

Il dr. **Andrea Palermo** dichiara di  
**aver ricevuto** negli ultimi due anni compensi o finanziamenti  
dalle seguenti Aziende Farmaceutiche e/o Diagnostiche:

*AMGEN*  
*Sanofi Aventis*





**CONGRESSO**  
**SID AMD LAZIO 2015**  
IL PAZIENTE DIABETICO AL CENTRO:  
RICERCA, ASSISTENZA E INNOVAZIONE

**ROMA, 8-9 MAGGIO 2015**  
ROMA EVENTI / PIAZZA DI SPAGNA



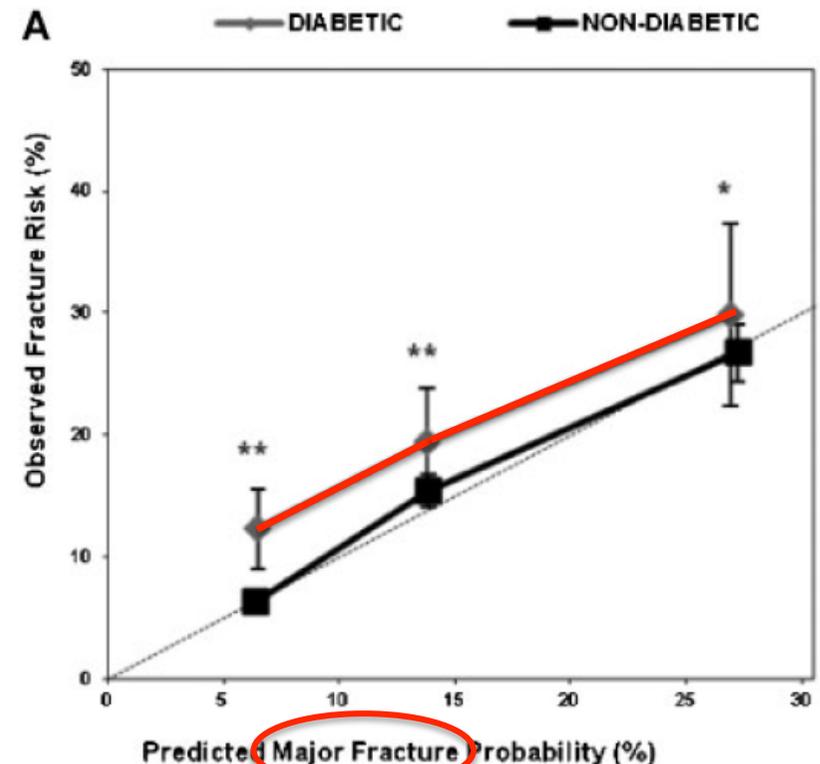
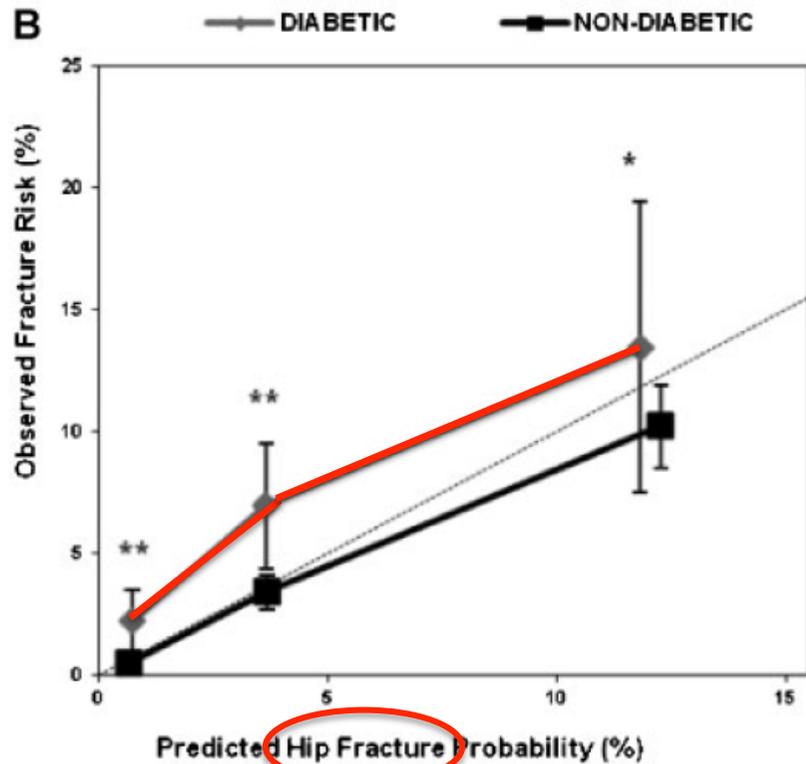
**RUOLO DEI NUOVI**  
**MARCATORI OSSEI IN**  
**CORSO DI DIABETE**

**Andrea Palermo**

Endocrinologia e malattie metaboliche  
Università Campus Bio-Medico di Roma  
[a.palermo@unicampus.it](mailto:a.palermo@unicampus.it)

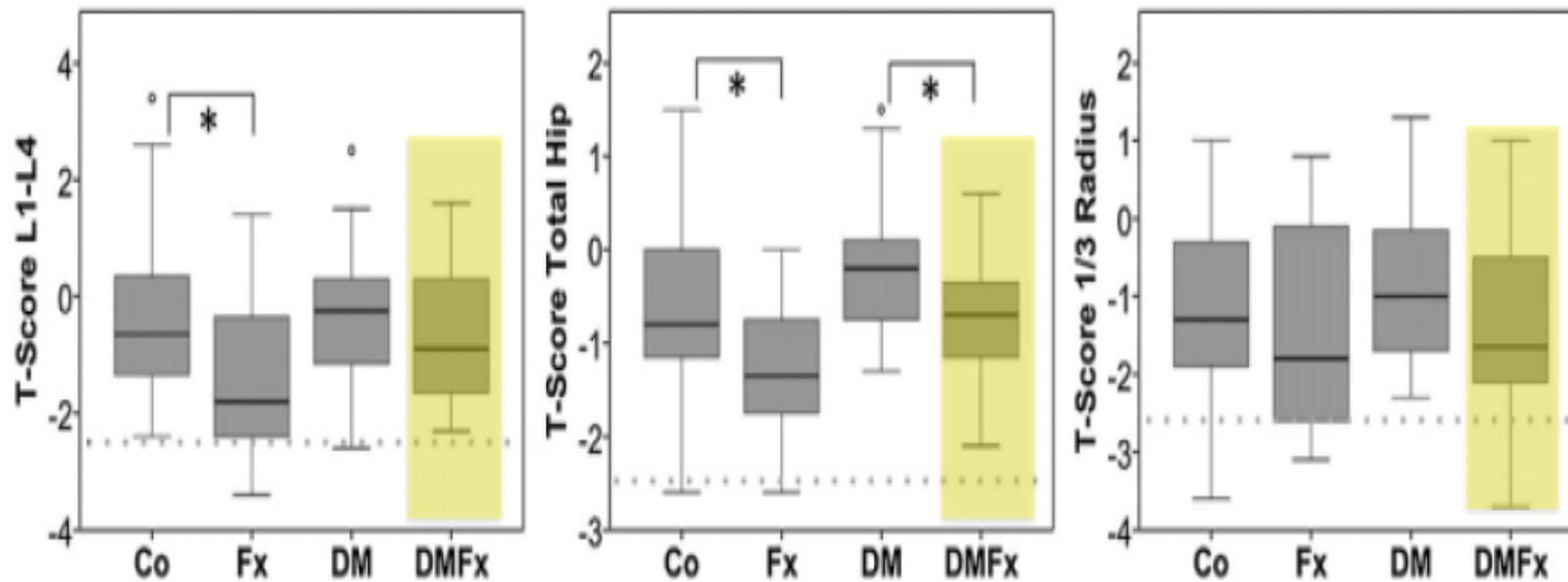
## Type 2 Diabetes and Bone

William D Leslie,<sup>1</sup> Mishaela R Rubin,<sup>2</sup> Ann V Schwartz,<sup>3</sup> and John A Kanis<sup>4</sup>



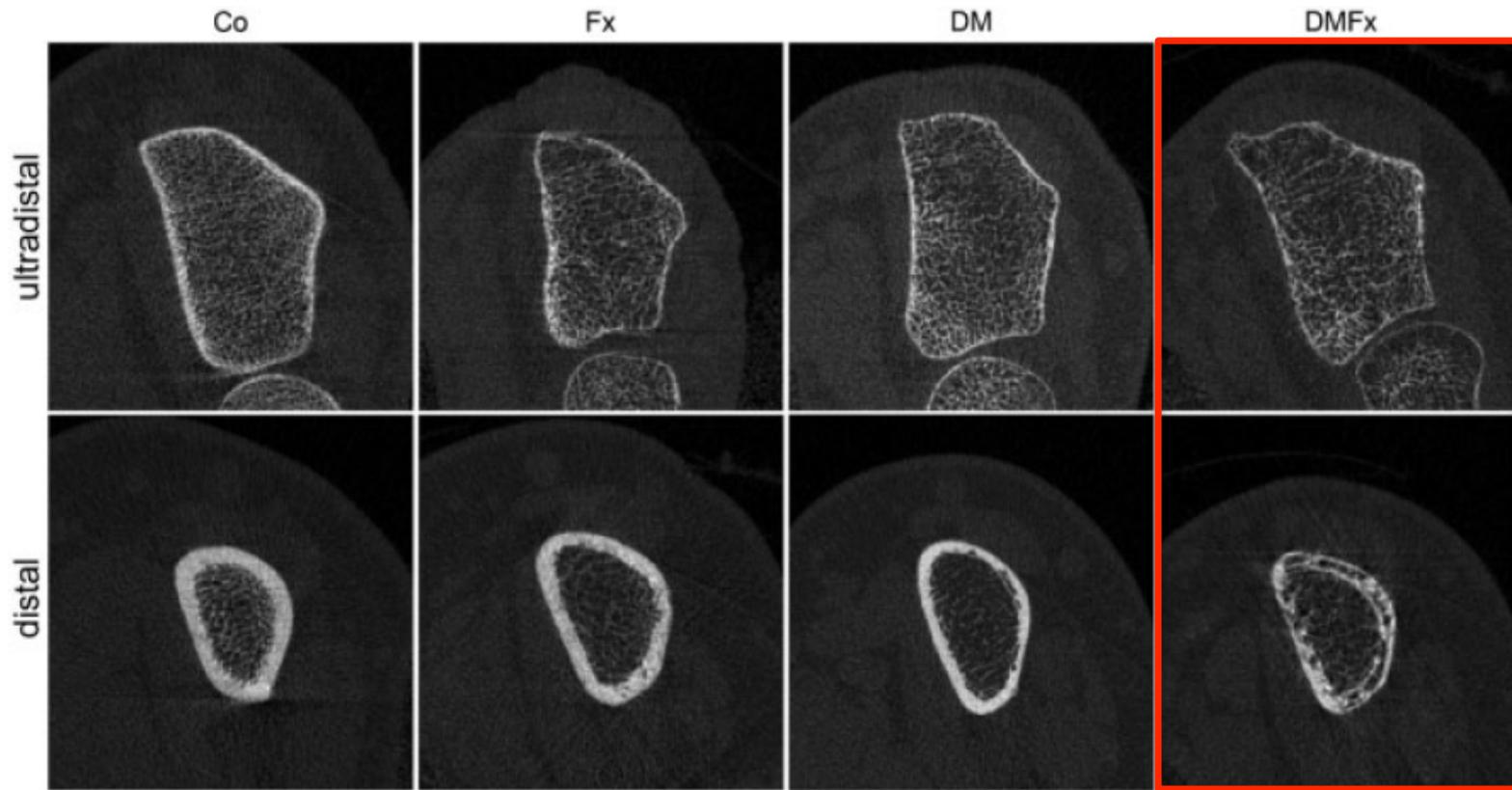
## Type 2 Diabetes and Bone

William D Leslie,<sup>1</sup> Mishaela R Rubin,<sup>2</sup> Ann V Schwartz,<sup>3</sup> and John A Kanis<sup>4</sup>



# Increased Cortical Porosity in Type 2 Diabetic Postmenopausal Women With Fragility Fractures

Janina M Patsch,<sup>1\*</sup> Andrew J Burghardt,<sup>1\*</sup> Samuel P Yap,<sup>1</sup> Thomas Baum,<sup>1</sup> Ann V Schwartz,<sup>2</sup> Gabby B Joseph,<sup>1</sup> and Thomas M Link<sup>1</sup>



Contents lists available at ScienceDirect

Bone

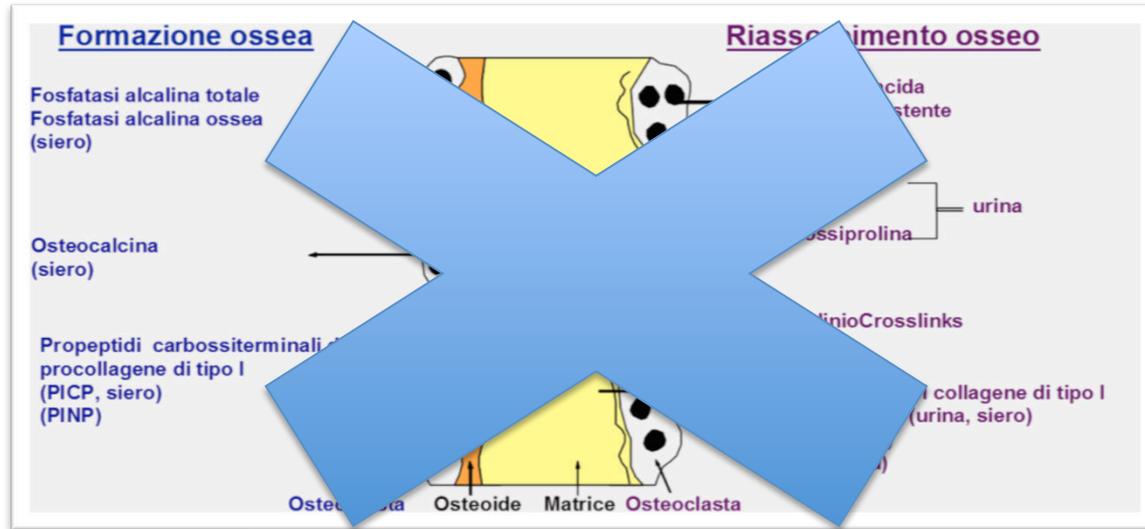
Osteoporos Int (2014) 25:1697–1708  
DOI 10.1007/s00198-014-2676-7

ORIGINAL ARTICLE

**Biochemical markers of bone turnover in diabetes patients—a meta-analysis, and a methodological study on the effects of glucose on bone markers**

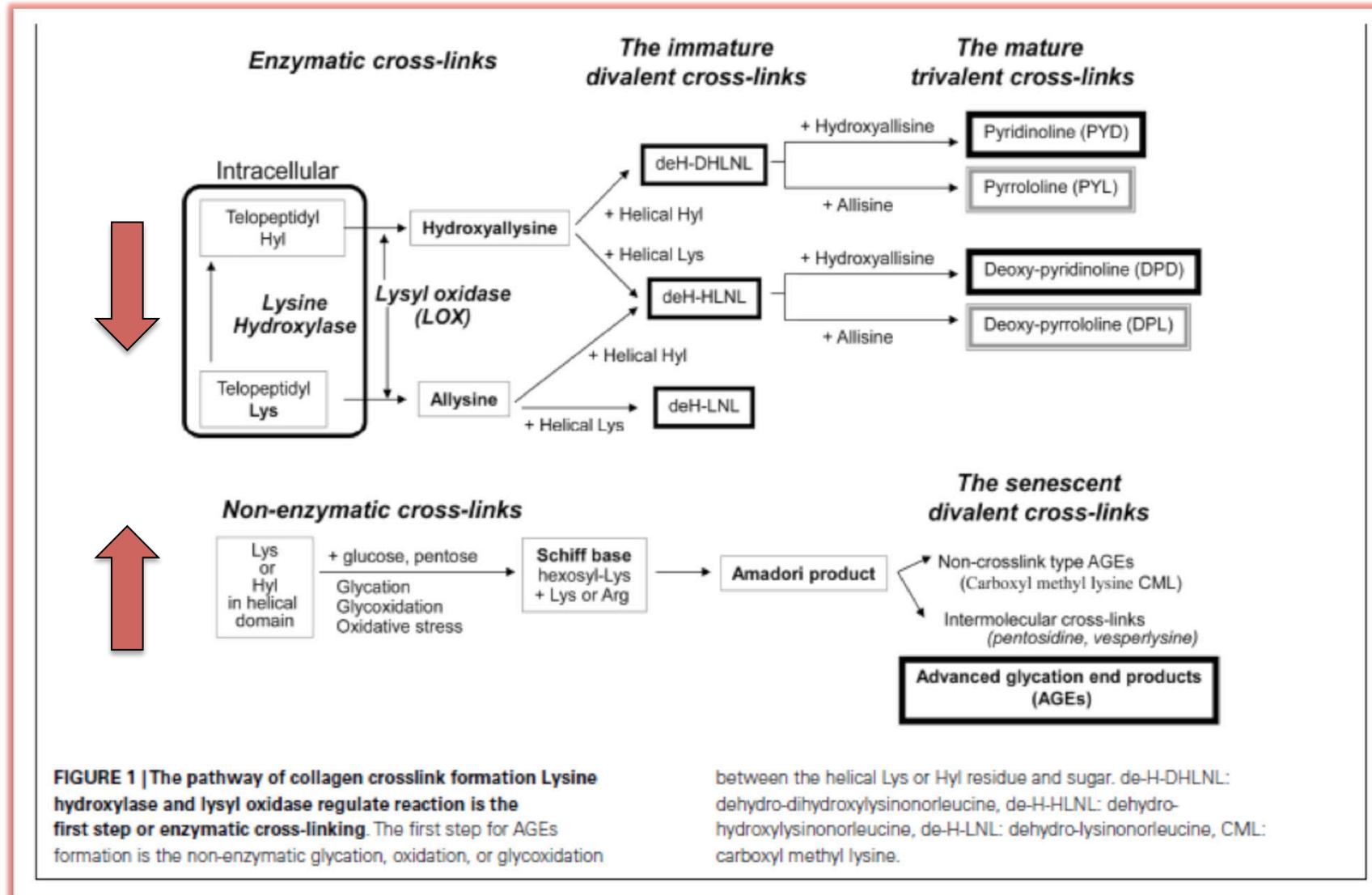
*Bone formation, resorption and formation rates seem to be lower in diabetes patients.*

- *BALP is normal or increased, which suggests that the matrix becomes hypermineralized in diabetes patients.*
  - *“... Osteocalcin and Beta CTX are lower in diabetes patients compared to healthy subjects”;*
  - *“... Hyperglycaemia or addition of glucose do not significantly affect BTM”;*
  - *“...Other factors related to diabetes could explain these results”.*



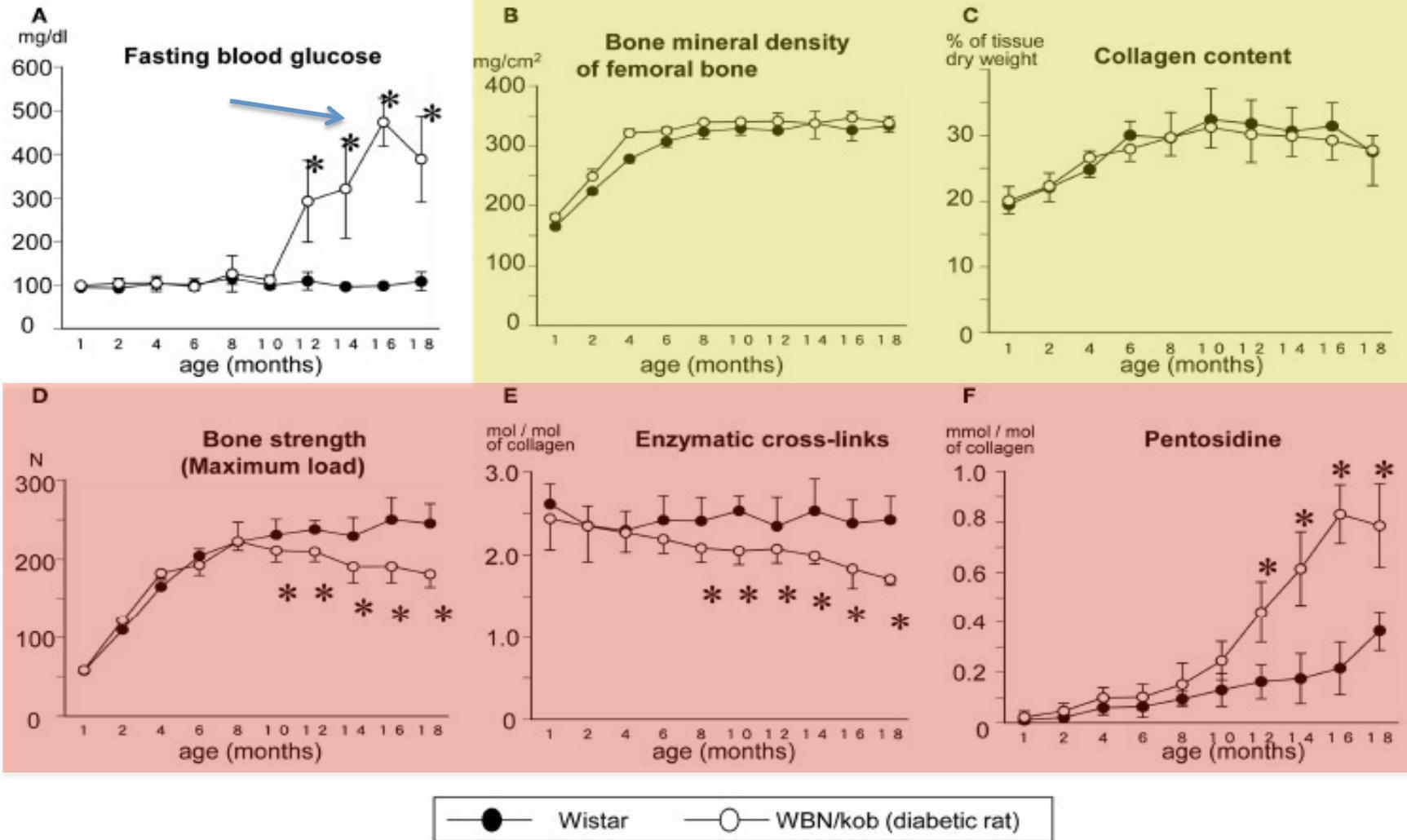
- ***Esistono nuovi marcatori di danno osseo in corso di diabete?***
- ***Esistono marcatori ossei con significativo ruolo metabolico in corso di diabete?***

# CROSS-LINK FORMATION IN BONE COLLAGEN



# AGEs: Reduce material properties of bone (*in vitro* studies)

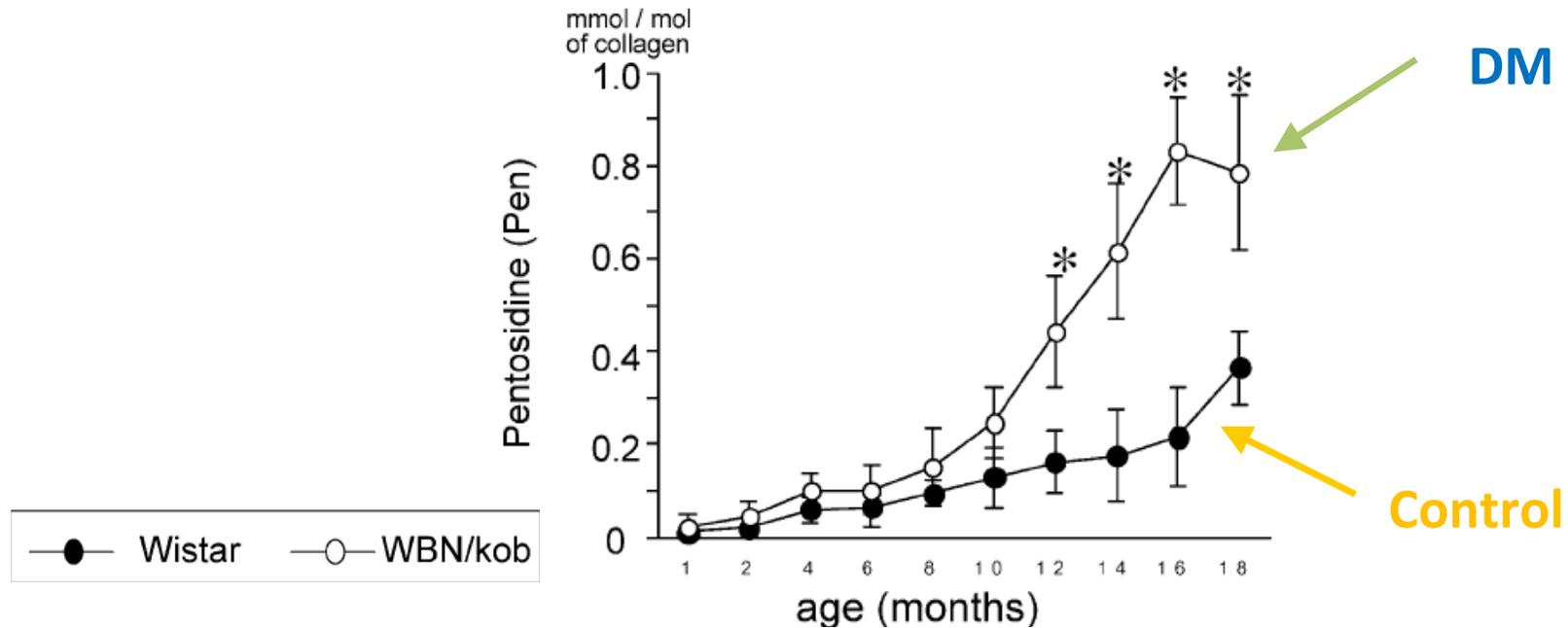
- Advanced glycation endproducts (AGEs) formed by **non-enzymatic** reaction between glucose and protein
- Accumulate in collagen, including bone collagen, with **older age** and **diabetes**
- Form cross-links that increase **stiffness of bone collagen**
- AGEs reduce **bone strength**
- **Lower bone turnover** may allow greater accumulation



**FIGURE 2 |** Serum glucose level (A) and bone mineral density (B), collagen content in bone (C), maximum load (D), total enzymatic cross-link content (the sum of immature divalent and mature trivalent pyridinium crosslinks) (E), and

**AGEs cross-link Pen content (F) in the non-diabetic Wistar rats (closed circle) and the diabetic WBN/Kob rats (open circle). \**p* < 0.05, vs. the age-matched Wistar rats. (Saito et al. (2006c) with permission).**

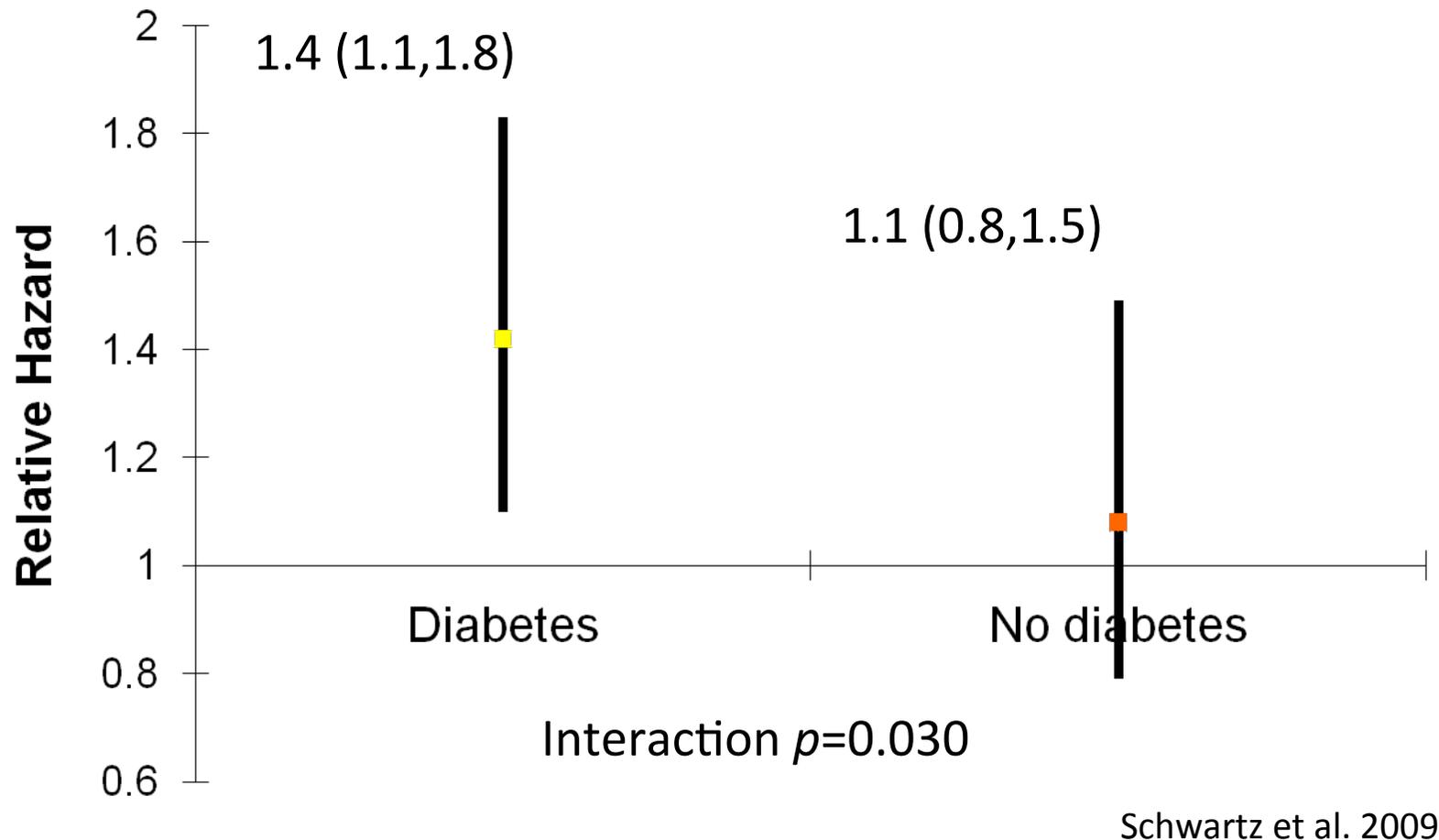
# Pentosidine in bone increases with age and DM



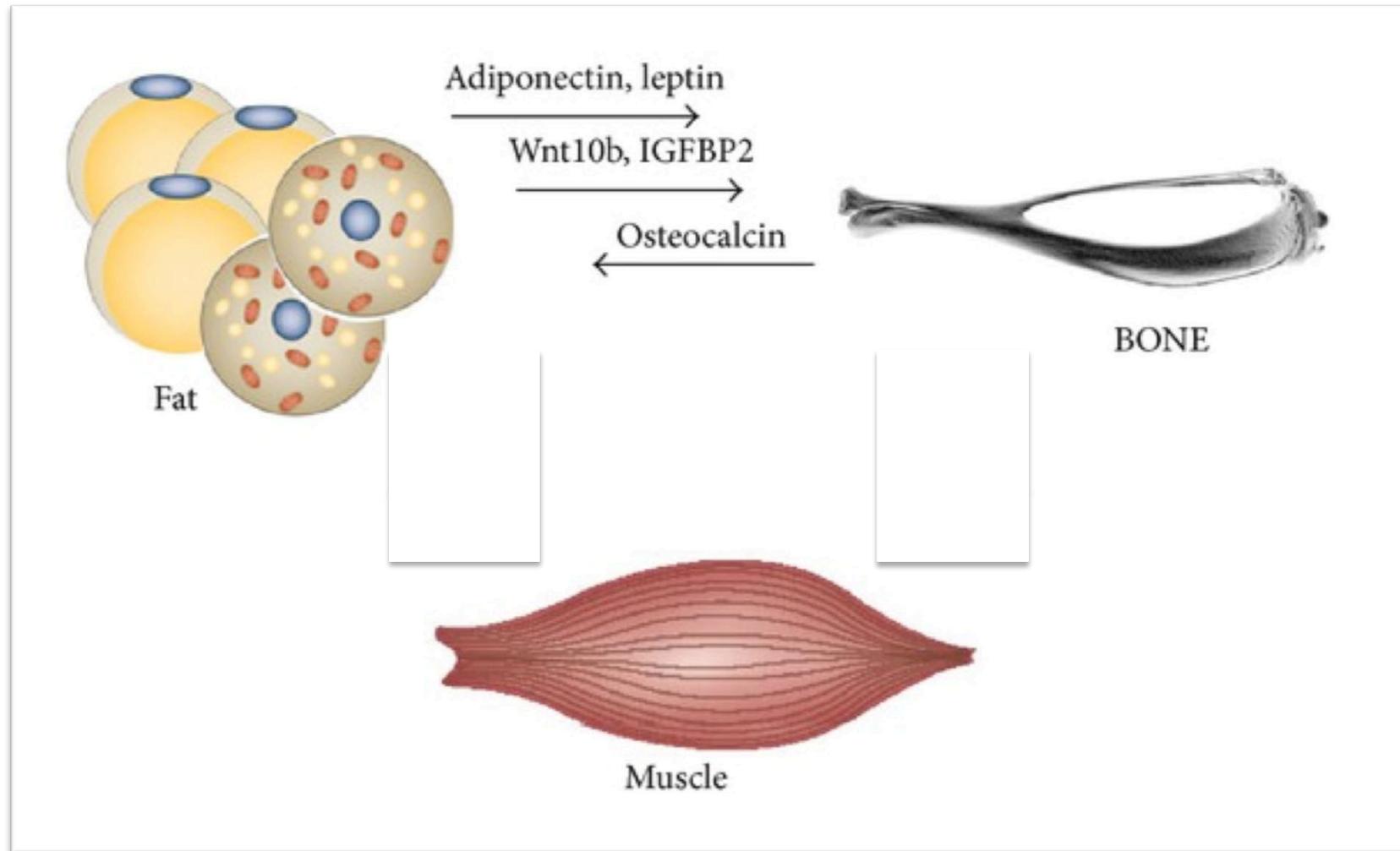
	Elastic modulus	Energy absorption	Stiffness	Maximum load
<b>Pentosidine</b>	<b>-0.579*</b>	<b>-0.312*</b>	<b>0.677*</b>	<b>-0.448*</b>

# Urine pentosidine predicts incident clinical fractures in T2D

RR\* of fracture for 1 SD increase in log PEN



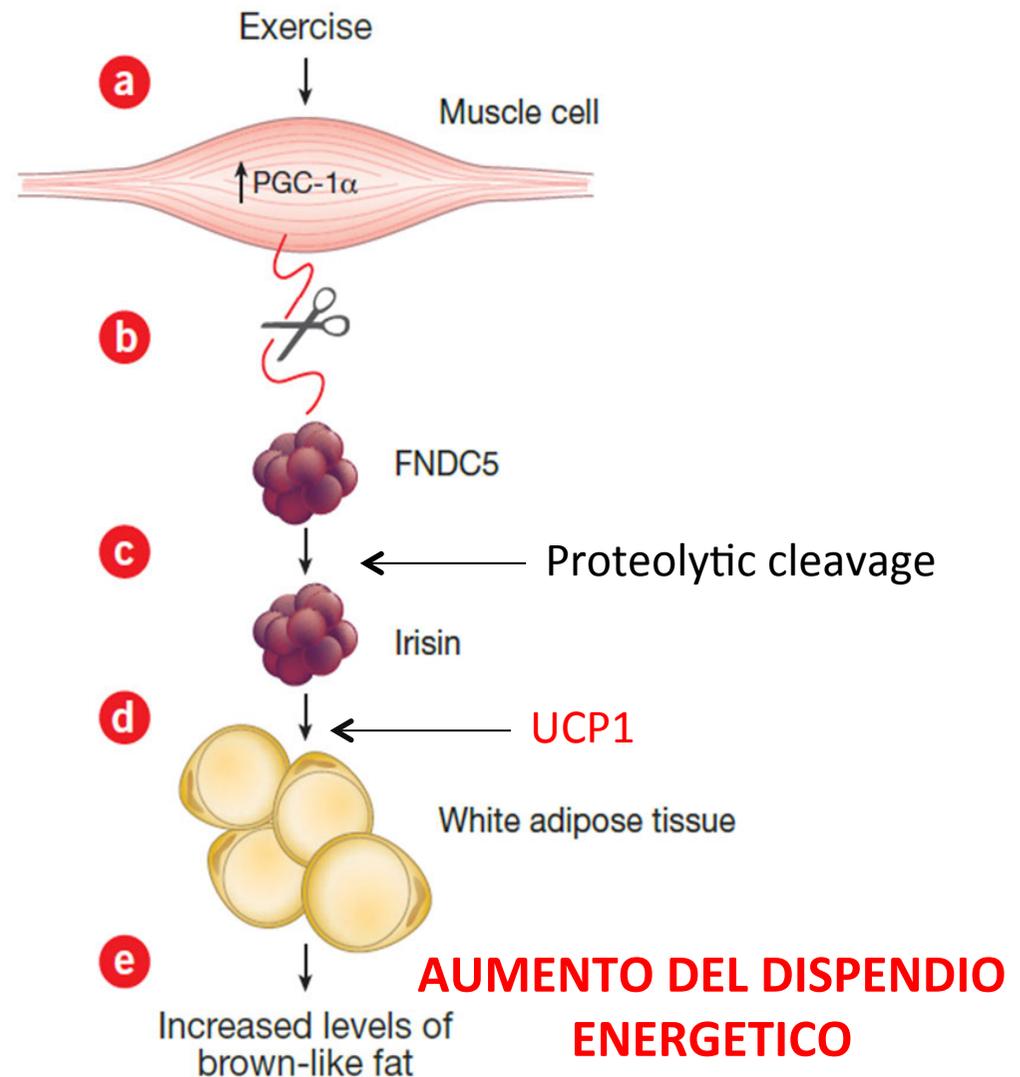
# MUSCLE-FAT-BONE AXIS



# UN NUOVO ORMONE: L'IRISINA

Nel 2012 Boström et al.: scoperta dell'**IRISINA**.

- Polipeptide (12kDa) secreto dal muscolo scheletrico in risposta all'**esercizio fisico**.
- Stimola la **termoregolazione** con aumento del **dispendio energetico** (EE) tramite l'espressione di UCP1.
- Promozione **browning**, conversione del tessuto adiposo bianco (WAT) in tessuto adiposo bruno (BAT) in vitro e in vivo.



# IRISINA - OBESITA' - DIABETE

- ✓ Serum irisin levels were decreased in T2D patients and inversely associated with newly diagnosed T2D.

*Diabetes Res Clin Pract. 2013 Apr;100(1):96-101.*

- ✓ Lower circulating irisin is associated with obesity and type 2 diabetes mellitus.

*J Diabetes Complications. 2013 Jul-Aug;27(4):303-4.*

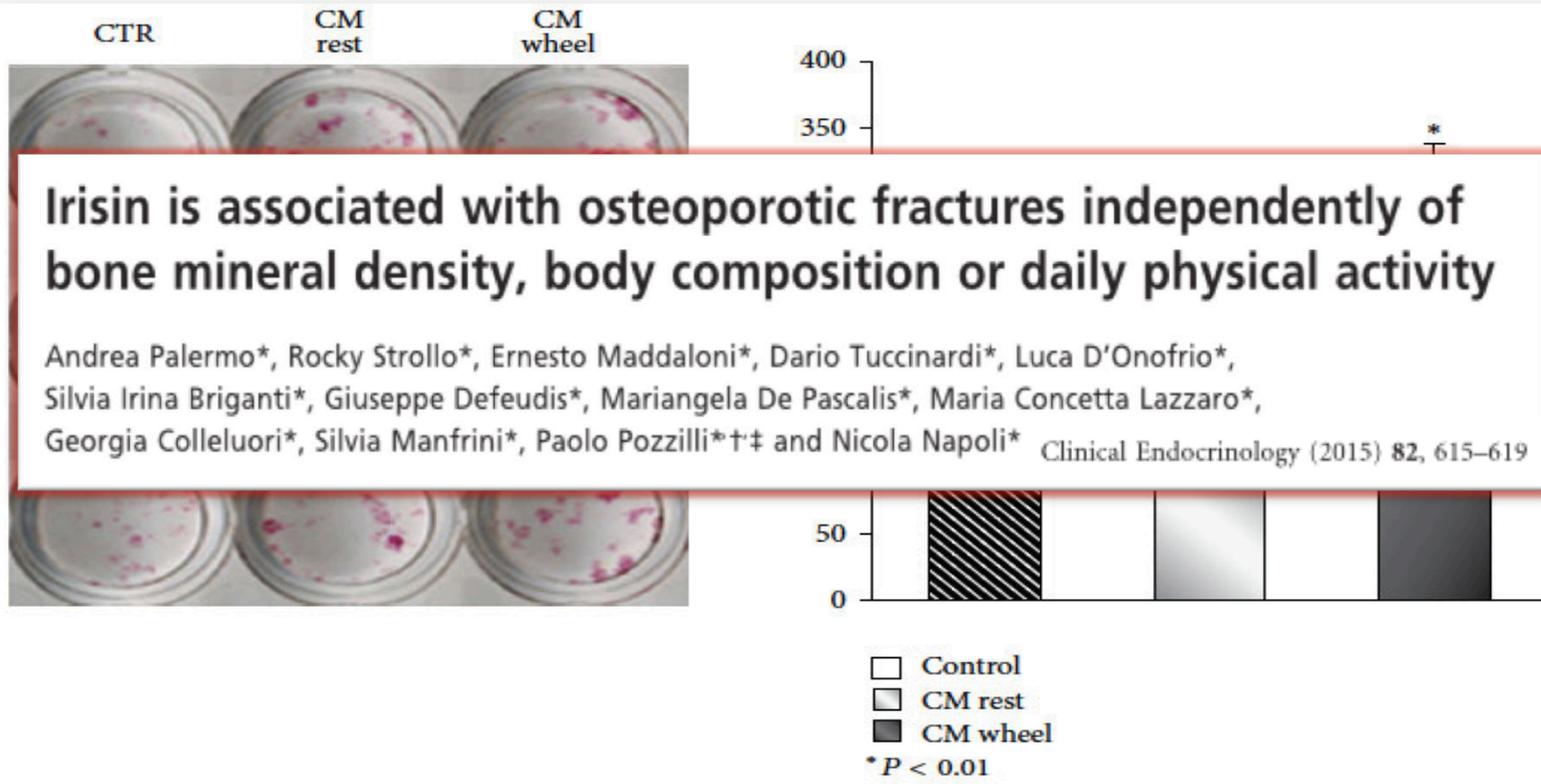
- ✓ Decreased circulating irisin concentration and ***FNDC5 gene expression*** in **adipose tissue** and **muscle** from obese and type 2 diabetic subjects suggests a loss of brown-like characteristics and a potential target for therapy.

*J Clin Endocrinol Metab. 2013 Apr;98(4):E769-78*

Research Article

**Irisin Enhances Osteoblast Differentiation *In Vitro***

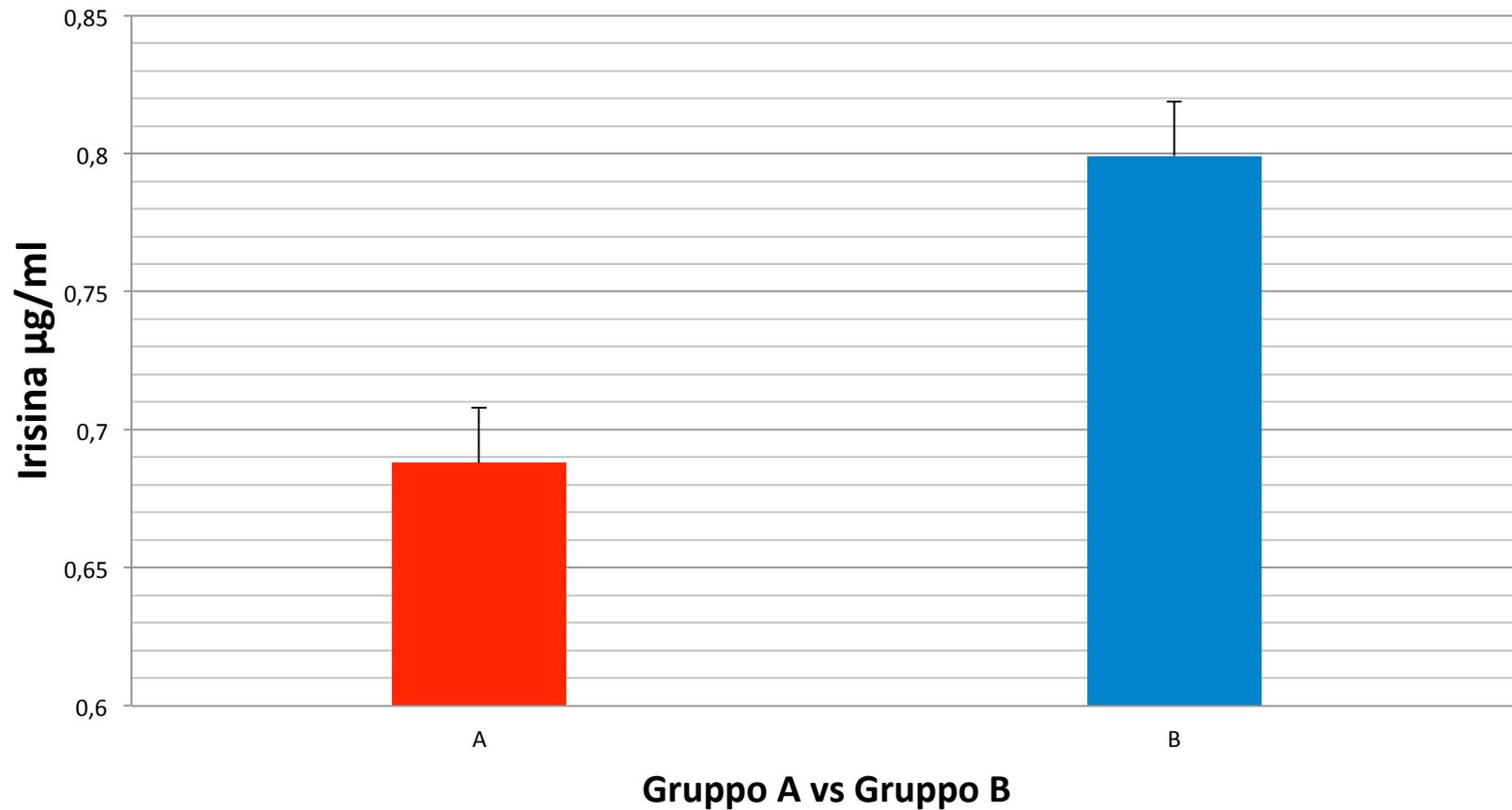
Graziana Colaianni,<sup>1</sup> Concetta Cuscito,<sup>1</sup> Teresa Mongelli,<sup>1</sup> Angela Oranger,<sup>1</sup>  
Giorgio Mori,<sup>2</sup> Giacomina Brunetti,<sup>1</sup> Silvia Colucci,<sup>1</sup> Saverio Cinti,<sup>3</sup> and Maria Grano<sup>1</sup>



	Gruppo con frattura (A) (n=36)	Gruppo controlli (B) (n=36)	P value
Età, media ± SD (anni)	65.6 ± 6.7	62.9 ± 5.1	ns
Indice di Massa Corporea, Media ± SD (Kg/m <sup>2</sup> )	25.7 ± 2.8	26.6 ± 3.0	ns
Irisina, (µg/mL)	0.688 ± 0.224	0.799 ± 0.204	0.032*
BMD Vertebrale (g/cm <sup>2</sup> )	0.725 ± 0.166	0.948 ± 0.110	<0.001
BMD totale del femore (g/cm <sup>2</sup> )	0.692 ± 0.138	0.858 ± 0.086	<0.001
BMD collo del femore (g/cm <sup>2</sup> )	0.603 ± 0.102	0.750 ± 0.080	<0.001
Massa magra subtotale (g)	29753.29 ± 2865.99	33328.09 ± 3898.15	<0.001
Massa grassa totale (g)	24848 ± 5564.25	26847.58 ± 5807.99	ns
METs	1.314 ± 0.193	1.361 ± 0.222	ns

Results

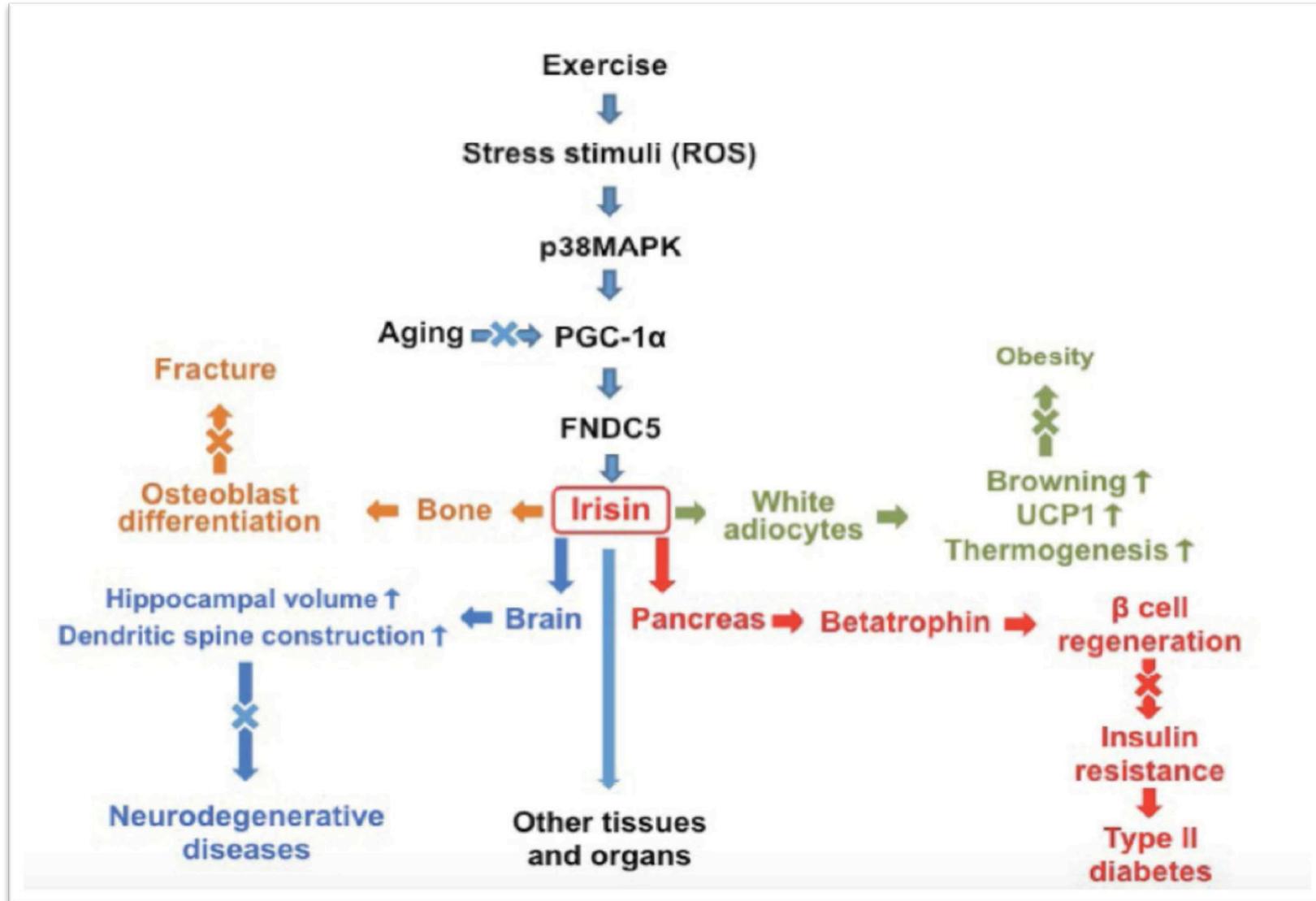
# RISULTATI



\* Adjusted for: massa magra (p=0.02), BMD lombare (0.023), BMD femore totale (0.032).

# IRISINA

## ORMONE MULTI-TARGET



## REVIEW ARTICLE

**Fibroblast Growth Factor 21 as an emerging metabolic regulator: clinical perspectives**

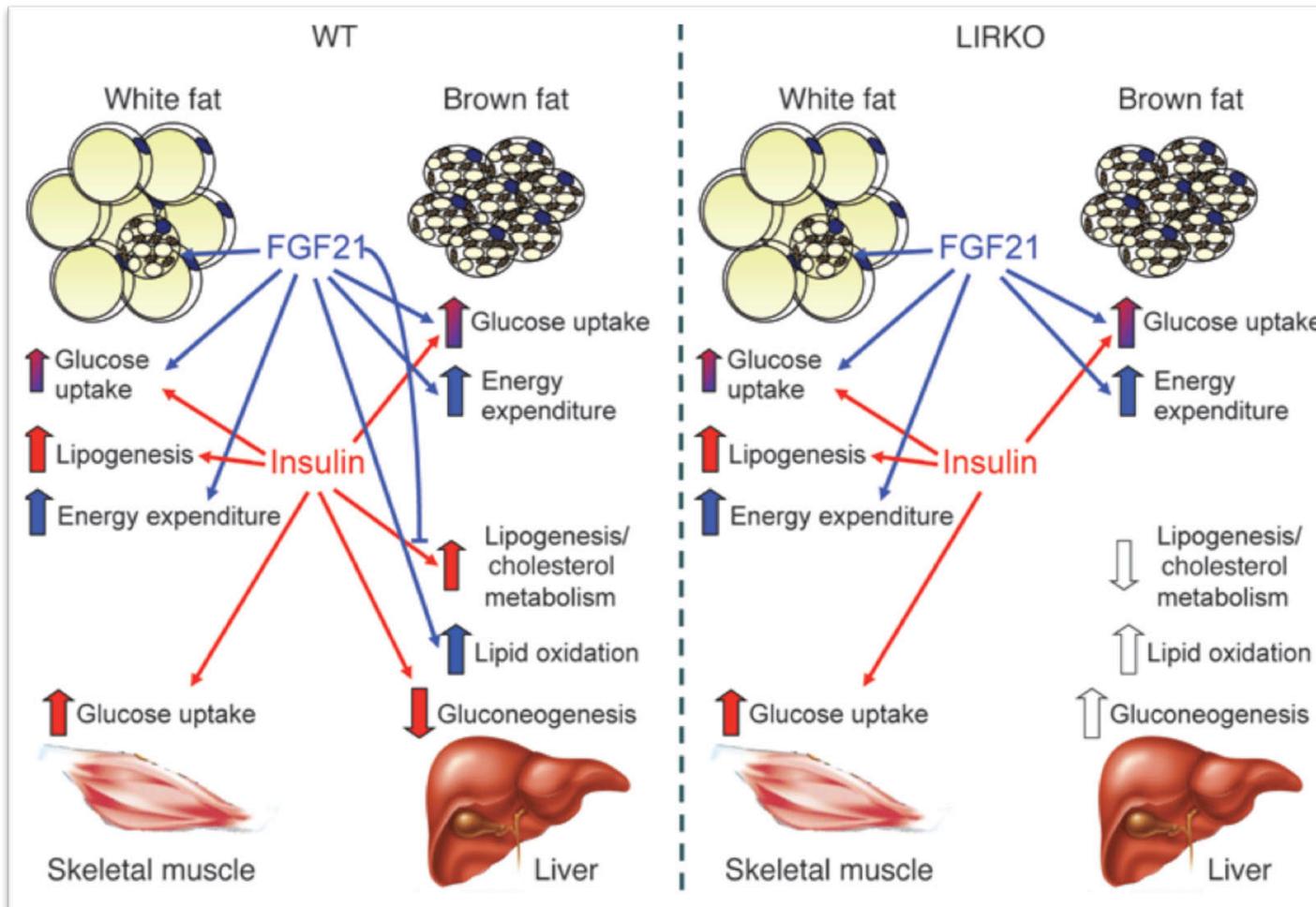
Y. C. Woo\*, Aimin Xu\*†‡, Yu Wang†‡ and Karen S. L. Lam\*‡

**Summary**

Fibroblast growth factor 21 (FGF21), a metabolic hormone predominantly produced by the liver, is also expressed in adipocytes and the pancreas. It regulates glucose and lipid metabolism through pleiotropic actions in these tissues and the brain. In mice, fasting leads to increased PPAR- $\alpha$  mediated expression of FGF21 in the liver where it stimulates gluconeogenesis, fatty acid oxidation, and ketogenesis, as an adaptive response to fasting and starvation. In the fed state, FGF21 acts as an autocrine factor in adipocytes, regulating the activity of PPAR- $\gamma$  through a feed-forward loop mechanism. Administration of recombinant FGF21



## Interplay between FGF21 and insulin action in the liver regulates metabolism

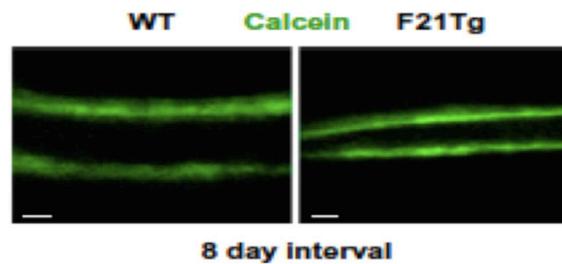


# Fibroblast growth factor 21 promotes bone loss by potentiating the effects of peroxisome proliferator-activated receptor $\gamma$

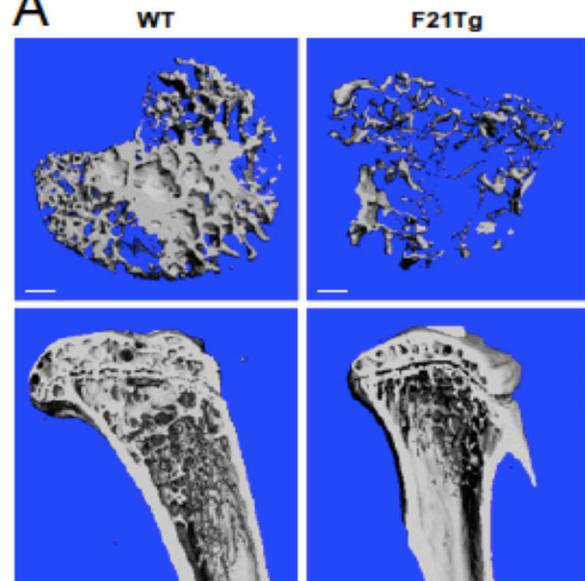
FGF 21 Tg

Wei Wei<sup>a</sup>, Paul A. Dutchak<sup>a,b</sup>, Xunde Wang<sup>a</sup>, Xunshan Ding<sup>a,b</sup>, Xueqian Wang<sup>a</sup>, Angie L. Bookout<sup>a,c,d</sup>, Regina Goetz<sup>e</sup>, Moosa Mohammadi<sup>e</sup>, Robert D. Gerard<sup>b,d</sup>, Paul C. Dechow<sup>f</sup>, David J. Mangelsdorf<sup>a,g,1</sup>, Steven A. Kliewer<sup>a,b</sup>, and Yihong Wan<sup>a,1</sup>

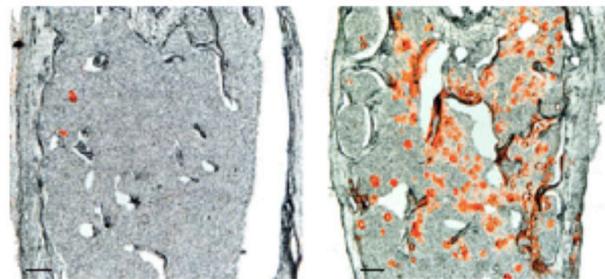
**K**



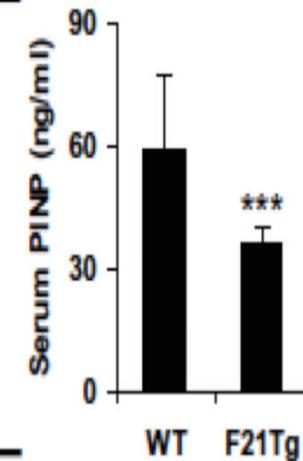
**A**



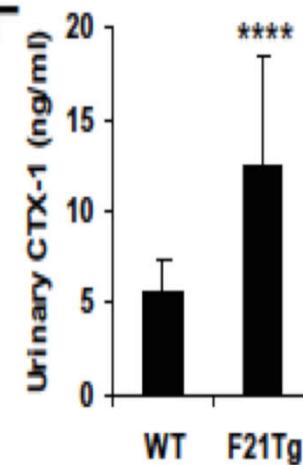
WT Oil Red O F21Tg



**E**

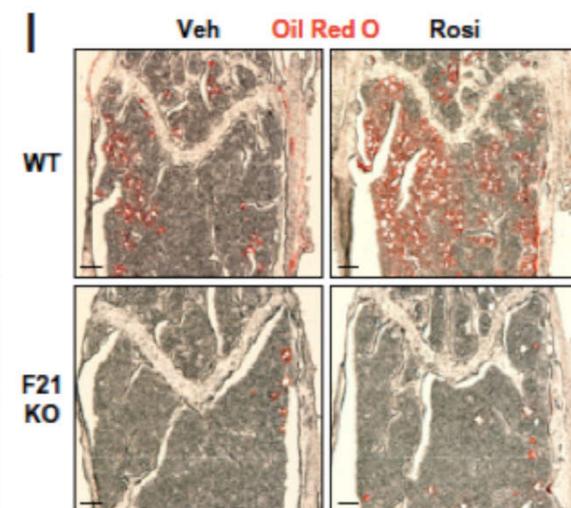
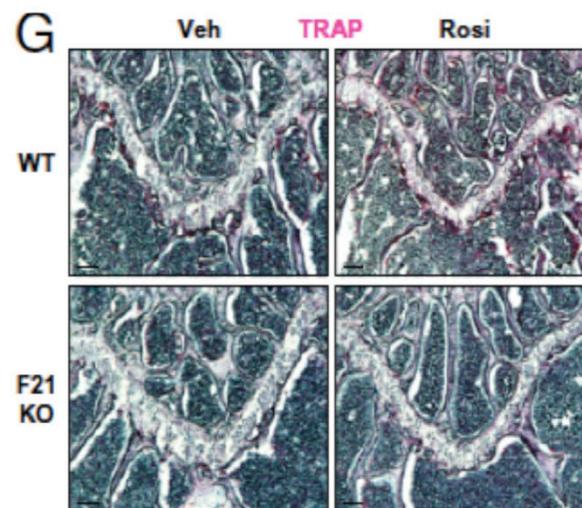
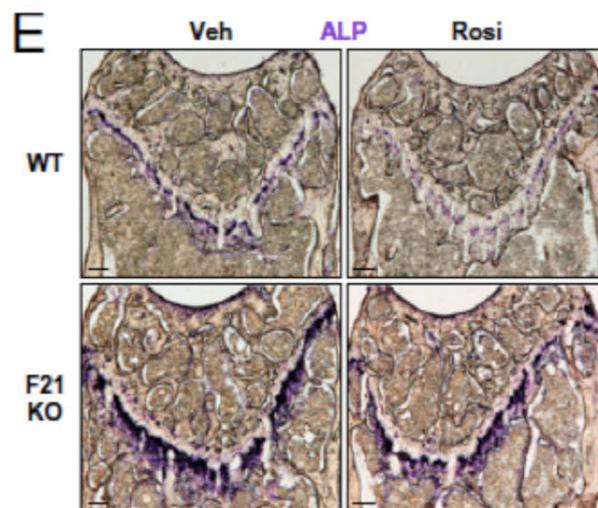
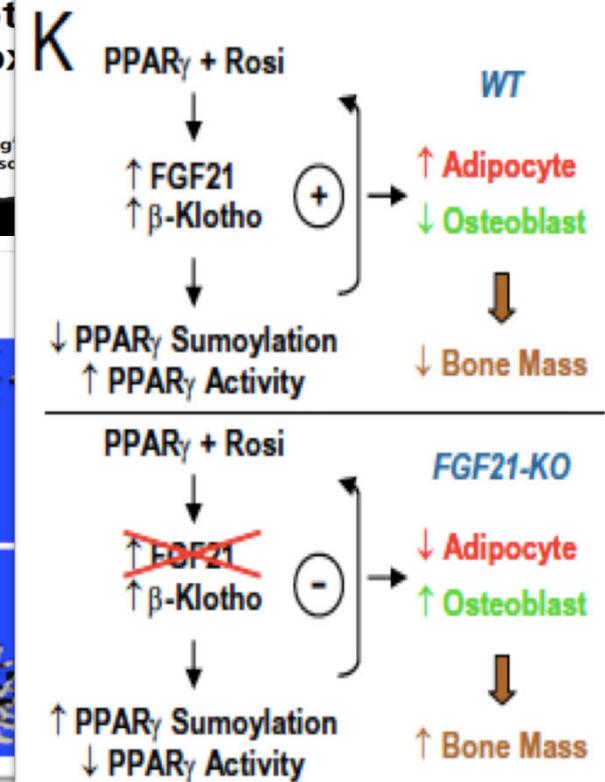
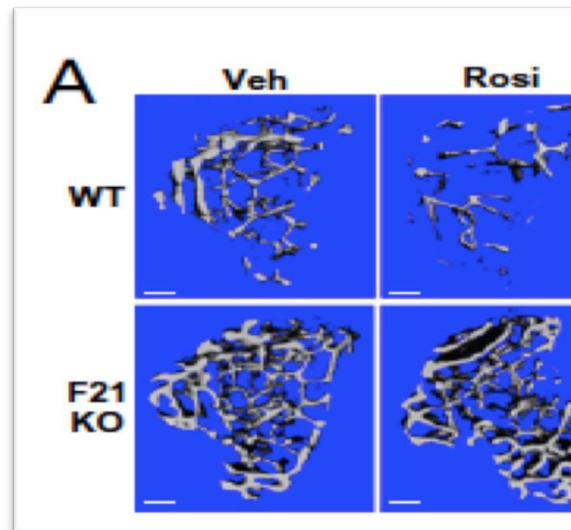


**F**



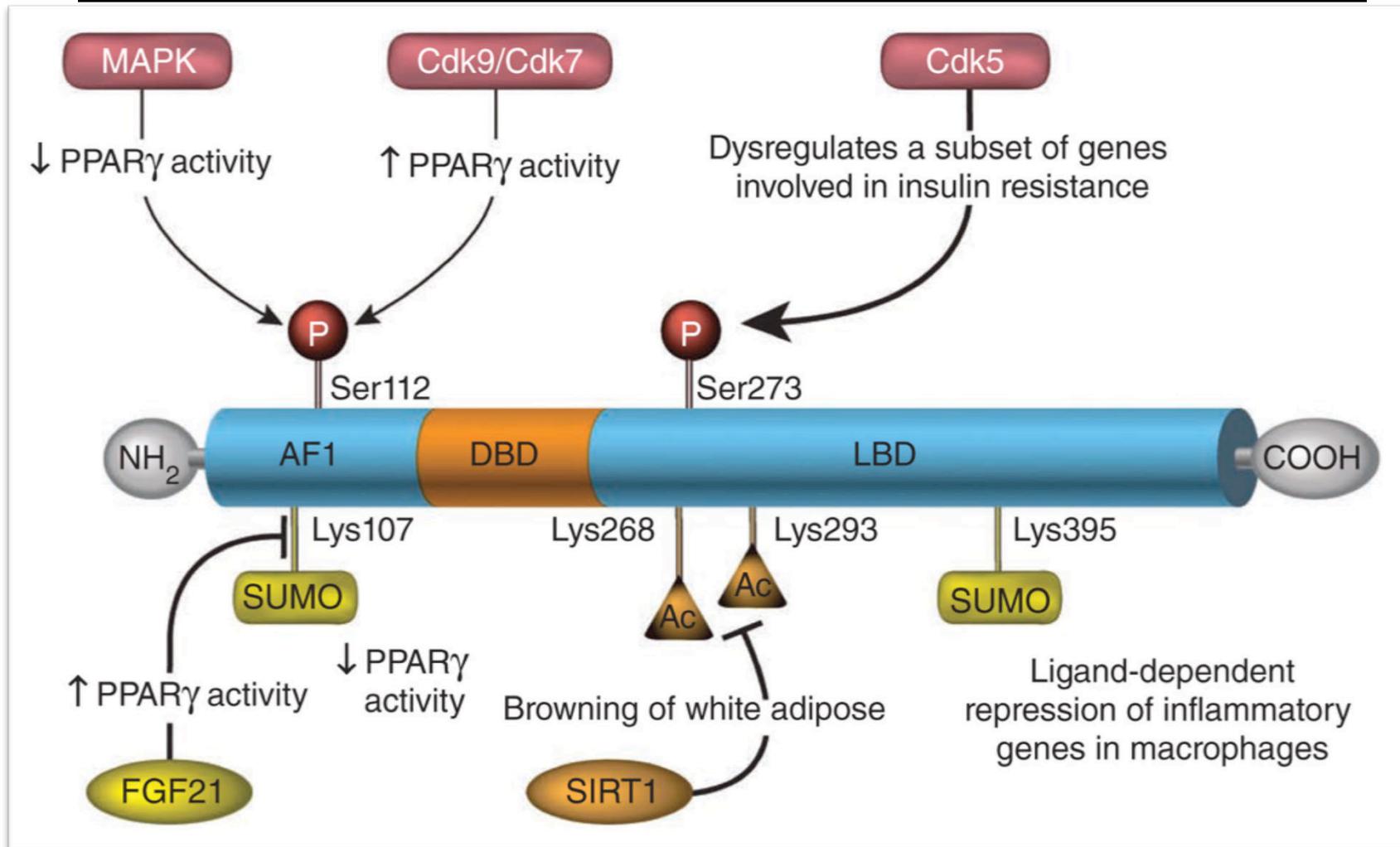
# Fibroblast growth factor 21 promotes bone mass by potentiating the effects of peroxisome proliferator-activated receptor $\gamma$

Wei Wei<sup>a</sup>, Paul A. Dutchak<sup>a,b</sup>, Xunde Wang<sup>a</sup>, Xunshan Ding<sup>a,b</sup>, Xueqian Wang<sup>a</sup>, Moosa Mohammadi<sup>a</sup>, Robert D. Gerard<sup>b,d</sup>, Paul C. Dechow<sup>c</sup>, David J. Mangelsdorf<sup>a</sup> and Yihong Wan<sup>a,1</sup>

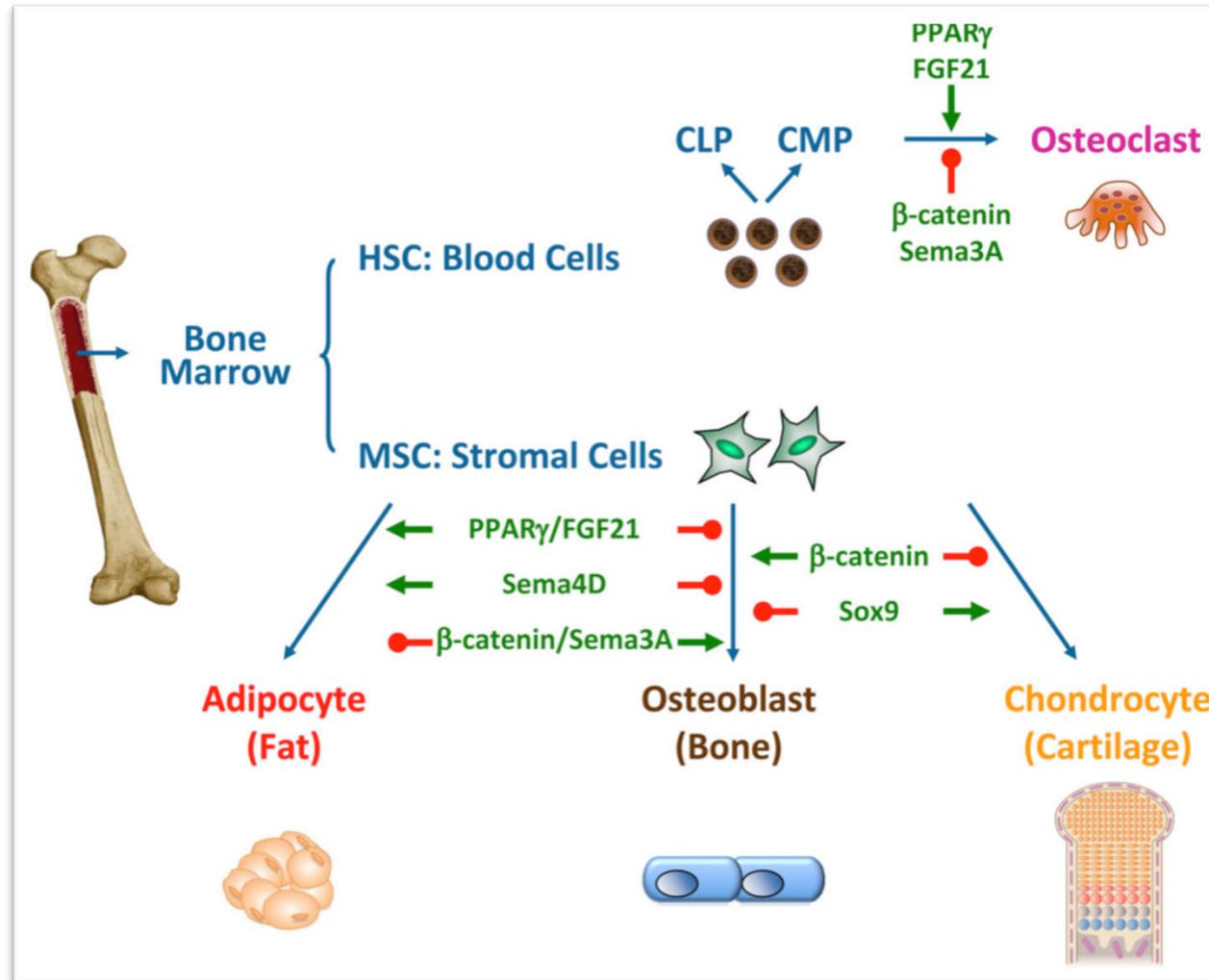




**PPAR $\gamma$  signaling and metabolism: the good, the bad and the future**



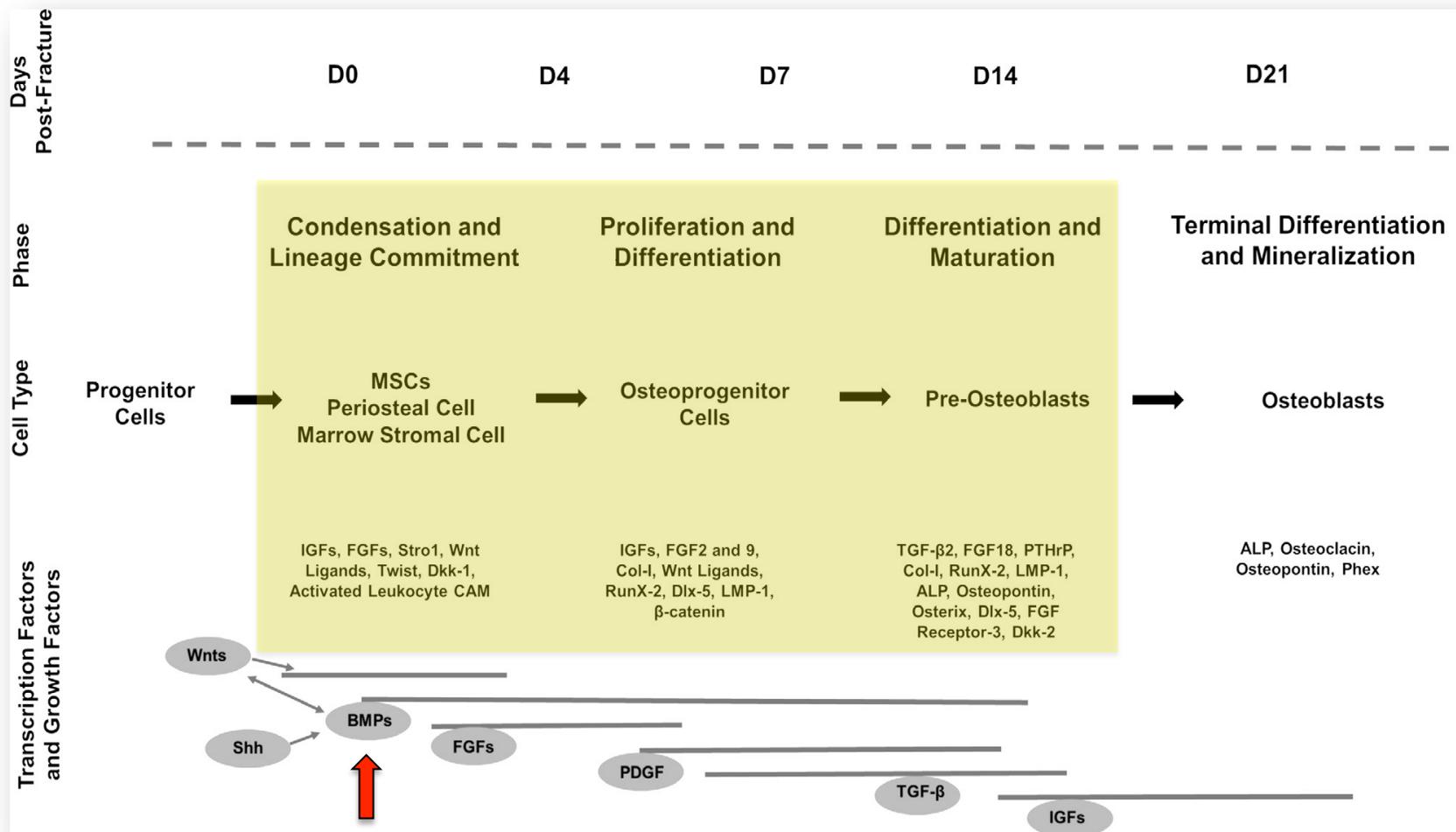
**Bone Marrow Mesenchymal Stem Cells: Fat On and Blast Off by FGF21**



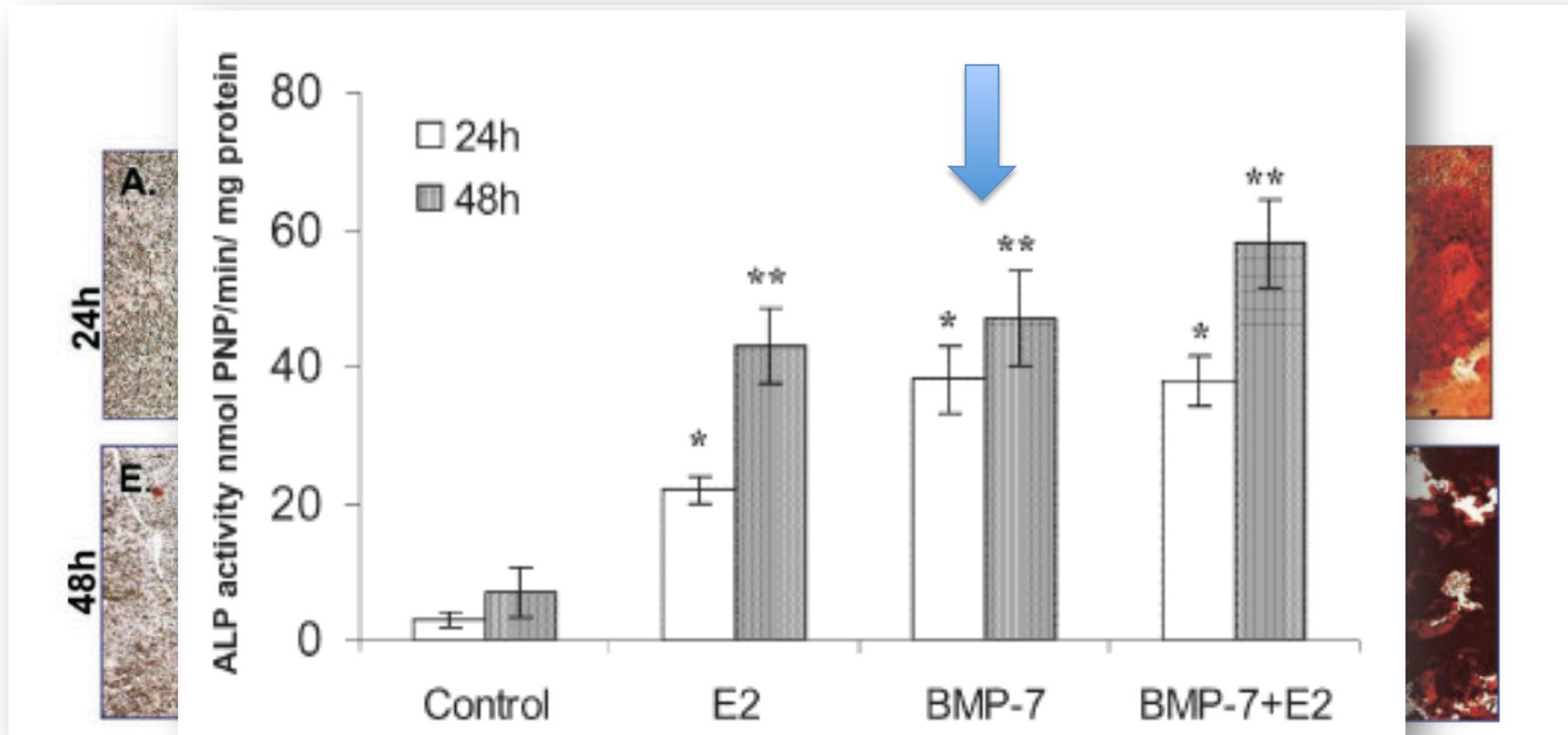


Review

**Bone Morphogenetic Proteins: Structure, biological function and therapeutic applications**



## **BMP-7** in Combination with Estrogen Enhances Bone Formation in a Fracture Callus Explant Culture





# NIH Public Access

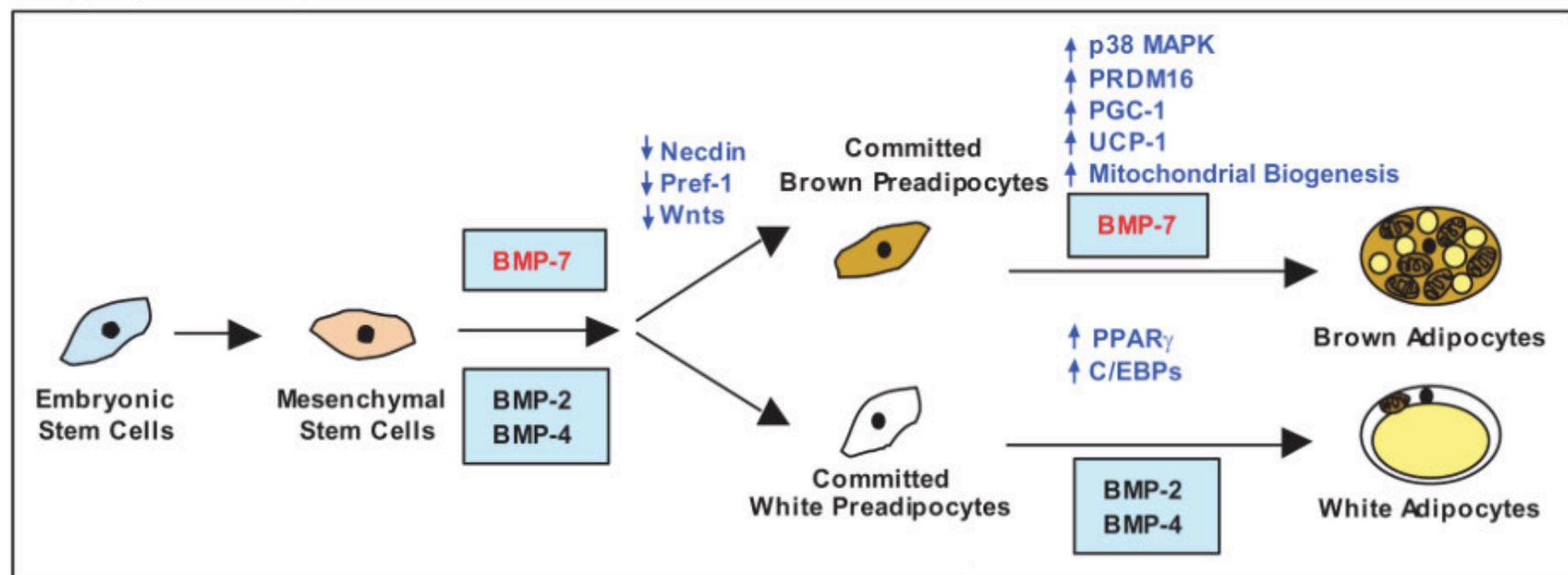
## Author Manuscript

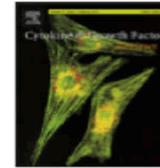
*Nature*. Author manuscript; available in PMC 2009 September 17.

Published in final edited form as:

*Nature*. 2008 August 21; 454(7207): 1000–1004. doi:10.1038/nature07221.

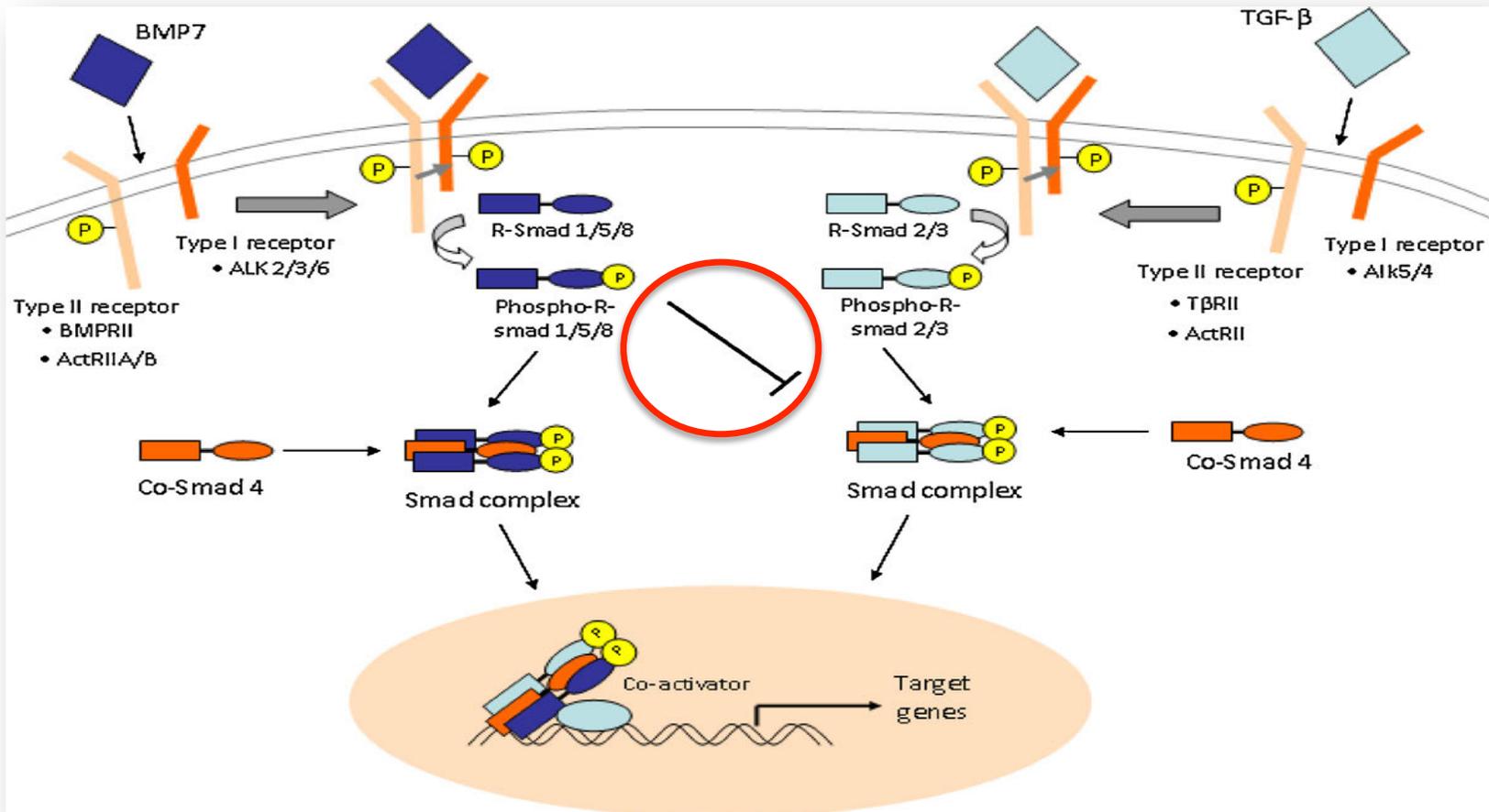
### New role of bone morphogenetic protein 7 in brown adipogenesis





Survey

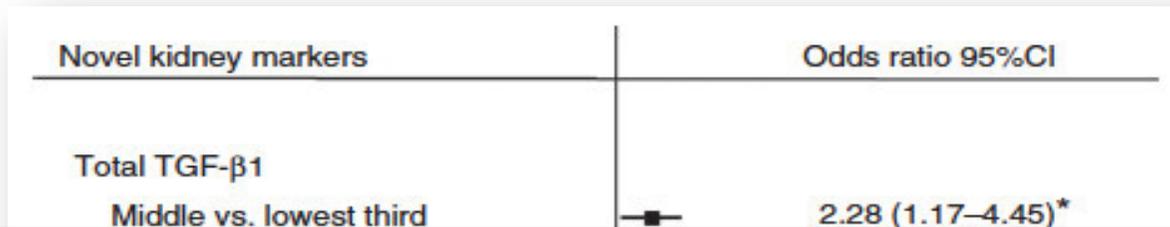
# Bone morphogenetic protein 7: A broad-spectrum growth factor with multiple target therapeutic potency



see commentary on page 189

# Circulating bone morphogenetic protein-7 and transforming growth factor-β1 are better predictors of renal end points in patients with type 2 diabetes mellitus

*Kidney International* (2013) **83**, 278–284



C. Novel kidney markers

	Median (Q1, Q3)		
Total TGF-β1 (pg/ml)	13,587 (8066, 18,837)	6858 (4218, 11,760)	<0.0001
BMP-7 (pg/ml)	7.5 (2.0, 11.4)	19.3 (9.8, 69.9)	<0.0001
Total TGF-β1/BMP-7 ratio	1744.3 (917.0, 2623.1)	277.8 (85.1, 719.8)	<0.0001
Active TGF-β1 (pg/ml)	55.9 (17.4, 120.0)	0 (0, 29.3)	<0.0001

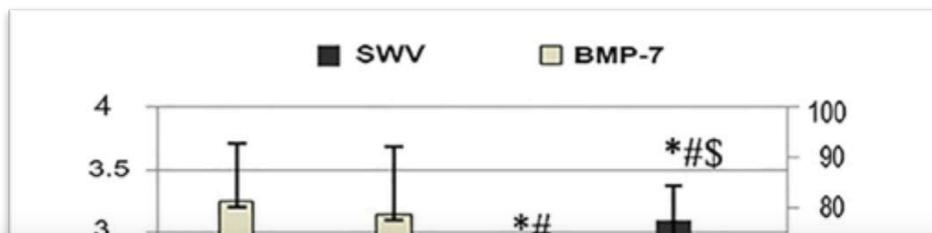
Abbreviations: BMP-7, bone morphogenetic protein-7; CKD-EPI, Chronic Kidney Disease Epidemiology Collaboration; eGFR, estimated glomerular filtration rate; MDRD, Modification of Diet in Renal Disease; Q1, lowest quartile; Q3, highest quartile; TGF-β1, transforming growth factor-β1; UACR, urinary albumin/creatinine ratio.



**Figure 1 | Association of kidney markers with major renal end points in patients with type 2 diabetes mellitus.** The lowest,

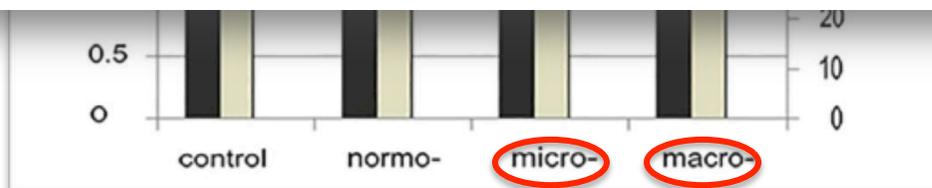
RESEARCH ARTICLE

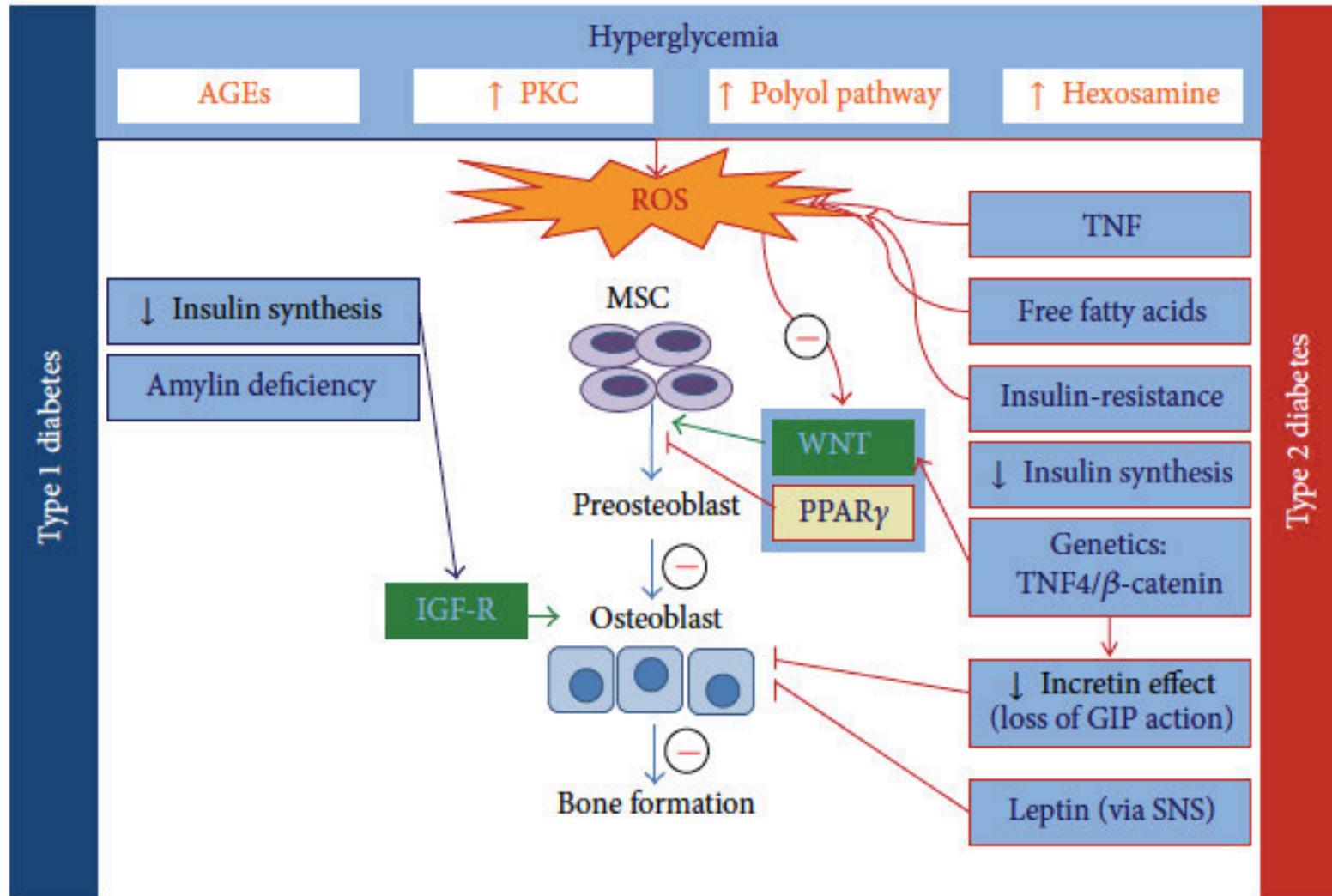
# Evaluation of Shear Wave Velocity and Human Bone Morphogenetic Protein-7 for the Diagnosis of Diabetic Kidney Disease



## Conclusion

The determination of SWV together with serum BMP-7 may play an important role in the diagnosis of diabetic kidney disease.





# **Il Vento del cambiamento**



**“Quando soffia il vento del cambiamento alcuni alzano pareti, altri costruiscono mulini a vento”**

*Anonimo*

**Grazie  
per l’attenzione**