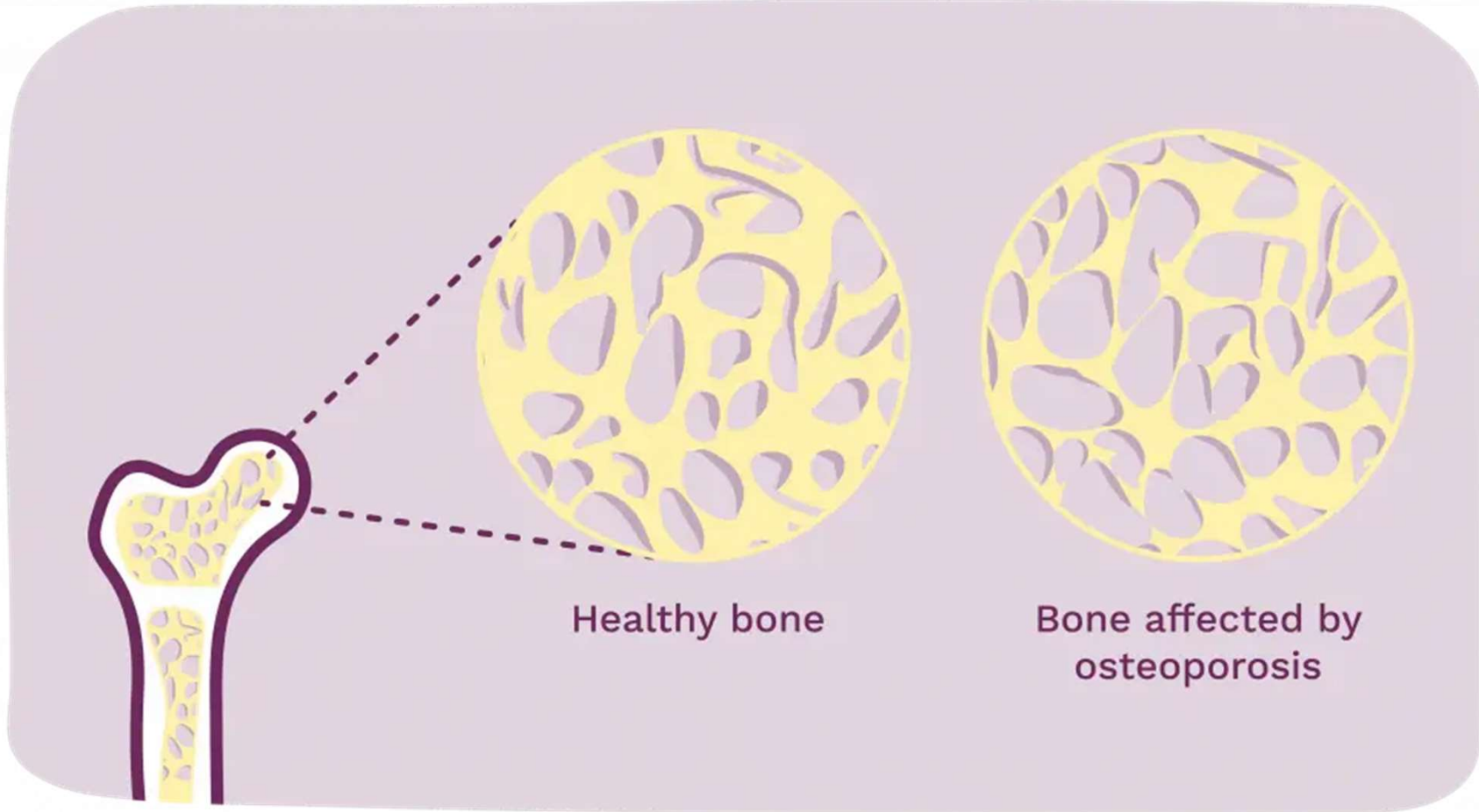


Fig. 1. Schematic diagram showing the main intracellular pathways downstream receptor tyrosine kinases (RTKs) involved in gene transcription, cell growth, differentiation and survival. Specific monoclonal antibodies and targeted therapies designed to inhibit cancer proliferation and promote apoptosis may interfere at multiple points (red circles) on signaling pathways involved in cellular control of glucose homeostasis. Figure reports examples of molecules acting on specific targets.

Terapia ormonale e osso





**Exercise
is medicine
in oncology**

TABLE 2. Level of Evidence for the Benefit of Exercise on Cancer-Related Health Outcomes¹⁰

STRONG EVIDENCE^a	MODERATE EVIDENCE	INSUFFICIENT EVIDENCE
Reduced anxiety	Sleep	Cardiotoxicity
Fewer depressive symptoms	Bone health (for osteoporosis prevention, not bone metastases)	Chemotherapy-induced peripheral neuropathy
Less fatigue		Cognitive function
Better QOL		Falls
Improved perceived physical function		Nausea
No risk of exacerbating upper extremity lymphedema		Pain
		Sexual function
		Treatment tolerance

Abbreviation: QOL, quality of life.

^aEffective exercise programs for improving these outcomes are thrice-weekly, moderate-intensity, aerobic and/or resistance training with one exception. Anxiety and depressive symptoms do not appear to be improved by a program of resistance training alone but do improve with aerobic training alone or in combination with resistance training. The scientific evidence review and scheme used for evidence evaluation are described in another article from the American College of Sports Medicine (ACSM) Roundtable.¹⁰

Ministero della Salute

**LINEE DI INDIRIZZO SULL'ATTIVITÀ
FISICA**

**Revisione delle raccomandazioni per le
differenti fasce d'età e situazioni
fisiologiche
e
nuove raccomandazioni per specifiche
patologie**

https://www.salute.gov.it/imgs/C_17_notizie_5693_1_file.pdf

VOGLIAMO
VINCERE.
INSIEME.



Ministero del lavoro e delle politiche sociali

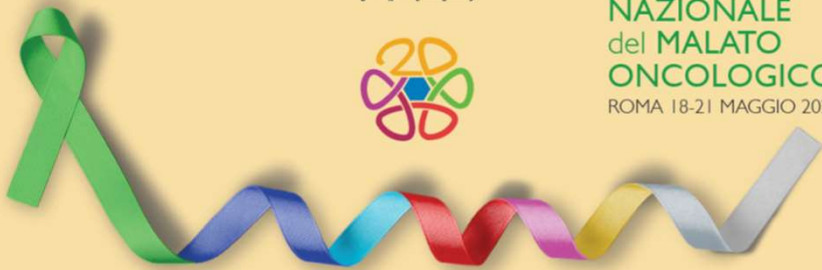
Ministero della Salute



Con il sostegno di:



XVIII
GIORNATA
NAZIONALE
del MALATO
ONCOLOGICO
ROMA 18-21 MAGGIO 2023



Medaglia del Presidente
della Repubblica

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**PROGRAMMA
DELL'EVENTO**



15° Rapporto sulla
condizione assistenziale
dei malati oncologici

14. Attività fisica e cancro: quali raccomandazioni?

a cura di F. Traclò – F.A.V.O.
S. Cinieri, F. Montemurro, E. Stroppa, M. Di Maio – AIOM

Con il Patrocinio di



SHARING
EXPERIENCE

Sharing
experience
in Diabetologia
ed Endocrinologia

Incontro con gli esperti
sul paziente polipatologico

Corso di aggiornamento ECM RES TORINO
18 settembre 2023

Effetti endocrino-metabolici delle immunoterapie e delle target therapies nel carcinoma mammario e prostatico avanzato

Massimo Di Maio

Oncologia Medica 1U

AOU Città della Salute e della Scienza

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